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Cooper Annual Winter Carnival



The Cooper 26th annual Winter Carnival took place during the weekend of January 25/27. Pictured is Devon Dafoe, 8, who attended the event for the first time this year. Jeff McCullough, aged 9, attends every year and prefers the snow sculpting. Photo by Aubrey Johnson



Thirteen families of the Cooper Wild Kids are organizers for the event Pictured in the kitchen are Karen McAlarey, Denise Gray and Linda McCullough. Photo by Aubrey Johnson

OPP investigates break in

Centre Hastings OPP are investigating a break and enter that occurred sometime between January 25 and 28 at Crystal Beach, east of Madoc.

Persons unknown entered a residence there and stole a video camera and computer. The owner of the residence was away at the time.

Anyone with information on this incident or any suspicious activity in the Crystal Beach area is asked to contact Centre Hastings OPP or Crime Stoppers.

Food banks across Canada brace for impact for natural gas across North But it's a well-docubanks across mented fact that when peo-America as burgeoning in-

Canada are bracing for an increase in the number of people on fixed incomes looking for help as a result of the soaring price of heat-ing fuel. Seniors, the disabled and people living on social assistance are among those expected to feel the brunt of a doubling in home heating bills over the last two years.
"We have heard some

anecdotal stories from food bank users who have expressed concern about the increase in fuel costs," said Chris Slosser of Toronto's Daily Bread Food Bank.

"The general increase in prices has been on people's minds and certainly has af-fected their pocketbooks."

It's still too early to say just how many more people are being forced to turn to food banks as a result of the increased cost of heating their homes, Slosser said.

ple are forced in winter to choose between heat and food, they will typically sacrifice sustenance in order to stay warm. Some 125,000 people

were visiting Daily Bread during the first three months of 2000, but by the end of the year that number had climbed to 140,000, Slosser

"Often, people who are on fixed incomes have a choice to make: they either spend their money on housing costs or on food," he

"Anything that is increas-ing the cost of housing is going to cut into the money that's allocated for food."

It's much the same story in Winnipeg, where an anticipated increase has yet to manifest itself, said Susan Swatek, the local food bank's assistant executive director

We know there will be an impact; there can't possibly not be one," Swatek said

'We're talking seniors, we're talking people on social assistance, and everybody who's currently using a food bank would also be experiencing those sorts of problems.

The concerns are especially troubling for senior citizens, who can be more susceptible to the ill effects of a poor diet, said Shirley Dmytruk, president of the United Senior Citizens of Ontario.

Older people also have additional expenses such as regular medication which can also become too expensive when the cost of heat increases, Dmytruk said.

"It's impacting on me right now," said Dmytruk, who's currently paying 62 cents a litre for heating oil, up from 51 cents last year, an increase that translates into \$100 more per month on her bill. "It's just gone wild; it's gone beyond belief."

In Ontario, natural gas rates have increased 58 per cent since Sept. 1999, according to Enbridge Consumers Gas, the province's largest natural gas supplier.

The increase is primarily the result of higher demand

dustries use the clean-burning fuel for manufacturing and the generation of elec trical power, which is also in short supply. The recent opening of the

Alliance export pipeline has also depleted the Western Canadian supply of gas by shipping it to the U.S., removing a bottleneck that has historically kept the bulk of Canada's supply north of the border.

Happily, there are early indications that natural gas prices will be back to more reasonable levels by next year's heating season, said Tom Adams of Energy Probe, a Toronto-based energy watchdog.
"The futures market is

throwing up an expectation that prices will drop by about 50 per cent in the next 15 months," Adams said.

"That is not a guarantee that prices are in for a big plunge, but it certainly is a good indication.'

It stands to reason, then, that now is not the time for homeowners to lock into a fixed-rate contract, Adams added. Instead, stopping drafts, installing a programmable thermostat and donning a sweater are probably the most sensible tactics.

In general, the high cost of fuels of all kinds, including gasoline, have made life difficult for retired people who have moved out of the big cities, said Dmytruk, who lives north of Toronto, near Orillia.

"I moved up to the country because it's not as expensive to live here," she said.

"But then comes the \$100 increase on my heating bill, which I thought I was go-ing to be able to get by on by living up here."

Governments are offering some relief. Ontario, for example, is offering its low-in-come residents \$200 in energy subsidies, all Alberta taxpayers are getting \$300 and the federal government has promised \$200 to cover heating costs for people who now get the GST rebate.

Those kinds of breaks, while small, can make a major difference to the seniors living in cramped apartments who can't afford such ba-

sic amenities as tel service, Dmytruk sa

"A five-dollar bi for a senior is a lot of sometimes.

Many welfare re in Canada, most no Ontario, have seen th efits cut in recen without subseque creases to offset th cost of living, sa Bass, executive dir the Canadian Assoc Food Banks.

"In a large nur provinces, social as recipients in particu not had a cost of li crease in a number of

Some tips on make a home more efficient, from Er Consumers Gas:

Upgrade your fur furnace more than old is likely only 55 efficient, which me wasting nearly half heating dollar you s Add a humidifier

air is better at retain than dry air.

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see Food continued

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At the recent Belleville & District Fish & Game Club annual big fish & game competition awards night held on January 15, the above took top honours in the adult and junior divisions. From left to right are Dave Lucas, Teresa McFarland, David McFarland, Stacy Ash, Glen Hales, Bill Boyle, Brian Lucas. Absent from the photo are Dick Landon, Herman & Virginia Baughman. Submitted photo

Fish & Game Competition **Awards**

Lucas, Hales and H. Baughman took two of 12 categories in the Belleville and District Fish & Game Club's big fish & game competition in the adult di-vision, while D. McFarland took honours in the junior division which helps to promote outdoor sports with the young.

The Lucas family continued to win in several categories with Brian winning in the respective category. The McFarland family came away winners as Herman & Virginia Baughman won in three fishing categories but w not on hand to receive their awards.

Meanwhile, Bill Boyle continued to dominate the turkey category for the sixth straight-year. When time came to announce the winner in the turkey category, President Larry Cross ap-peared not surprised when e announced the winner. Bill harvested a 20 pound 10 ounce bird in the Wooler area to take top spot.

Last year for the first time, a bear entry was submitted and was won by Glen Hales. The bear was taken in the Roslin area. A Muskie entry taken in Stoco Lake was entered by Stacy

Fish entries were judged again this year by weight and girth, thus encouraging catch and release.

There will be a regular general meeting of the Belleville & District Fish & Game Club on February 19. with a guest speaker to be

announced. A dance follows on March 24, 2001 with Freddie Vette & The Cadillacs. A fishing equipment sale takes place on April 8, and a gun show on April 22. For more information on any event at the club, call 966-6731.



Pictured at the recent Hunters Ball awards ceremony held at the Belleville Fish & Game Club are President Larry Cross and Doug Howell, Ontario Regional Director for the Rocky Mountain Elk Project. Larry is seen presenting a cheque in the amount of \$500.00 which will be used towards relocating more elk to the region, Photo by Aubrey

are not blocked by furniture or curtains, and clean heat register and cold air grills. Also close the chimney damper when not using the fireplace.

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CAROL JARVIS, ADMINISTRATOR

IVE FOR THE OURNEY, NOT THE **ESTINATION** bought enough product and

recruited enough other reps into the company. It had

charts of my sales goals, broken down into how much

I needed to sell each week.

It had statistics of how

much my average "per face" sale was to show that if I

could just get the skin care

products on a certain number

of faces, get that number of

women to try them, that I'd

likely sell my quota and meet

my goal. The poster had mo-

tivational quotes. It had little

reminders. It had a list of positive affirmations. My

goal, and what I needed to

do to achieve it, was clear. It worked. I quickly

reached my goal and did re-

Then what?

Nothing.

ceive that brand new car to

I'd reached my goal and

was finished. I hadn't been

teaching skin care because I

loved making women look

beautiful. I wasn't showing

women how to make them-

selves more attractive with

cosmetics because I loved

making women feel better

about themselves. No, I

wasn't doing it for those rea-

sons at all. I was doing it,

and doing it well, because I

Sadly, it was an empty A lew months later, the

What happens when you

forward to do something

reach your goals? You are done! Finished. There's

Goals are restrictive.

They set an end to what you

can achieve. They thwart

freedom. They prohibit you from doing all that you want to do for yourself and your

family. Goals are the brakes

nothing more to go after.

had a goal to reach.

Carol M.

Goals. I define them as stacles to success and happiness.

It's the start of a new year I'm being bombarded h well intentioned people ling me that I need to set als or my world is going fall apart. They tell me at without goals, my life ll simply waste away and von't accomplish a thing. h humbug!

I received one article that mpared going through life ithout goals to a bad vacaon. The writer set two vation scenarios. In one, the asband has the route early mapped out, the resvations made, and all the

etails planned. In the other, ne couple get in their car ith no map, no motel resrvations, and no specific lans of what they will do. he article tried to convince ne that the couple with plans vas going to have a wonlerful time and the couple vithout plans was going to nave a lousy time. I didn't

We've probably all heard hat you can't get where you are going if you don't know here you are headed – and disagree I disagree.

ouy it.

I didn't always think this way. I learned it through reaching my goal!

I was an independent rep for a skin care and cosmetic company. The company and our group leader preached goals. We were instructed to visualize our goals, to mentally see the results we wanted, and to make an actual display of some sort that depicted our goals.

I made a rather elaborate bulletin board. It had pictures of the new car I would be given to drive when I'd accomplish because goals are the end.

Ten years ago, my hus-band and I decided it was time for us to stop setting goals for the future and time to start living the present. We decided that we wanted to be happy now, instead of wrapped up in doing something that might make us happy sometime. Instead of planning what we wanted to do, we simply started doing it. Those were the best decisions we have ever made.

I'm not advocating being irresponsible. I'm not suggesting living today with no thought of what the conse-

quences will be tomorrow.

What I am advocating is enjoying the trip of life. Find work that you like to do and that you find satisfying today - not just work that may reward you in the future. Love your kids for what they are today - not just for what they may become years from now. Celebrate personal relationships today - not just at anniversaries.

Use goals only if they are a means to what you truly want - if meeting the goal is a step in leading you where you want to go. Goals may be useful if they are part of the journey but they are selfdefeating if they are the des-

Stanford University scientists have filled an important gap in understanding how the brain works, discovering what prompts nerve cells to build the vital connections they need to communicate. Glial cells, long thought to be just some passive scaffold-ing for the brain's all-important neurons, are directly responsible for how many connections neurons form so they can talk to each other, the scientists report in Friday's edition of the journal Science. The surprise discovery could lead to better understanding of how memory forms, and perhaps shed new light on what causes certain brain diseases such as epilepsy or Lou Gehrig's disease. "I'll bet money that there is going to be some disease that is a breakdown in this regulation," said Dr. Charles Stevens, a neurobiologist who wasn't involved in the research, but calls it a major finding. More immediately important is the basic under standing of how glial cells affect those vital neuron connections called synapses, he said. "If you want to understand how the brain computes, you have to understand how they form," said Stevens of the Salk Institute for Biological Studies in Cali-

10 glia, said Stanford lead re-

Study uncovers mystery searcher Dr. Ben Barres. The scientific dogma was that they only supported neurons, perhaps by providing nutri-tion, but nobody really knew. So Barres and research stu-dent Erik Ullian set out to uncover the function of a main glial cell called an astrocyte. Neurons are nerve cells that send and receive messages by swapping chemical signals, such as those that say "you're suf-fering pain" or "move that leg to walk" or "retrieve that memory." To communicate, neurons first must form synapses. Scientists once thought neurons were wired to simply build as many synapses as needed. Not so, Barres' team discovered. Young neurons form only a few immature synapses when there are no astrocytes nearby, he said. But add astrocytes to neurons in laboratory dishes and suddenly they form seven times more synapses - and strong, healthy ones, Barres said. Ullian confirmed the finding with another experiment in which he took astrocytes away and the synapses promptly started shrivelling.
"People really have not had a good feel for how the brain controls the number of synapses: is the neuron just born with it or are there environmental signals?" Barres fornia. Glial cells make up said. "Our results show abmost of the brain's cells - for solutely clearly that environevery one neuron there are mental signals can have a

profound effect on how many synapses neurons can have." So what does it mean for brain research? Under the microscope, numerous brain diseases show "gliosis," an abnormal accumulation of glia in the brain-injured area. Perhaps glia overreact to an injury, causing neurons to form too many synapses and thus triggering the overfiring that means an epileptic sei-zure, Barres theorized. Or consider degenerative dis-eases such as Lou Gehrig's, in which neurons initially die in just one area before the disease spreads. Could overreacting glia kill those additional neurons by overstimulating them? "We're very interested in the possible disease implications," Barres said.

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that stop you from accom-plishing all that you could The gold and sapphire ring worth about dropped to the floor of Katie Smith and Dave Gould's Harrogate home in northern England before they set off on a round-the-world trip last September.

After walking along the River Nile, across a desert and half-way up a Costa Rican mountain, Gould found the ring as he cleaned mud from the soles in his

'It's a miracle it stayed in one piece after the pounding it took," Smith told reporters. "I never thought I would see it again."

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Top podium finishes send Aaron Sadlier to Canadian finals

Will meet some of the best skaters in the world in Regina

Asphodel-Norwood -

Local short track speed skater, Aaron Sadlier, has discovered that it is just as fun and rewarding to skate on a large outdoor track.
And the best thing about it s that he can go faster.

Short track takes place in arena on an 111 metre oval. This is a relatively new sport which was derived out of the traditional sport of long track where skaters compete in various events on a 400 metre outdoor oval of natural ice.

In order to accommodate those skaters who want to participate in long track the short trackers hang-up their skates and tale a break from the first weekend in December of each year to the second weekend in February. For some, this is just too long to go without competition. So those who can afford it, change skates, mova ing to a traditionally lighter skate, which sports a blade that is much longer.

The blade also has a spring-hinge mechanism



Aaron Sadlier skates his way to the nationals.

which makes a clapping sound as the on the hinge, and springs on the ice pro-ducing power and speed.

These clap blades are ery expensive costing skates as much as \$2400.

Then there are skaters like Aaron who say "this looks like fun. I can't afford, much less justify buying a new pair of skates to skate only four meets and then grow out of them before next season. So I'll just go compete on my short track

"We'll see how fast I can go, and whatever my results

will be fun."

This need is now leading the Asphodel-Norwood skater to the Canadian prairies where in Regina he will compete at the Canadian Long Track Speed Skating Championships Feb. 8-12.

Aaron was in Ottawa Jan. 13-14 competing at his first long track meet. Long track meets are skated on the 400 metre outdoor oval.

Despite exposure to cold weather, Aaron posted exceptional times in all events. He competed Saturday on

Continued on Pg. 7-A

Amazing rally victory delights Rebel crowd

But streak comes to end in Napanee

Campbellford - Needing to sweep the Empire League's front-running team to have a realistic chance of winning the battle for first place, the Campbellford Rebels were forced to settle for a split last weekend.

The results left the Rebels



No guts no glory: Some members of the Rebels squad showed off their aquatic skills during lst weekend's polar Photo/Rolly Ethier

trailing the Napanee Raiders by three points with only two games remaining in the regu-lar schedule. Rebels, the league's hottest team with 11 victories in their past 12 starts, starting the weekend set, continued the streak by shading the Raiders 8-7 in a pulse-pounding opener on Campbellford ice Saturday

But the heroics came to a crushing conclusion Sunday

in Napanee where the Rebels suddenly ran out of gas as the Raiders administered a 7-1 drubbing. It means the

Rebs will likely finish in sec-ond place but the results also offer promise of a highly-charged, exciting round of playoffs to determine this year's league championship. Rebels will be defending the crown they've won three of the past four years.

Continued on Pg. 11-A

ORCA welcomes 2001 appointees

Peterborough Cty. -Paul Crough, representing the City of Peterborough, has been elected Chair of the Otonabee Region Conservation Authority (ORCA) for

The Board of Directors unanimously supported Mr. Crough for his first term of office during ORCA's annual

meeting held last Thursday evening.

George Pappas, Deputy-Reeve of Douro-Dummer, was elected Vice Chair.

Both Mr. Crough and Mr. Pappas have served on the Conservation Board for the

past three years.

Joining Mr. Crough on the Board of Directors are: Ron

Scott (citizen appointee) As-phodel-Norwood; Jim Orr (Councillor) Campbellford-Seymour-Percy-Hastings; Neal Cathcart (Councillor) Cavan-Millbrook-North Monaghan; George Pappas (Deputy-Reeve) Douro-Dummer; Dave Nelson (Reeve) Otonabee-South Monaghan; Bob Hall and Glenn Pagett (Councillors) City of Peterborough and Ron Millen (Deputy-Reeve) and Dale Cavanagh (Coun-

cillor) Smith-Ennismore-Continued on Pg. 5-A

Canadian Youth Charter on Antarctica

General Statement

Antarctica is the most pristine continent, largely unal-tered by human activity. The contrast of this region's en-vironment to the rest of the world should encourage us to learn from our past mistakes.

Surrounded by the Southern Ocean, it is a powerful, sensitive ecosystem playing a critical role in maintaining the stability of our planet's climate. Antarctica holds 70 per cent of the earth's fresh-water supply and is the summer home to one of the greatest concentrations of wildlife on the planet. Ice, hundreds of thousands of years old, has provided an important archive of many aspects of our planet's history.

Research that has helped humanity understand climate change and ozone depletion illustrates the crucial importance of supporting science in this region. Co-operation and good will amongst countries working here is an example for how the world should collaborate in other international affairs.

This approach must be strengthened. house our municipalities Young Canadians with an Important Perspective

As the first youth expedition to Antarctica, we fell fortunate to have visited and experienced this special part of our planet. We are passionate, young ambassadors who e without a specific scientific or political objective.

Visiting Antarctica has impacted us emotionally, artistically and intellectually. As future leaders with a new global perspective, we now feel a responsibility to express our insights, feelings and concerns about this continent. We hope our interest, motivation and open minds may provide others with new perspectives.

General Steps to Protect Antarctica

All countries must work together to uphold and strengthen the Antarctic Treaty System. Countries must accept full responsibility for any adverse environmental impact and a strong means of enforcing existing treaties

Continued on Pg. 10-A

Four students from the Kawartha Pine Ridge District School Board, including Justin Tighe of Norwood, joined the historic first youth expedition to Antarctica. Along with their explorations in science, the students discussed and then drafted a charter on the Antarctic.



Asphodel-Norwood - The Archer Trucking Atom Hornets invited league rivals Baltimore to the hive Jan. 26 for an exhibition match while waiting for a second round OMHA play-off opponent. As expected, the "Ice Dogs" came to play hockey and skated away with a 10-6 win.



The Hornet coaching staff took the opportunity to scramble the lines trying many different line combinations in a game situation. Offensively, Jordan Wrightly led the team registering the hat trick while adding one assist. Brad Walsh and Jeremiah Olver matched each other's output with a goal and two playmakers each. Ramzi Jabr burned the net while filling in on the wing while Baron McDonald, James Moore, Ben Brackenridge and Kyle Bailey were each credited with an assist.

Particular notice was given to Bailey who had his strongest game to date this season. Justin Vandenberg and Brian Ross split the goaltending duties.

A short-handed Hornets squad travelled to Newcastle to face the Stars in a short notice game. The boys who were able to make the trip had no shortage of ice time going every other shift in the 5-1 loss.

Norwood was first on the board with a goal by Brad Walsh with Andy Slack assisting. It only took the Stars three minutes more to knot the score and it stayed that way until halfway through second period when they notched their second.

Late in the period, Newcastle stretched out their lead. In the final 20 minute period, the hornets held their opponents off for more than half the period before they found the back of the net and the fifth goals with just 45 seconds

to play.

With six regulars out of the line-up, Clayton Leeming and Seamus McDougall were borrowed from the Novice A's and they both did an excellent job. Even with the loss, the boys saw this as a great stamina-building opportunity. Once again ross and Vandenberg split duties on the blue ice facing a total of 21 shots.



Cottage Country winner: Pat Blackhurst, owner of the Cottage Country Cafe, was thrilled to be on hand to present the Cottage Country Cafe Trophy for the most points in the high school division at the 2000 Fair to Elaine Brown. Fair Ambassador Amy VanWill helped with the honours.

Photo/Bill Freeman OPP snow patrol busy

Peterborough Cty. - The Kawartha OPP's snowmobile patrol stopped 146 snow machines during checks last week and laid 11 charges.

Covering Keene, Asphodel-Norwood, Rice Lake, Douro-Dummer and Otonabee-South Monaghan, patrol officers also conducted four trail-side Alcotests with all drivers

The charges laid include three for failing to produce insurance; two for driving with no insurance; one for driv-ing with no licence; two for failing to produce a licence; two for not having current validation on the licence plate and one for having no registration number of the machine.

Officers also issued 21 warnings during the week-long

ORCA appointees

Continued from Pg. 4-A Lakefield.

Directors elected to the Executive Committee for 2001 include Mr. Crough,

Mr. Pappas, Mr. Millen, Mr.

Nelson and Mr. Pagett. Mr. Scott and Conservation Authority CAO, Robert Salter, will continue to rep-resent ORCA on the Council of Conservation Ontario. Appointments to various Boards and Committees were also made during the meeting. These include Mr. Scott, Mr. Crough and Mr. Hall to the Otonabee Conservation Foundation; Mr. Cathcart to the Peterborough Stewardship Council and Mr. Crough, Mr. Pappas and Mr. Cavanagh to the Warsaw Caves Steering Committee.

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Steady aim key to free throw success

Knights of Columbus hosts annual contest

Asphodel-Norwood -The Norwood-Havelock Knights of Columbus Council #8287 held their annual basketball free throw shooting competition last week at St. Paul's School in Norwood.

Students aged 10 to 14 from all area schools were invited to participate with each school sending their top shooters to compete.

Participants who placed first at this level advance on to the district finals in Cobourg later this month.

Local winners include:

Girls

10-year-olds -Megan Keller, Trent River; 2nd, Naomi Bruce, Nor-

11-year-olds - 1st, Tara McFadden Havelock; 2nd, Kassandra King, Campbell-

12-year-olds - 1st, Heidi Marchant; 2nd, Amanda Blay, Campbellford

13-year-olds - 1st, Lisa Bruinsma, Norwood; 2nd. Brittany McMillan, Nor-

14-year-olds - 1st, Alicia MacDonald, Warkworth; 2nd, Crystal Williams, Havelock

Boys

10-year-olds - 1st, Callaghan Brown, Norwood; 2nd, Joe Battman, Campbellford

11-year-olds - 1st, Tyler Allen, Campbellford; 2nd, Richard Blake, Campbellford

12-year-olds - 1st, Nei Linney, Campbellford; 2nd John Karmazyn, Norwood 13-year-olds - 1st, Nige

McCreight, Campbellford 2nd, Brandon Lytle, Nor-



Classic winners: Everything was golden for the Tuesda Night Mixed League team of Debbie Wynne, Stev Chamberlain, Colleen Hindman, Dee Coombs and A McKellar as they bowled their way to the top during the House Round of the of the House Round of the Score Gold Points Holiday Classic at Dodd's Lanes in Hastings.

intrenid Craig Nicholson RESPONSIBLE RIDING TIPS

TAKING A BREAK

When stopping for a break anywhere along the trail, here's how to do so safely:

- · choose an established rest area or a wider section of trail
- · park far to the right of the trail
- · park sleds in line, not side by side
- · do not block an intersection · never stop on a curve or hill
- park with good sight lines in both directions
- turn sleds off so you can hear oncoming machines
- stay away from the middle of the trail
- · check both directions before pulling out onto the trail again

FAST FACT OF THE WEEK

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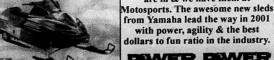


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Dorean Tanner and Ted Forde topped the High-Low



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Tourney stars light up the leader's board

(Special to The Star)

Hastings - On Jan. 7, the Canadian 5 Pin Bowlers Association High-Low Tournament House Round was held and after three games the winners were announced. Coming in first with 94 pins over their combined averages was a team from the Friday Night Mixed League: Ted Forde and Dorean Tanner, It was nice to see Dorean enjoying herself so much ending up with 102 pins over her average.

Ted and Dorean will go on the next step in Hamilton. Good luck to you both!

In second place was a team from the Wednesday Afternoon ladies: Margo Masson and Celine Beaudoin with 68 pins over their average and in third place was an entry from the Wednesday Night Mens' League, Don McColl and Lee Messacar, with 41 pins over their average.

And on Jan. 14, the House

Round of the Score Gold Points Holiday Classic was held and it took two shifts to accommodate the teams. A team from Tuesday Night Mixed League -- Debbie Wynne, Colleen Hindman, Steve Chamberlain, Dee Cooms and Al McKellar took home all the bacon, with 261 pins over their-combined average.

Congratulations and good luck on the next round.

Canada

With 159 pins over their

Wanda Greacen, Jacky West and Brian Irvine from the Friday Night Mixed League came in second.

And in third place was

average the team of Cheryl another Friday Night League Wilkins, Lorraine Irvine, team composed of Jason team composed of Jason MacKenzie, Camille Edwards, Linda Scott, Margo Masson and Jack Camille Sedore.

Of special note, there

were a couple of 300 games bowled: Jason Mack had a 312 and Terry Chapman bowled a great 366. Those two will have their names added to the "300 Club" roster.

Havelock hurlers stare down the pins

By Eileen Young

Hastings - On Jan. 22, after a week off, we had to get the old bones back in shape.

Hastings - On Jan. 22, after a week ort, we had to get the observed states of the land of the states of the land of the states of the land of the land

Judy Ellidge continues to amaze us with her footwork bowling 210, 178 and a triple of 540, Donna Finney had 172 twice and a triple of 489, Peggy Smith came through with 213, 193 and a triple of 520, Blanch Gordon bowled a 121 and Kim Messacar, who was in last year's Open sponsored by Sidney L. Morris and the Ministry of Citizenship, Culture and Recreation, had a game of 172.

Doreen Playne had good games of 196 and 191 (forget the other one!!), Virginia Marshall had a 171, Margo Masson had an extremely good day with her games of 269, 192 and 264 for a grand triple of 725, JoAnne McParlan had a game of 214 and Gerri Greenword came in with a game of 183.

Greenwood came up with a game of 183.

Nothing "spare" about these **Monday Nighters**

Hastings - The Monday Night Mixed Bowling League and the pins had an exciting evening Jan. 29. The pleasure of bowling is that some

hard time knocking the pins down and the following week they are stars. The fun is that we all share the good and the bad evenings.

It is that time again when nights the bowlers have a I would like to thank the

spares who help us make it a very good evening. Many thanks to Diana Bicknell, Katie Wilson, Doug Dodd, Murray Beamish and David Cardwell.

continued on page 10-A



Summer Jobs IMPORTANT NOTICE To Employers

Summer Career Placements is a wage subsidy program that enables employers to hire students during the summer. Private, public and not-for-profit employers are invited to submit their application by:

March 30, 2001*

As the objective of the program is to provide students with work experience related to their field of study, applications will be evaluated based on the quality of the experience offered and local priorities.

*To apply or to find out more about this program, please contact your nearest Human Resources Development Canada office or call 1 800 935-5555.

Internet: www.hrdc-drhc.gc.ca

* Please note that the application deadline for the Northwest Territories and Nunavut is April 6, 2001.





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Off to Regina ...

Aaron Sadlier's skating dreams continue to shine

Contined from Pg. 4-A

Olympic style pursuits clocking final times of 48.95 seconds in the 500 m and 1:42.68 min. in the 1000

On Sunday's pursuits he finished with times of 48:84 and 1:43.4. In the Mass Start race he finished third overall capturing a bronze medal with times of 1:16 in the 800 metres, 46:10 in the 500, 28.65 in the 300 and 1:43.68 in the 1000.

In order for a skater to compete at the Canadian Nationals he must skate qualifying times in two separate events that are fractionally lower than the current Canadian records. Aaron's four times in Ottawa met this criteria. He now needed to place in the top four at the Ontario Long Track Championships.

He travelled to Sault St. Marie with coach Jamie McCooeye to compete at the Ontario finals Jan. 27-28. Aaron competed in Olympic Style pursuits and finished second overall with times of 48:12 in the 500 and 1:38.72 in the 1000.

Deciding factor The weekend's Mass Start competitions were the deciding factor in whether or not he would earn a spot on Team Ontario -- and his times pulled him through.

Aaron finished third overall qualifying for the provin-cial team with times of 48.38 in the 500, 1:19.88 in the 800, 28.82 in the 300 and 1:41.78 in the 1000.

Returning from the On-tario finals with a silver and bronze, Aaron is now looking forward to the great opportunity of travelling to Regina where he will represent Ontario at the national long track championships

Aaron will fly out on Feb. 8 and will be in Regina for a light warm-up the next day preparing for extensive competition on Feb. 10-11. At this meet he will compete along with the best in Canada and rubbing shoulders with former and current Canadian and World record holders.

In Regina he will compete with the best long track skaters his age in Canada.

Aaron would like to thank all those who have actively participate in his pursuit of



speed skating excellence. A special thank you to his Norwood sponsors: Centennial Pharmacy, E. Carter Concrete Inc., Darryl Drain, Doug Pearcy, Conergate Foodland and Tom Deen.

He would also like to thank his Peterborough sponsors: Fersina Windows and Elite Performance Wear.

Without their assistance the trip to Regina would not be possible.

As well, Aaron would like to thank so many people in the community who have encouraged and supported his endeavours in so many

Good luck, Aaron!

Board makes plans to build new school in Bowmanville area

Peterborough -- Responding to meet the needs of continuous growth in the Bowmanville and Courtice areas, trustees of the Kawartha Pine Ridge District School Board have recommended the purchase of an appropriate site for a new secondary school in Bow-

The existing schools in the area, Bowmanville High School, Courtice Secondary School and Clarke High School, are presenting feel-ing the pineh of an exploding population and a new school," said Board Chair Bob Willsher. "A new school is needed to ease their burden and preserve a high quality education for these and future students of this area.

The Board has submitted to the Ministry of Education a five-year capital renewal plan which includes a new secondary school opening in Bowmanville in the year

At present the Board has the option of purchasing land in Bowmanville on Concession 2 (east side of Green Road) and in Courtice on Concession 2 (west side of Prestonvale Road).

Trustees also recommended the Board continue to pursue the support of the Ministry of Education to assist in correcting overcrowding conditions in Clarington secondary school and "fast track" the creation of a new secondary school

The Board recently passed educational development charges bylaws to fund the acquisition of property for w schools in these areas.

Trustees received a report from Joe Hubbard, Superintendent of Administrative Services, detailing average class sizes throughout the Board.

It was reported that the average size of the Board's elementary school classes in the primary division (JK-3) in the aggregate is 23.09. The average size of the elementary school classes (JK-8) in the aggregate is 24.74. The average size of the secondary school classes of the Board in the aggregate is

The provincial Educat Act limits board-wide av age class sizes to 24 in mary school classes, 24. the elementary classes or all and 21 in the second schools

Members Approved The Board also appro trustee membership of Chairpersons Committee 2000/2001 as follows: I Willsher, Chair; Ang Lloyd, Vice-Chair; Na Coffin, Chair of Progr Review Committee; I Wilfong, chair of the Committee: Diane Lloyd, Trustee.

Responsibilities of committee include review

Continued on pag



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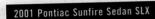
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Terrific tourney effort by **Havelock Intermediates**

Girls squad matches skills with tough opponents

Havelock - The Havelock Home Hardware Intermediate girls bockey team started off the second half of their season by participating in a tournament in Colborne Jan.

In their first match, the girls faced off against Picton and skated away-with a 3-0 win. Leading the way with the hat trick was Keri Lyn Keating with assists go-ing to Athanee Wrightly, Christy Toms, April Dodd and Emily Kerr.

Turning in the shutout was goalie Candace Toms.

In their second game, Havelock faced stiffer competition against the Cold Creek Comets. The two teams played to a 1-1 draw. with Havelock outplaying their foes but not able to break the knot. Keri Lyn scored the lone Havelock goal with an assist by Emily.

The third game started off quickly with the host team scoring early in the first period. In the second period, Keri Lyn tied the game with assists to Athanee and Emily.

In the final frame, Colborne added two goals to seal the victory

Havelock put in a great effort in all three contests but with only nine skaters ran out of gas in the second half of the third match. The winper of the Hustler Award for the tournament was goalie Candice Toms who kept the team in a lot of games with her saves.

In regular season action, the girls opened the second half of their schedule with a home date against Cobourg losing a close-fourth game 2-

This was an exciting game with both goalies making great stops to keep the match close. Scoring Havelock's goal was Keri Lyn assisted by Ashley Toms and

Athanee.

On Jan. 11, the girls travelled to Colborne against and played another good game but came home on the wrong side of another 3-1 score. Colborne fired in two goals late in the game to clinch the

Once again the lone Havelock goal was scored by Keri Lyn with Julie Condon earning an assist.

The tough Lindsay Lynx visited Jan. 16 and Havelock took a tough 7-1 beating. Lindsay is a very good team and can put on a display of passing and skating that is hard to match. The visitors scored one in the first and four in the second before Havelock responded.

Lindsay added two more in the third to run away with the game.

Scoring for the home side was Athanee with assists to Keri Lyn and Emily.

The following night, Picton was in town and Havelock seemed to have their skating legs back powering their way to a 3-1 win. Firing goals were Keri Lyn, Athanee and Nicole Gibon, whose booming shot from the point scares many netminders. Picking up two assists was Jen Kloosterman with single helpers to April and Andrea Cox.

On Jan. 18, the girls travelled to Hastings to play the Cold Creek Comets. This was a chippy affair with the Comets scoring two in the first period. But Havelock replied with one in the second frame off the stick of Jen and assisted by Athanee.

For the rest of the game, the girls kept the pressure on Cold Creek but couldn't get

a break around the net leaving Hastings with a tough 2-1 loss.

The Comets visited Havelock Jan. 21 and left with a 6-2 win. This was a closer game than the score indicates because Cold Creek scored three goals in the last two minutes of the game to put the contest out of reach.

Scoring goals for the home team, were Leanne Pollock, with her first of the year, assisted by Athanee and Jen. Then it was Athanee directing the puck into the Comets' goal. Leanne and Nicole assisted on the

The team was on the road to Picton the next day and turned in their best game of the year drubbing the home team 5-0. In this game the players were hitting their passes perfectly and used the big ice surface to their advantage using the extra space to turn on the jets.

Keri Lyn was on fire slapping in four goals with April rounding out the scoring. Helping in the play-making department were Andrea, Jen and Athanee. Candice recorded her third shutout of the season.

Rapidly Improving
The team is rapidly improving and with players ranging in ages from 13 to 18 there is not a lot of experience. With the addition of Leanne Pollock, the superb play of Jen and Emily on defence, and the strong goaltending of Candice, these girls are capable of winning close games because of the speed of Keri Lyn, Athanee and April who score timely

Also, with the hardchecking of Christy, Andrea, Julie, Ashley and Nicole, it is hard for other teams to

The team is gearing up for a Feb. 5 match against Colborne in Havelock.



Winning Chili Recipes--The Legion chili cook-off once again produced some delicious recipes for people to sample at the Polar Bear Festival. Some of the winners, front row, from left: Diana Hilts and Maria Cunningham. Back row: Lindsay Hilts, Leona Sawitsky, Diane Csenar of Capers, Vern Apars and David White. The chili competition was held at the Legion Hall along with the Chocolate and Cheese Festival. photo/Rolly Ethier.

Monday Nighters

Results from action between the gutters at Dodd's Lanes in Hastings Jan. 29 include high single performances by Murray Beamish 269; Hart Gazell 262, 225, 208; Doug Dodd 254, 212, 201; Paul Cardwell 250, 249, 181; Don Henry 226, 198 (congratulations, Don); Dale McColl 223, 197, 177; John Glenn 210, 205; Fran Heffernan 207, 187, 182; Dave Harper 206, 184, 164; Muriel Stewart 185, 180, 170; David Cardwell 180, 168; Art Sels 172, 171; Bernie Heffernan 171; Katie Wilson 170, 156; Frigo Zapletal 168, 157; Helen Ward 165, 161, 160;

Marjorie Wilson 159; Patricia Pridham 155; Isabella Sels 152, 141; Jane Henry and Fred Sauder tied with 147; Ellwood Sweeting 142, 146 and Helen Wilford with 142.

High triple performances included Hart with 695; Paul with 680; Doug with 667; Dale with 597; John 583; Fran with 576; Murray with 564; Don and Dave Harper with 554; Muriel Stewart with 535; Art with 495; Helen Ward with 486; David Cardwell with 469; Katie with 455; Frigo with 438; Isabella with 425; Marjorie with 421; Bernie with 415 and Jane with 410.

Board will build new school

Continued from page 7

reports and recommendations from the Director of Education, the recruitment and selection of supervisory officers and establishing contracts, terms and conditions. They also review renewals for personal services and conduct the performance review of the Director of Education.

As part of the Special Education Advisory Committee Report, the Board has also appointed Pat Dean as alternate representative to the Special Advisory Committee for the Learning Disabilities Association. Judy Nemis has been named representative of the Special Advisory Committee for VOICE for the hearing impai hildren.

Charter articulates student concerns

Continued from Pg. 4-A

must be established, such as establishing an international body with real judicial power.

Specific attention must be paid to ensure that scientific work, tourism, fishing, whaling and other human activities do not compromise the integrity of Antarctica and the Southern Ocean. Strong efforts are needed to educate both the general public and the private sector about current threats to the environment, including climate change, over fishing and ozone depletion. These efforts should also identify solutions

Education and Student Related Initiatives

In order to strengthen the environmental integrity of both polar regions, higher public awareness is essential. These efforts are particularly important for youth so that they understand early in life the consequences of damaging these regions. These initiatives can be carried out in a number of

ways:

* Make it a priority to put multi-disciplinary polar curriculum in elementary and secondary schools.

* support experiential programs like education tours and

co-op programs that provide real hands-on opportunities

to learn.
* Deliver educational programs through the internet, TV, books and movies.

* Scientists and interest students should seek opportunities to give presentations in schools and the broader com-

"As future leaders with a new global perspective, we now feel a responsibility to express our insights, feelings and concerns about this continent."

* Support opportunities for students to participate in the activities of CCAR, CPC and other Canadian polar com-

* Youth should be actively involved in helping develop polar education initiatives through direct participation in committees and other programs.

Canada's Role in the Antarctica

Canadians have a long history of involvement in Antarctica through exploration, scientific research and commercial activity. Canada is an important polar nation and involvement in Antarctica can improve our understanding of our Arctic region. Canada, therefore, should strengthen its role in protecting and supporting activities in Antarc-

There are a number of actions Canada could take:

* Investigate the establishment of a Canadian research base that encourages strong international co-operation and



"We are passionate, young ambassadors who came without a specific scientific or political objective."

minimizes environmental impact.

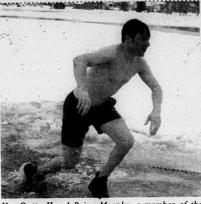
* Become a full member of the Antarctic Treaty.

* Take stronger leadership in protecting the ozone layer and preventing climate change such as supporting alternative energy and other appropriate technologies, such as using the tax system to encourage ethically and environ-mentally sound business.

* Set an example to all countries by implementing and

enforcing all parts of the Antarctica Treaty System.

* Ratify the Antarctica Treaty System's Environmental Protocol.



I'm Outta Here! Brian Murphy, a member of the Campbellford District High School Jazz Band, makes a hasty retreat out of the frigid water at the Lions Park Beach in Campbellford. He was one of 18 fearless volunteers to take part in the annual PolarPlunge, a highlight of the

Board endorses plan reducing debt

Peterborough--As part of the Resource Committee Report, trustees of the Kawartha Pine Ridge District School Board have recommended the administration continue planning efforts to reduce the amount of the Board's accumulated deficit.

At the Board's Dec. 21, 2000 regular meeting the Board received the draft audited financial statements for the 1999/2000 school year, showing a deficit of \$3.47 million was incurred during that time. Combined with the deficit from the previous year, the Board's total accumulated deficit became \$10.296 million.

The Board has working fund reserves of \$2.353 milContributing factors to the deficit include retirement gratuities, expenditures exceeding provincial funding, secondary preparation time and technology lease costs. As part of the Resource

Committee Report, the Board was informed that Bob Allison, Superintendent of Business Services and Treasurer, has met with Ministry of Education officials to discuss some of the reasons for the financial situation. Ministry officials indicated that they will undertake an investigation of these fund-

Outline Strategy

As part of the deficit planning the Board has further recommended:

potential deferrals and reduc tions in expenditures that would reduce the amount of the accumulated deficit.

* to prepare a report to be presented to the first Budget Committee meeting, detailing potential one-time reduction in expenditures for 2001/2002 to eliminate the accumulated deficit.

* that the Board communicate to the Minister of Edu-cation the impact of rising utility costs and request onetime financial assistance.

* to prepare an impact analysis for the April 2001 Resource Committee meeting with respect to aggressively adhering to the current

Board of Transportati

As part of the Progra Review Committee repo trustees approved amer ments to the Board's Sa Schools policy and esta lished a committee of fi trustees to hear and ma expulsions.

Both the amendments the Safe Schools policy a pulsion committee refle changes to provincial leg lation to be implement over the next school year four major areas. This cludes Code of Condu Access to Schools, Exp sion and Suspension.

* to prepare a report for the February, 2001 Resource Seizure of drugs annual Polar Weekend Festival. photo/Rolly Ethier lion which it can use to offset part of the deficit. Colts sweep Blues out of playoffs the hat-trick.

Campbellford's atom A Colts gave the Stirling Blues reason to feel blue recently with a three-game playoff

In game one, Jesse Newton and Matt Foster each scored twice and Kirk Newton added a single as the Colts registered a 5-2 vic-

Continued from Pg. 4-A

Game one in Campbell-

ford, part of the Polar Bear

Festival, proved to be a barn

burner. The dramatic come-

in the event organized by

BIA member Sue Locke.

Seventy-two youngsters

showed up to watch the

game against the Raiders at

night and to take part in the

Rebels--Curtis Locke, Jamie

off in refreshing fashion by

pleased with the team's com-

Four members of the

autographed stick draw.

It was a different story in game two as the Blues jumped into a 5-1 lead by the time the teams faced off in the third period. But the Colts showed great recuperative powers as Mike Barnum scored and Matt Foster added two more to complete

Rebels rally in front

community events as the

Great Cardboard Boat Re-

gatta, the Food Bank drive.

the Santa Claus Parade and

Then with just 13 seconds left in the game, Sam McKeown came through with the equalizer, setting the stage for overtime where Craig completed the amazing comeback for a 6-5 vic-Game three also saw the

slow-starting Colts fall behind early by two goals before Foster jump started the attack. Brian Wood assisted and then Barnum's goal gave the Colts the tie. Wood put the home team ahead only to have Stirling draw even at 3-

But Ryley Peters scored to put the Colts in front for good as he teamed up with Woods on the play. Then Nick Ibey came down the left wing and picked the top corner before Foster rounded out the scoring, notching his seventh goal of the series. It wrapped up a 6-3 victory as the Colts moved into the next round of playoffs.

of large home crowd stormed back with two goals, resulting in starting netminder Jordan Ashley being replaced by Ed

Stevens. But before Stevens

In the season's most exfrom-behind win was a fitciting game before the largting climax following an est crowd of the season, the early morning skate with 106 8-7 victory was a rolleryoung skaters who took part coaster performance that in-

the Polar Bear weekend.

cluded everything a hockey fan could hope for.

Jamie McComb dented

the twine twice in period one to offset Raider markers by Andrew Box and Sean

In period two, the Rebels spotted the Raiders an early McComb, David Fischer and goal before erupting for three Eddie Stevens--got the day of their own at 13:35, 14:31 and 15:42. First Anthony taking part in the Polar Davies found the netting with a snappy 15-footer. Then Darryl English drove Plunge at Lions Park Beach. Rebels' General Manager Jim Peeling is extremely into the crease for another and Deacon Waterson conmunity involvement. He says verted a pass from behind the all year players have renet from Geordie Nelson. sponded faithfully when-

But the Raiders weren't

could get settled, Raider rear-guard Jon Hull popped a long drive through his pads and Napanee had a 7-5 lead. **Rousing Rally**

With only 2:45 to play, Anthony Davies gave the Rebs new life by scoring on wraparound Cranston's shoulder. Then with the goalie out in favour of an extra attacker, Rebels won a faceoff in the Raider end. A point blast by defenceman Ryan Binkley was re-directed past Deacon Cranston by Deacon Waterson, forcing overtime.

The game winner came early in overtime off a strange play. While three members of the Raiders were embroiled with Rebel winger Darryl English, Rebels took advantage of a two-on-one break with Davies converting a pass from Fischer completing the

amazing comeback.
The local fans went home happy and the large home crowd hopefully offered the Rebel management a sign of much-improved future gates with the playoffs just around the corner.

"These Rebels have earned the support of hockey fans," says GM Peeling. 'Let's hope the fans turn out the rest of the way because the hockey is excellent value for the entertainment dollar. And we need all the vocal support we can get.'

Br. 106, hosts weekly euchres

By Alice Hall

Hastings - The Royal Canadian Legion, Branch 106, Ladies Auxiliary's euchre on Wednesdays is popular. Bring a sandwich and a friend. We have coffee, tea and dessert, too. Euchre is \$1.50 and our 50/50 draw is

\$1 for three tickets. We had nine tables plus two extra people this past

A very happy birthday to Betty Richardson and harry chamberlain. May they have many more.

Welcome back to Connie

Fry.
We haven't seen these people for sometime and we are happy to see them: Joan and Jim Forde, Barb McMillan, Jesse Dobney and Harold Richardson.

The lady's high went to Helen Pickens with 80 and Alice Hall with 75. The men's high went to Harry Cham-berlain with an 81 followed by Bob Andrews with 70.

The most lone hands went to Vi Gorringe with four and Harry Chamberlain with six. Low went to Elsie Grills with

See you next week!

at Brighton home

Brighton--Northumberland OPP and the Drug Unit ecuted a search warrant at a Brighton home Jan. 2: locating an indoor marihuana growing operation.

Police seized approximately 50 marihuana plants, a qu tity of dried marihuana, magic mushrooms as well as lig and equipment. Also seized were two firearms which w insecurely stored.

Police are seeking the two male occupants who wanot at home at the time the raid took place. The estimate street value of the drugs and equipment is approxima

Lots of tables at Hastings Seniors euchre

By Alice Hall

Hastings - We had 14 tables plus two extra people

week at euchre.

A very happy birthday to Loretta Bowering and Gi
Forbes. Hoping you both have a great day.

It is nice to see people hitting their 50th wedding a
versary. We would like to wish Bernadette and Robert V
a very Happy One. And hope they have many more.

Welcome back to Connie fry. We missed you and

real good to see you back.

Mary Gibson and Lloyd Howard came to visit and

Mary Gusson and Lloyd Howard came to visit and hope they had a good time and will come back again so The lucky tables were 7, 1 and 6: Stan Bond, Don B Connie Fry, Alice Hall, Lloyd Howard, Joe Reeves, In Buck, Blanche Burkitt, Gladys Kirby, Toni Vollering,

Coe and Muriel Sanderson.

The lady's high went to Tressa Glenn with 77 follo by Ingrid Buck with 74. The men's high went to Carl He with 77 and pat Coe with 74.

We are having a progressive euchre on Feb. 24. Luprovided. The cost is \$6. Lunch starts at 11 am and

l pm. Everyone is welcome. Well, that's all now. Have a great week.

ASPHODEL-NORWOO FIRE/RESCUE SERVIC FIRE FIGHTERS REQUIRE

The Asphodel-Norwood Fire/Rescue Service is n accepting applications for new fire fighters for b the Norwood and Westwood Stations. This is challenging and rewarding opportunity to contrib to the provision of an essential service in ye community. Job description, information pack and the required application forms may be picked at the Municipal Office in Norwood, or the Norwo Fire Station starting January 22, 2001 during north office hours. Applicants for these positions must willing to make a serious long term commitment the Department, Preference may be given candidates who live closest to the fire station Completed applications, accompanied by a resu must be returned to the Municipal Office befor p.m. on Wednesday, January 31, 2001. For mi information contact Fire Chief Paul Bitten 639-5412.

asked to take part in such ready to call it a night. They **Traffic Act** charge follows minor accident

Hastings - Northumberland OPP laid a Highway Traffic Act charge following a minor collision on Front Street in Hastings Jan. 25.

Police say that around 9:35 pm that night Gary Quinn, 49, of Hastings was attempting to drive his 2000 Saturn out of his driveway and struck the rear bumper of a 1997 Chevrolet Venture being driven west on Front Street by 39-year-old Albert Crowley of Asphodel Township.

There were no injuries and police report only moderate damage to the vehicles.

Mr. Quinn was charged with failing to yield to traffic from a private driveway contrary to the Highway Traffic

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irm. 613-968-4624. KENRO - 241-PMT stat, camera, floor model, in excellent condition. Percretct for print shop or small publication. Asking \$500. Call 613-472-2431 Monday Friday 9 a.m. - 5 p.m. (10-1-tfn)

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SPACIOUS, attractive, 1 bedroom basement apartment near North-brook. Available April 1. First, last, references. No smoking, no pets. \$600, monthly inclusive. 613-

CAMPBELL FORD - Orchard Heights CAMPBELLIOND Orchard neights Apartment. Quiet, security build-ing, 2 bdrm. apt., fridge & stove included, references. 1st & last required. Call Paul- or Kathryne. 705-653-4157.

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WANTED REPORTER

We're looking for an enthusiastic, hands-on person with journalism skills to take over as editor of one of our newspapers.

The person must be motigrated, with self-management have access to a car, have his or her own camera and be able to adapt to computerized programming technology.

If you have proven journalism skills and computer experience, please fax your resume to 613-472-5026. We will get back to you to arrange an interview.

RELIABLE Babysitter needed, Village of Norwood, before, after school only. Suitable for mature student. 14+. Please call Madeline 705-639-1758.

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We are in need of a Print Advertising person with a minimum of 2 years experience for The Heritage newspaper. If you have sold advertising space in a magazine or newspaper, we would like to talk to you. Please do not call unless you have sold ad space.

For a confidential, personal interview, call 613-472-2431 and ask for Joe Cembal.

THE CROWE VALLEY CONSERVATION

AUTHORITY EMPLOYMENT OPPORTUNIT

The Crowe Valley Conservation Authority is currently seeking a Coordinator, Marketing and Parks, for the 2001 season. The successful candidate will be an energetic team player The successful candidate will be all ellegate team playor with strong project management and organizational skills. Reporting to the General Manager, the successful applicant will be responsible for all aspects of marketing for the Crowe Valley Conservation Authority (in particular the Crowe Bridge Family Fun Park and the McGeachie Conservation Area) and also act as the park supervisor for the Crowe Bridge Family

Fun Park during its operational season.
The ideal candidate will possess a degree or diploma in a related field and have supervisory experience in park operations. The applicant must have strong written and oral communications skills and be willing and able to work within strict time and budget constraints. Potential candidates should also possess good computer skills. The incumbent will be required to live on site at Crowe Bridge Family Fun Park for the park season. This is an eight month contract position. The closing date is Friday, February 16, 2001 at 4:00 p.m. Only those selected for an interview

Send resumes to: General Manage lley Conservation Authority PO Box 416 Marmora, Ontario K0K 2M0 Or Fax: (613) 472-5516

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TENDERS TENDERS

Request for Tender

Open Concept Redevelopment Murray Centennial P.S. Prequalification submissions have been received and invitations to tender have been

numbers are noted)

issued to the following companies (whose fax

Pre-Qualified General Contractors: Gerr Construction 905-436-5198 Jeffrey G. Wallans 613-475-0278 613-392-7712 Mirtren Contractors McBride Group Mortlock Construction 705-745-2042 Pegdon Construction Wallans Contracting 519-940-3142 613-395-0124 Wieger De Jong Construction

Pre-Qualified Mechanical Sub-contractors: 705-742-4524 Adamson & Dobbin Ltd.
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Pre-Qualified Electrical Sub-contractors:

905-728-5817 613-392-8296 613-392-5566 Ken Leighton Limited MacGregor Electric Raceway Electric 905-372-1178

Sealed Stipulated Sum Tenders will be received only from pre-qualified General Contractors on tender forms supplied by the Architect. The Seated Stipulated Sum Tenders will be received only from pre-qualified General Contractors on tender forms supplied by the Architect. The tender envelope shall be clearly marked as to contents. TENDER for MURRAY CENTENNIAL P.S., PROJECT #0026*, shall be addressed to Kawartha Pine Ridge District School Board, 1994 Fisher Drive. P.O. Box 719, Peterborough, ON 8917A1, and will be received the Kawartha Pine Ridge District School Board, Reception Desk.

until 2:00:00 p.m., THURSDAY, 1 MARCH 2001

Tender documents will be available to pre-qualified companies, on or about 5 February 2001, at the office of Lennis Trotter Architect, 168 Centre St. S., Oshawa, Ontario, upon receipt of a certified cheque in the amount of \$200.00 made payable to the Kawartha Pine Ridge District School Board Deposit will be returned upon receipt by the Architect of the Tender Documents in good condition within 30 days of Tender Central School.

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Unit 1-3, Whitby, Ontario,

until 2:00:00 p.m., TUESDAY, 27 FEBRUARY 2001

General Contractor tender submissions shall be accompanied by a \$30,000.00 Bid Bond & by an Agreement to Bond (for 50% Performance Bond & 50% Labour & Material Payment Bond).

There will be a mandatory site meeting at 3:30 p.m. on 15 February

The Owner is not obliged to accept part of, any of, or lowest tender The Owner reserves the right to disqualify any Tender not submitte required.

The advertisement may also be accessed on the Internet at

R.I. Willsher

R. (Dick) T. Malowney Director of Education

airperson of the Board Kawartha Pine Ridge District School Board

COMING EVENTS COMING EVENTS

NON Denominational Gospel Meetings are being held each Wednesday 8-9 p.m. at the Westwood Public Library, 312 Centre Line. All welcome. 705-652-8448.

**50th ANNIVERSARY Open House*: Gilbert & Evelyn Inwood (married Feb. 2/51). Denbigh Community Hall, Feb. 10, 2001, 2 pm-5 pm. All welcome. Best wishes only. Info: 613-332-4417.

Send your Sweetheart a Special Valentine Messsage

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Valentine's 💙 Special 💙 February 8th

BINGO

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CARD OF THANKS

MILLER - My sincere thanks to everyone who called, sent cards and flowers, donated to Pine Meadow Nursing Home and attended the memorial service for my father, Joe Miller. Thanks to Cloyne United Church Women's Institute, Northbrook Legion, Land O Lakes Lions, Golden Sunset Club and "Barbara Wise for set Club and Barbara Wise for heir contribution to the service their contribution to the service.

A special thank you to Dr. Tobia and the caring staff at Pine Meadow. Everything was greatly appreciated. He will be missed. Wayne Miller & family.

Call 1-888-725-3503 to place your ad

AUCTIONS

SAT. FEB. 10 - 11:00 A.M.
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Now accepting cars, trucks, vans, 4x4's, RVs, trailers. We are expecting over 40 vehicles. Bring to barn Thur. Fri. Some

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WILMAN, LEO - In loving memory of my dear husband who passed away Feb 6th, 2000. I have lost my sou's companion, A life linked with my own. And day by day I miss him more As I walk threv life Alone. A part of my heart He took with him.

him But his Love he left me to keep. So we will never really be parted The bond between us is too deep Lovingly remembered by his wife

WANTED IMMEDIATELY

Abandoned farm land, bush land or vacant acreage. Reasonably priced. Call Fred Lowndes @ 1-416-431-1555 or write: 28 Nightengale Place, Scarborough, Ontario, M1G 2EB

BIRTHS

MILTON & Jennies Edwards are pleased to announce the birth of their 4th child, Danielle Hope, 7 lbs., born Jan. 12, 2001 at their George St. home. Chantelle, Joshua & Jewelle are thrilled with their new sister. Many thanks to the Kawartha, Midwives.

TO THE BABIES OF

Mirror, mirror on the wall Who's the fairest babe of ther They're all sweet, We know that But the decision will be up to

Look in next week's Midweek section of t for your ballot to choose the winners f Babies of 2000.

Advertising deadline is Monday, Februa at 4:00 p.m.

Protecting our natural heritage

Jean Fau is a chief park warden for Parks Canada. He and his colleagues protect the plant and animal life in our national parks. They also help Canadians explore and enjoy these special places. This is just one of the hundreds of services provided by the Government of Canada.

For more information on government services:

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•Call 1 800 O-Canada (1 800 622-6232) TTY/TDD: 1 800 465-7735

Canadä



How rude!

Your manners mean business

Most business people can readily accept that soft skills business etiquette behaviors are increasingly important in creating a culture of respect and service for clients. These same business people, however, hesitate in believing that these same "touchy feelie" issues ultimately affect the bottom

Is there a cost to rude behavior? Most definitely! Surveys conducted by North American etiquette companies indicate that 80% of people polled reported an. increase in rudeness in business and that when they encounter rudeness, 58% of them will immediately take their business elsewhere regardless of cost or inconvenience. (Columbia, SC, 1999) This study also concluded that most people in business situations have no idea that their behavior is considered rude, or how negative the impact is to their productivity. Some of the most rude behaviors reported by respondent: to the survey were

1. Telephone rudeness not returning calls, poor telephone skills

2. Disrespect for people's time

3. Abrupt tone of voice and rude language

4. Too personal conver-

sations in business situations 6. Interruptions, culting

off conversations or dismissing discussions

Rudeness costs business great deal of time and money. Accordingly, to compete and maintain profitability in modern business arenas, professionals need to understand and implement current guidelines for communicating in the workplace. The Columbia, SC study cited above also that a sales oriented business, spent an average of 29% of their time resolving problems, conflict, and miscommunication with employees or clients. Multiply 29% by the amount of payroll and the effect on the bottom line is staggering. It's vital that regardless of what your business is, you can answer and then act on, commonly asked questions like:

1. How do I get past the "gatekeeper" to see key clients? And, how do we maintain our repeat client list?

2. How do we ensure that our clients feel like people and not "numbers?

-3. How can we utilize seemingly negative "wait times" to our advantage, ie. generate revenues?

4. How can we better manage our telephone time?

5. How can we encourage employees to treat each other with the same respect we want them to show clients?

6. What are the guidelines for technological communications? What are the rules for telephone, e-mail, cell phone and voicemail eti-

7. How do I ensure I'm leaving a positive first im-pression? What is my body language saying? How are my listening skills? What if I forget someone's name? 8. What's the secret to professional polish?

9. What are the modern guidelines for "presentation skills" and "podium proto-

10. Do people really notice how I conduct myself over a business lunch or at a networking reception?

Common sense, maybe. Unfortunately common sense does not always prevail and it's very easy to fall into bad habits. Too casual Friday's, too many cocktails on the company expense card at lunch, too lazy to come out from behind the desk to shake hands with a client, too quick to let the machine get it These things matter! There is always someone watching. Watching and waiting to find a weakness, an upper hand. When all else is equal between competitors, chances are the better communicator will prevail. The applicant who knowingly or otherwise ommunicates confidence. sincerity, and a respectful attitude through their posture, eye contact or helpful gestures will come out ahead. We're all selling some-

thing right. Maybe it's our maybe someone else's services. In any case, successful "sales" in modern business correspond directly to effective communication skills. Communication skills, which are often described as 'soft skills" are increasingly important in our competitive, technological age. Understanding the rules, or manners, for social behavior gives professionals an edge over the competition. Every behavior, from first impressions to telephone and e-mail communications, can significantly effect the bottom line. Taking the time to think before we act will help us develop stronger relationships, understand how we are expected to behave in social situation and give us the confidence to handle ourselves properly when dealing with clients and associates. In business, good manners translate to improved communication skill, exceptional customer service and a better bottom line.

simple There are simple 'mannerful" behaviors that business people can regularly employ to ensure that others perceive them as thoughtful, courteous pro-

1. Remember, "attitude" is that something you usually can't put your finger on when you're making judg-ments during first impressions. People see right through smiles and words that are not reinforced by sincerity in body language

2. It is far more harmful to dress too casually and give an impression of unprofessionalism, disrespect or laziness than it is to give an impression of formality, preparedness and self-respect. Always dress up if there is even the slightest chance of doing business or seeing clients.

Walk with purpose. Moving with vigor and energy conveys interest and productivity. Whether you're going to the staff room or the boardroom, loitering or casual sauntering shows disrespect for company time and exhibits an informal at-

4. Always get up and move toward someone when they approach you. Don't make the mistake of not getting up when someone says, 'Don't get up".

5. Make eye contact. Give the person with whom you are speaking your full attention. Don't let your eyes imagination wander. Think about how you feel when associates or clients act distracted or disinterested.

6. Leave the sloppy language at home. Well-rounded professionals use good grammar, avoid slang and pronounce words properly. Try not to say "yeah" or nah". Avoid nicknames and shortcuts. Words like "Gals", "y'all" and "hey ness. Make sure you don't drop your g's either. For example, make a point of say-ing "going" instead of "goin" or doing instead of "doin". Practice speaking and writ-

ing properly at all times. Isn't it interesting that businesses spend a great deal of time and money learning how to get clients and that the majority of this expense could be offset by simple mannerful behaviors which would have the added financial benefit of businesses keeping clients, not to mention the additional and reciprocal social and personal benefits gained through the confidence gathered in knowing how to behave respectfully in business.

What's rudeness costing your business?

As Valentine's Day approaches, don't forget to do something nice for your loved ones.

News to report?

Photo opportunity?

Why not give us a call!

Eat your vegetables!

The meatless family needs only a little imagination

Your teenage daughter pushes away her hamburger and makes her announcement.

It's cruel to eat animals so she's giving up meat and becoming a vegetarian.

What's a meat-eating parent to do?

"You have to help them learn that if they want to become a vegetarian they have to do it properly," says Susan Klaver, a registered dietitian.

"What you can't do as a teen is decide that you want to stay away from meat products and then sit down at the table with your meateating family and just eat the potatoes and vegetables.

If you omit meat you must eat alternative sources of body-building nutrients, especially iron, zinc and protein says Klaver.

Baked beans, macaroni and cheese, meatless chili, veggie-loaded pizza, omelettes and tacos made with refried beans instead of meat are all quick and easy vegetarian versions of popular teen meals.

It's fairly easy to dish up healthy meals for lacto-ovo vegetarians who eat milk, cheese, yogurt and eggs, says Klaver. But vegans, who consume no animal products are more challeng-

vegans have to find alternative sources of calcium, vitamins B12 and D in addi-

For the Parker family, being vegans means eating lots of whole-grain breads,

nuts, nut butters, hummus made from chickpeas, lentils and soybean products like tofu as well as lots of fruit and vegetables.

We make things like stirfry with tofu, pasta with tomato sauce, bean soups, and we have salad with every meal," says Dave Parker, director of the 200-member

Vegetarians of Alberta Association.

He and his wife, Margaret Mareau, have raised their daughters, Courtney, 16, and Kaela, 15, in a meat-free

Meal-planning requires imagination but isn't difficult, says Parker.

Many grocery stores sell wide range of fake meat products that work well for lunches and quick suppers. Generally made from soybeans, they include sandwich fillings and imitation burgers and hotdogs.

Parker believes vegetarianism is growing, especially among teenage girls and baby

boomers.

"Vegetarians used to be regarded as a bit wacky. But lots of girls are very receptive on compassionate grounds. They don't want to hurt the animals," says Parker, who gave up meat 18 years ago. "You should congratulate them for that.'
Many older people switch

to vegetarianism for health benefits such as a reduced savs.

Still, teenagers seeking a meat-free diet may face dis-

approval from their steak-

loving parents.
"A lot of my friends wanted to do it but their parents wouldn't let them, they said they wouldn't grow properly," said Courtney, who occasionally breaks her family's no-dairy-food rules and eats a slice of cheese pizza when she's at a friend's house.

Since she is six-foot-one and an energetic, competitive swimmer, Courtney considers herself living proof that a teen can be healthy without meat.

Teens are misguided if they think they'll lose weight by becoming vegetarian, says Klaver.

Any eating pattern can help you lose, gain or main-tain weight. But vegetarianism isn't a guarantee you'll lose weight. You can have lots of bread with lots of butter on it and there you are lots of calories."

Nutritional consultant Wanda Parks-Bialowas will present a continuing education workshop, Vegetarianism for Teens, on March 10.

During the four-hour session, teens will learn about snacks and high-energy meals. They'll also get a chance to prepare and taste recipes including breakfast,

"When I was liying find info years ago I couldn't lots out there," says Parks-Rialowas.

Unique Art Exhibit

"Vision of our Future"

A unique exhibit reflecting a working partnership between professional artists and students will be on display to the public February 20 at the Education Centre on Ann Street in Belleville.

It is a culmination of a project called "Vision of our Future" which sought to explore the students' ideas of the future. Open house hours are 8:30am to 4:30pm.

The Quinte Arts Council (QAC) initiated this groundbreaking project in its ongoing

The Quinte Arts Council (QAC) intuated this groundoreaxing project in its origoing forts to develop regional arts-in-education activities with funds raised through the Festival of Trees. The Hastings and Prince Edward District School Board in partnership with the QAC, supported the projects as a sample format for delivering the arts curriculum written in 1998. Additional funding came from the Millennium Bureau of curriculum written in 1998. Additional funding came from the Millennium Bureau of Canada in recognition of the role youth plays in forming Canadian future culture. Program co-ordinator, artist Leah Jacob, created the structure and philosophy for the three day art workshops, which ran in four Grade 8 classes.

Four local professional artists worked with classes, guiding the students in the use of the materials and techniques of their art. Teachers and artists worked together to

handle the practical issues around completing the projects.

A cross section of rural and urban schools participated in this arts-in-education

At Sir Mackenzie Bowell School in Belleville. Sculptor Paul Portelli taught mask making. The class produced life-size portraits of themselves as adults with their

making. The class produced life-size potrains of ultrastress as adults whether careers, strengths and interests.

At Tyendinaga Public School, artist Nell Casson taught graffiti design and pop culture. The class discussed the effect of art on culture, developed personal styles and symbols and completed a large mural using spray painting techniques.

At Breadner Public School in Quinte West, artist Paul Belli taught acrylic painting and design motifs used in making canvas floor cloths. This medium historically was used in home decoration and provided a lively format for projecting what life would

At Stirling Senior School, graphic artist Dolly Bolen taught poster techniques. Students focused on hand lettering words that emphasized their personal visions, then used coloured pencils to illustrate their activities, careers, dreams and goals.

What you can do with Bamboo Centre Hastings Minor Bamboo is a wonderful United States from Virginia that protrudes a couple of

architectural plant.

The upright stalks can create a living fence or a verdant backdrop for other plants. With each season, the appearance of a grove changes. In winter, the canes, mostly hidden through summer by the foliage, stare out whenever cold nips the leaves enough tocause them to roll up. A load of snow dumped from the sky brings the canes bowing to the ground in tempo-

rary submission.

Bamboo is a grass, with more than 1,200 species ranging in height from those that hug the ground to those that reach for sky. Although commonly associated with either the Orient or the tropics, bamboo is native to every continent except for Native 'canebrakes" once covered

large areas of southeastern

to Texas.

A number of species are cold-hardy in the north. Even where winter cold kills the tops of the plants, the roots survive to fuel growth each spring of new canes, which reach their full height in one season. Cold winters might burn the foliage, but still the khaki-colored leaves twittering on the shiny canes present a pretty sight in late winter.

Bamboo canes grow with astonishing vitality. Growth of six inches a day is not unusual, and some tropical bamboos grow more than a couple of feet a day. Canes thicken after their first year

of growth.

Most cold-hardy bam-boos have "running" roots that spread fast and far. You can contain root spread with barriers of concrete, galvanized metal, or heavy plastic

inches above ground and three feet below ground. Tropical bamboos generally stay in more well-behaved

clumps.

Periodically, oldest canes
but these must be cut away, but these canes are useful. At the beginning of the 20th century, a German visitor to Japan recorded more than a thousand uses there for bamboo. Aside from its obvious use in bean poles, baskets, matting, and fences, bamboo has also been used for scaffolding, bridges, beer, and food. A charred piece of bamboo was the filament for Edison's first light bulb.

Practical uses aside, age imbues a grove of bamboo with a magical quality. Stand among the lustrous, tall canes, leafless on their lower portions, and listen as each breeze called forth a musical rustling of the leaves.

Hockey News

by Sherri Carman

Hockey fans following the Juvenile team as they battle the P.E.C. Kings for a chance to move closer to the All-Ontario Championship round, watched three exciting, fast paced games over last weekend. The action got underway Friday night on Madoc ice. Before the end of the second period the Grizzlies had a 3-0 lead over the Kings, C.H. goals came from Isaac Muise (2) and Brian Harrison.(1). Assists were earned by Ken Forbes, Evan Hailstone, Ryan Terrion and Jesse Chapman. Saturday night's game was played at the Wellington Arena and saw the Juveniles going down in a 9-5 decision.

On Sunday at 3pm in Marmora, the Grizzlies got it back and skated to a 4-1 victory. The series now stands at 3-2 for our side. Game six will be hosted by the Kings and hopefully will be the end of this one.

In Hastings Cup action the Bantam DD are in a round robin with Frankford and Deseronto. Game one of the series was played on Madoc ice last Friday night.

The Grizzlies dominated the play from the very first and the frustrated Deseronto team were not given one scoring opportunity. The fi-nal tally was 9-0 and earned

goaltender Brandon Tapper the shutout. Monday, Janu-29, it was time to take on Frankford in Marmora. Going off for the flood, the board read 2-2, but the third period belonged to the Grizzlies and they beat the Husk-ies 4-2. Mike Stein, Andrew Adams, Greg Smith and Brad Morton posted the goals. Caleb Anderson, Josh Leaver, Brad Morton, Dillon Carman and Mike Stein earned assists.

The Peewee DD Grizzlies are also playing for the Hastings Cup, in a round robin series with Deseronto and Havelock. January 26 things got started in Marmora against Deseronto and our guys were up for the chal-lenge.

They put the visitors away in a 6-1 decision. Jon McConnell, Brennan Vezina, Travis Gordon, Justin Black, Matt Holland and Byron Chamberlain all scored for the home team. Justin Black, Matt Holland and Brennan Vezina chalked up the assists

Havelock didn't fare much better on Monday night in Madoc, when the Peewees ended this one in a 6-1 win. C.H. goals came from Matt Holland, Justin Black, Jon McConnell, Chad McLean (2) and Jason Lutka. Assists were earned

Tyson Terrion, Antho Halliday, Chad McLea Justin Black, Jason Luth Jon McConnell and Brenn Vezina

This weekend, starting Friday February 2, the Ba tam AE Grizzlies contin their O.M.H.A. play dov battle with Ennismore Madoc at 7:30pm. In M mora that same night, t Peewee AE team go against Brighton at 8pm (a O.M.H.A. play down). (Saturday, all day in M mora, the Novice DD Gr zlies will host their ho tournament.

Take a break from S Fest and grab a hock



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CJBQ's morning man, Matt Mitchell, poses with Belleville & District Fish & Game Club President Larry Cross and awards recipients Steve Miller, Mike Delaney and Brian Jones. The awards were allocated during the 11th annual Hunters Ball ceremony recognizing the

proficiency of member hunters. Steve Miller of Belleville won the distinction of having bagged the largest buck in the archery competition, weighing in at 239.4 pounds. Mike Delaney netted the award for his trophy buck weighing in at 264 pounds. Mike who lives in Shannonville, competed in the riflelshotgun category. Brian Jones, a resident of Napanee, won his award in the controlled



The annual Hunters Ball

culminates the increasingly

popular hunting season for members of the Belleville &

names of awards winners in

the various categories and

reflect on the past hunting

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The Belleville Fish & Game Club which is located in a building constructed in and opened in 1982, currently boasts a membership in excess of 90 families.

The executive of the Belleville Fish & Game

Club provide educational and conservation issues for the membership.

Further topics of interest to District Fish & Game Club. Pictured above, members of the club read the list of the members at large include gun safety, wild animal husbandry, safety seminarsand issues related to boating, fishing and hunting. As well, the Belleville Fish & Game Club are actively involved in the educational process and supply 78 bursaries to local area school students who have expressed and shown a desire to study conservation and biology

Photo by Aubrey Johnson

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Decision on regulating small waterworks

After several months of public consultations; the Ontario government has been left to grapple with a wide diversity of opinion on whether it should regulate the province's small water-works. In the aftermath of the Walkerton E. coli tragedy, the province implemented tougher new regulations for large drinking-water systems in August, but those rules don't apply to that aren't reasonable. thousands of smaller water-

That means they aren't subject to the stringent and expensive testing and treatment demanded of larger waterworks.

Nobody wants to see overkill," says Doug Harper, the Environment Ministry director in charge of the public consultations.

'It's got to be something that does the job without making people jump hurdles

The ministry has received more than 100 submissions

and held four well-attended workshops across the province in recent months

Opinions range from regulate the hell out of them" to doing absolutely nothing "and every flavour in between," says Harper.

"Do nothing, I don't see as an option."

Among other things, waterworks are considered 'small" if they supply fewer than 50,000 litres a day and serve fewer than six residences.

how many of them supply drinking water to the public, but they number in the thou-

Generally found in rural areas, they supply drinking water to the public in boarding houses, restaurants, tourist lodgings, assembly halls, churches, outdoor recreation facilities, gas stations and shopping centres.

But there are also schools. hospitals, long-term care facilities and day nurseries that

473-5523

plies, typically a well or lake. "That's why it's such a difficult task," says Environ-ment Minister Dan Newman, who is awaiting senior policy devélopers within his minis try to come up with some concrete proposals.

There are so many vari-

But in the wake of Walkerton, most people rec-ognize the need for some kind of rules, says Harper.

"If we did this a year ago, people would say, 'What the devil are you up to?' People (now) understand the con-

The whole Walkerton thing has sensitized (peo-

But Shelley Petrie of the Toronto Environmental Alliance says she found it "a little discouraging" after at-tending one of the consultation workshops.

The province should instead be looking at laws to protect drinking-water sources, she says, because

any attempt at forcing small waterworks into expensive testing and treatment of their water could kill the businesses they supply.

Newman says he's keep ing an open mind as to how the government might pro-ceed, but notes it's an issue that "affects everyone in the

province."
That's one reason he wants a strong "public edu-cation" component involved.

Whether they live in a rural area or simply stop to gas up and have a drink of water somewhere, people have to understand what's at stake, he says.

That might mean something as simple as requiring signs to be posted that the water hasn't been tested or treated.

"At the end of the day, you have to be able to look at what facilities are able to

do," he says.
"But at the same time, how do we protect the pub-

Fashion Victim

by Carol M.

One of my mottos is "fashion before comfort."

Chalk it up to four years spent in a Catholic high school, where I was forced to wear the same drab kilt and itchy sweater day in and day out.

Now free of those bonds, I like to dress up and shop for clothes. Being in style is great, but I'm not so much a slave to what's in that I would put myself in any real pain

When I say fashion before comfort, I mean I'm willing to spend an evening in uncomfortable heels if they complete my outfit perfectly. But I'll bet you haven't heard the latest fad that is sweeping the east coast of North America.

Wearing sandals in the snow.

The latest fashion craze is apparently big with both elementary and high-school kids. To answer the most often asked question, no, the kids do not wear socks. Bare feet are exposed to the cruel elements with only a thin piece of plastic, leather or whatever to protect your soles from the

This is a clear example of suffering for fashion gone horribly awry. And I will do my part to calm the nowjangled nerves of parental readers to say that, to the best of my knowledge, this fad has not yet caught on north of the border.

Maybe it's because we Canuck kids just take cold weather a little more seriously (you do not taunt Mother Nature with bare toes in January). Or perhaps we just have a little more good sense than our neighbours to the south. But whatever the reason, none of my friends, nor any of the folks I questioned on my campus at U of T, had even heard

of the fad, let alone adopted it.

But the whole idea of something so odd becoming a fashion norm got me thinking about fads in general. This past summer I began to wear those darling kerchiefs in my hair. (God bless 'em. Nothing else saves you on a bad hair day.) I felt like the first person on the planet to start wearing the things and I was stared at long and hard by some folks. Sometimes I felt like I had a dead animal on my head or something. Until, of course, everyone started wearing them and I just became another kerchiefed noggin in the

With that experience in mind, yours truly decided to launch a mini social experiment. I donned a pair of Birkenstock sandals along with my hat, winter coat and gloves as I walked around St. George campus.

I looked like an idiot and felt like an even bigger one. A

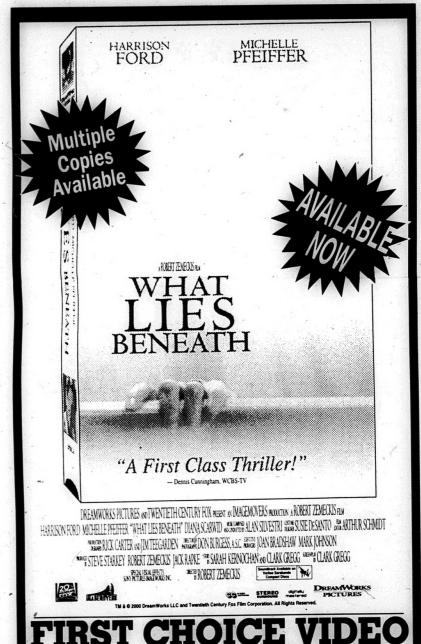
group of friends walked with me, giggling as I garnered many a look from schoolmates who said, "Uh, you know it's January, right?"

Too bad I didn't have the forethought to decorate my oenails with blue nail polish -- it might have disguised the hypothermia hues that quickly set in.

But as stupid as I felt and as uncomfortable as I was,

you just know that I would have felt heaps better if just a handful of other people on campus were also walking around in sandals -- because that's the way fads work.

The only thing that transforms a fashion victim into a fashion plate is a general consensus.



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Pictured are Certified Novell Engineer, Microsoft Certified Professional and Network Enterprise Specialist Robert Coolihan: Operator Reg Toyota and first time computer user Elaine Gordon(who is also the Queensborough Recreational Centre representative to the CAP Centre) with her granddaughter Tessa.

The Queensborough CAP Centre, situated in the new annex of the Recreation Centre is The Queensborough CAT Centle, Studied in the two Mank, of the West Mank, of the Open Monday Wednesday and Friday from 10am to 5pm; Tuesday and Thursday from 10am to 8pm and Saturday from 10am to 3pm. Anyone interested in volunteering time at the centre can call Reg at 473-0251 for further information or CAP Centre Coordinator Aubrey Johnson at 967-3155 for the other centres. Photo by Aubrey Johnson

New Computer Access Centre plements the ones currently

by Aubrey Johnson

Congratulations! You've just taken the first step in acquiring the skills you need to develop a new career, enhance your present one or acquire computer skills. You are paying a visit to the newly opened Community Access Program site situated in Queensborough.

Whether you are a be-ginner with no computer experience, or, you are currently a computer user looking to update your skills, no one else brings learning experience to you better than the CAP Centre.

On site operator Reg Toyota will ensure that top quality computer-based training is available to you without the limitations of a traditional school environment. Regardless of where you live in the surrounding area, including Cooper and Eldorado, or what your employment schedule or family obligations are, if you have the ability, desire and ambition to improve your skills, the CAP Centre has the answers.

Funded through Industry Canada, the Ontario Library Association, Ontario Works and the Municipality of Tweed, the current Queensborough site com-

operating in Thomasburg and Tweed. Here's what we do to help ensure your success computer technlogy. You'll learn im-proved job skills in your chosen career. You'll learn new job skills to take you in a new career direction. You'll learn how to develop personal and professional skills and to be self-motivated by accepting responsibility for your career. You'll improve your written communication skills. You'll develop self-discipline through learning how to use time efficiently to achieve your goals. The CAP Centres are a starting point for tomorrow's leaders and we believe that years from now, will be recognized as the place that launched the careers of business and com-

Our partnerships with business and organizations enable innovative and quality programming that responds to the needs of our clients and contributes to the economic and social health of our communities. We are committed to excellence in all of our activities and we pride ourselves on the reputation that we have attained in the academic, business and employment communities. A

munity leaders who continue

to contribute to a vibrant so-

further reflection of that excellence is that our trainers and staff are recognized for

their skills and abilities. We hold that people have a right to make their own decisions about what meets their needs. At the same time we believe that with that right comes responsi-bility. We encourage people to attain self-reliance by allowing them to experience the challenges and responsibilities for personal growth.

The Community Access Program Centre is a com-munity-based resource dedicated to helping people improve their computer skills through quality training and knowledge as defined by our clients. Each facility Queensborough, Tweed and Thomasburg also offers a number of short courses that allow persons or employees to upgrade their skills in a number of areas (i.e. Word 97, Simply Accounting).

If you have ideas for courses that interest you please call us at 473-0251 (Queensborough), 478-1901 (Thomasburgh) or 478-1671 (Tweed) or you can contact the Cap Centre Coordinator at 967-3155 or email tweedcapcentre@yahoo.ca

by Alma Fox

A trip to the Madoc Post Office is something that we all have to make on almost a daily basis. Henny and the other girls always help to make it a pleasant outing and something to look for ward to. It's frequently a treat to run into a friend or neighbour and catch up on the latest happenings, but when all is said and done, most of us come away from the Post Office with little news and a big handful of junk mail and bills, bills, bills.

Yesterday, however, was different. I received a big white envelope, rather ordinary looking except for its curious red

There was my name and address written in bold, very masculine printing, not at all familiar to me. Hmm, I thought, this is odd; it has no return address. I could hardly wait to rip it open and satisfy my curiosity. Imme-diately I could see that it was valentine. A beautiful red

and pink card expressing rather "sweet" feelings. Naturally, I read it with great pleasure; let's be honest, we all like to have our feathers stroked. I came to the bottom of the page and couldn't

believe it! The signature consisted merely of five red dots; not even a hint of who the sender could be.

Well-now, I mused, this is very exciting! Do you re-member your Public School days? Do you remember that on Valentine's Day the class sent Valentines to one an-

by

telemarketers, you are ad-

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an Ontario Provincial Police

initiative aimed at preventing

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Beware of Scam

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8501.

Ouinte area businesses are being targeted in a telemarketing scam. The caller is seeking financial support for children in local hospitals through sponsor-ship of a "Healing Hands" activity book.

Quinte Healthcare Corporation is not involved in the "Healing Hands" book project, nor do we have any knowledge of the book. Should a business be ap-

Grant Received

A much appreciated grant of \$25,000 from the Ontario Trillium Foundation was received this January for building improvements.

The installation of smoke

eaters has been completed. Our new furnaces and air

Our new furnaces and air exchangers with upgraded duct work is underway.

"We, at Branch 363, gratefully acknowledge the financial support of the Ontario Trillium Foundation, an agency of the Ministry of Citizenship, Culture and Recreation. With \$100 million in annual funding from the province's charitable gaming initiative, the Foundation provides grants to eligible charivides grants to eligible chari-table and not-for-profit organizations in the arts, culture, sports, recreation, environment and social service

sectors."
We will soon be able to offer a very comfortable en-vironment for your pleasure. Madoc Legion Branch 363 Public Relations

Valentine Mystery other? They were a tributed that aftern teacher. I was shy and somehow I ne many cards. Do yo ber hoping for a

from a certain someone? Well happened to me ended up with a valentines from friends. No one, ever had any secre Now here I

years later, sitting tery. I have ask and acquaintane avail. I even wer to ask Henny a Office to chec postal code for n find it was from

I don't know Ottawa. (Althoug cently move from to Madoc. Could Jean Chretien t misses my Quebe

This is truly onicest things to ha This is truly in many years, an tle while I felt like a

As it stands, that I will not ha swer to my myst tine; and perhaps

I think that the it all has been the ticing part!!!!

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Published every Saturday by

Cembal Publications (1981) Ltd.

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Ashes to Ashes...Dust to Dust

by Aubrey Johnson

Countrywide attention is beginning to focus on how to preserve cemeteries for their cultural, historic and even tourist value. But if it weren't for good Samaritans like cemetery board members, in countless small towns across Canada, there might not be much left to

One subject which always seems to surface

whenever local history is dis-

cussed is that of the many

small cemeteries dotting the

countryside. What are they,

and why? Well, what can you

say about a cemetery. Its

years of Eldorado area were really in the wilderness; it

was the frontier of its day.

A trip to Madoc, was a long

trip away. People walked, or

more rarely rode horseback,

for what at best was a long

trip to go both ways. So,

most families simply set aside a plot on the family

farm and used it as a burial

in this small town in eastern

Ontario. And these people

often felt that their relation-

ship with the town was

much like that of child to a

parent; in a way that will

A lot of people grew up

People living in the early

there, that's all!

ground.

someone who hasn't lived in a very small community.

For that reason, I suppose I've not been persuaded by those who seek to separate the concepts of community and place, arguing that community is wherever it happens, is not tied to place. I think that those who have raised the issue of commitment and boundedness are touching on something important -- in this culture, we

like to think of communities

as something we can join or leave at will (like marriages,

or jobs) but they are not the

same thing as communities

that one has sunk a good part

question of cemeteries.

There is a cemetery in Eldorado on a small hill at the

edge of town, facing the

United Church. For a long

time when the thought of

where I would be buried

crossed my mind, I thought

it would have to be in a small

place like Eldorado, for in

my wandering life as an aca-

demic I had no other roots

as strong as my ties to the country. But I'd been living

in the same place for almost

40 years, and though I

wouldn't have chosen it if I

hadn't come for an academic

iob. I felt that my roots were

still deeply embedded in the

This brings me to the

of your life and love into.

seem incomprehensible to country. I dislike the sterility and isolation of cemeteries, however, and find the idea of scattering ashes to be symptomatic of our rootless

As the names of men and women whom I have come to know and love go on the headstones. I find myself stopping as I go in an out and looking at them and remembering them.

It seems to me, that we have still not learned the best

way to live here, for with our

occupation has come a

changing of the face of the

land. Yet our poets and prose

writers still tell of the breath-

taking beauty of the land, of

its magical quality, the way

it produces visions and vi-

sionaries, of the voices car-

ried on the constant winds,

the mirages of the horizon in

the sky above it all. In par-

tial answer to the question, I

have come to think that more

than anything we are made

what we are by the mystical

quality of this landscape:

land and sky, and, as I've said

elsewhere, what nature

leaves out our psyches fill.

And, of course, there is the harshness of winter. Winter

teaches you who is boss; it

teaches you to "hunker in,"

to set your jaw, to make

jokes, to find a kind of cour-

age for the long haul, and to

do the things that must be

done no matter what, winter or no winter. Yet winter is long enough here for us to find its own beauty each year " the soft darkness of December as the solar year winds down, the sunny biting cold of January, the rare (and welcome) February warmth, the bluster that hints of new growth in March " but its length and typical harshness also teach us, more than those in more moderate climates, to cherish spring and summer and

But there is also the space that makes us what we are, the very vastness of

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continued on page 3

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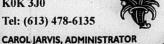
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Ashes....

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ice we call home. Peo o've always had a lot m don't like to hurry, ike to be pushed, don't ople standing too close

se who came here not y long ago and did not ane, did not starve to did not run away, but to make homes, to ivelihoods, however ided.

feel we cannot fail ntrepid folk whose lie buried in our smallemeteries and the corof plowed fields, but spirits walk the land form of stories we ue to tell in awe and The hardships those omers endured to a place for themselves iture generations here. now we could never done it ourselves, algh a tiny part of us like to have had the e to try.

we are tough; we are lways nice, but we'll you when your car s down, or you're lost ave had nothing to eat ours; we'll pull you out ditch you wouldn't be in if you'd known Highway 62 is like; even organize a search and risk our lives to you in a blizzard. We not say much, we don't expect you to see the ng, brilliant beauty in

which we live, but if you look closely you can read the ef-fects of space and distance in our eyes, and you can feel how silence has settled into our bones and our blood, and you can sense the quiet reverence we share for living here in such beauty. You'll come to marvel at the enduring strength living in Eldorado has taught us.

A cemetery is like a small town, the complexity of which is easily taken for granted. The boundary wall or fence, roads, drainage system, services, prayer halls, mortuary, lodges, office, staff buildings and yard, and entrance gate make a substantial infrastructure which we need to maintain and protect. When cemeteries are closed to new burials they become expensive to maintain whilst at the same time direct income from them is decreasing. However, the responsibility to preserve them at their former splendour remains an integral responsibility of the cemetery board and indeed is part of its strength.

Pictured are the new members of the Eldorado Cemetery Board as voted in on February 6, 2001.

(Seated) Dennis Thompson, Eric Sanford (Chair), Dorothy Blackburn. (Standing) Percy Blakely, Carl Blakely and Doug McCann. Absent from the photo is Isobella Shaw.

Centre Hastings Minor Hockey

On a recent road trip, the Novice Grizzlies travelled to Havelock to take part in a one day tournament. In their first game they took Beaverton. At the end of regulation time, the score-board read 1-1 (Scott Robinson got the goal, off the sticks of Harrison Shin and William Meehan) and this match headed for overtime. Midway through the 5 minute OT, Harrison Shin came out of nowhere and banged home the game win-ner, unassisted. Game two saw our Grizzlies go up against Immaculate Conception (Peterborough). The Novices dominated this one from the start and skated to a 10-4 victory! C.H. goals Brandon came from Danford (1), Jake Ascott (1), Jarrot Moore (1), Scott Robinson (1), Harrison Shin (2), James Denny (1), William Meehan (2) and Mark Thompson (1). Assists earned by Jeff llough, William McCullough, William Meehan, McKenzie Smith, Brandon Danford, Harrison Shin, Stephanie Halliday and Scott Robinson. At the end of the day, the Novices brought home the A Runner-Up Trophy. Congratulations Team!

On Saturday February 3, this Novice team hosted their home tournament on Marmora ice. Our Grizzlies ended up this time in the D Championship game vs Beaverton.
The complete statistics were not available, but I heard through the grapevine it was quite a match. At the end of regulation time the game was tied at 4 apiece. It took four overtime periods to decide the winner. Both teams were down to one shooter and goalie, when Scott Robinson found the back of the net and finally ended this one 5-4! Hats off to goaltenders Hayden McInroy and Jeff Nickle for their stellar performances between the

In O.M.H.A. Play-down

continue their winning streak against Tweed and are up two games in this best 3 of series. Game one was played last Wednesday night on Madoc ice and ended in a 8-6 victory for the Grizzlies. Ryan Morton (1), T.J. Tomlinson (2), Justin Cassidy (1), Tyler Gordon (2), Jason Wilson (1) and Scott Acorn (1) seored for the home team and T.J. Adam Tomlinson, Adam McDonald, Scott Acorn, Rob Reynolds, Mike McCann, Jason Wilson, Mike Tyler Gordon, Duke Cassidy and Ryan Morton were in those goals. Game two was played in Tweed Monday night. In the first five minutes of this match Tweed came on strong and were up by 3 goals! The Grizzlies fought hard for the comeback and by the end of regulation time the board read 4-4. With 37 seconds left in O.T., T.J. Tomlinson scored the game winner and earned himself a at-trick!

The Atom DDs continue their play-down with Percy Township. In the first game of that best 3 of 5 series, the Grizzlies fell to Percy 6-1.In Game two, C.H. was better prepared and this time out got within one goal of the opponent (5-4). C.H. goals came from Tyler Tenbult, Travis Hughes and Anthony Tapper (2). Assists were earned by Steve Ferguson, Travis Hughes and Anthony

Tapper: Bt game three, as coach Doug Bennett put it, we had them figured out and this time edged Percy out in a 6-5 victory. Steve Ferguson (1), Jeff Robinson (2), Tyler Tenbult (1), Anthony Taper (1) and Travis Hughes (1) found the net. Ian McNabb, Jeff Robinson, Tyler Tenbult, Travis Hughes, Anthony Tapper and Ben Anger passed up the goals

In other O.M.H.A. playdown news, the Juveniles took out the P.E.C. Kings Sunday night in the county. This team is now waiting to hear from their next oppo-

In dreams and in love there are no impossibilities. Janos



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Stirling RONA Cashway

by Rernadette McInroy

After a good showing at the Pembroke Silver Stick tournament where the Blues won all 3 preliminary games and losing 3-1 in the semi-finals, it was time to get back to league play.

December 15, the Blues hosted Bancroft with an end to end game and the Blues coming out on top 1-0. The lone goal was scored by Mike Lessard. unassisted Brighton was the next visitor to Stirling with another win 3-1. Scorers for the Blues were Garet Robinson. Brandon Robinson and Kyle McDowell, with assist ging to Mike Lessard (2), Jesse

McInroy, Andrew Hamilton. ody Thompson and Eric Hannah.

Next trip away was to Campbellford, where the team once again came out on top 4-2. Scorers were Eric Hannah (2), Damien Empey and Brandon Robinson with assists going to Garry Buxton, Sean Murphy, Bran-Robinson Kyle McDowell and Mike Duhig. On another trip away to Bancroft, through a snow storm, the Blues couldn't get going and dropped a 6-2 deision. Goals scorers were Garry Buxton and Kyle .McDowell with assists going to Kyle, Garet Robinson and Cody Thompson.
On January 5, the team

started a five games in five nights run. First at Campbellford, the Blues won 8-2. Garet Scorers were Robinson (2), Garry Buxton 3). Andrew Hamilton, Lee Ferrill & Craig Fleming with assists going to Lee Ferrill (2), Kyle McDowell, Mike Lessard, Craig Fleming and Brandon Robinson On the 6th. Brighton came to town with the Blues winning 5-0. Scorers were Eric Hannah (2). Garet Robinson (2) and Craig Fleming with assists going to Mike Lessard (2), Andrew Hamilton, Sean Murphy and Lee Ferrill. January 7, it was back to Bancroft where the Blues couldn't find the goal net and lost 7-0. Game four wasn't

much better for the Blues as they dropped a 5-2 decision to Lakefield and game 5 was very exciting in Brighton with a 4-3 loss with a goal being called back in the dy-

ing minutes.
Goal scorers in the games were Eric Hannah, Mike Lessard, Craig Fleming, Chris McKeown and Cody Thompson with assists going Fleming, Hannah, Sean Murphy, Colin Gill and Bran-don Robinson.

The Blues had a very good regular season with Pat Cousins and Josh Campbell sharing goaltending duties. Their regular season play in 20 games was 9 wins, 5 losses and 6 ties and they went 10 in a row before their first loss and received 2nd place in a very competitive division. Congratulations and good luck in the play offs!

RONA Cashway Midgets Go Three In A Row

After a deserved rest and some practices, the Blues took on Campbellford in the first paly off round. Game one in Campbellford, the Blues came out skating and shooting and won 7-1.

Goals scored by Kyle McDowell (2), Eric Hannah (2), Cody Thompson, Lee Ferrill and Brandon Robinson. Assists going to Mike Lessard (2), Kyle McDowell and Garet Robinson. Game two in Stirling, the wheels kept turning with a 6-0 win.

Scorers were Eric Hannah (2), Garry Buxton (2), Brandon Robinson and Mike Lessard with assists going to Jesse McInroy (2), Chris McKeown (2), Mike

Lessard, Garet Robinson and Colin Gill.

In the third game of the series, Campbellford did not lay down and hand the game

to Stirling.
The Blues kept the pressure on and came out on top 2-0 to eliminate Campbellford in the series Goal scorers were Garry Buxton and Kyle McDowell short handed. Assists on the Buxton goal were Craig Fleming and Mike Duhig.

The Midgets are now waiting for the winners of the Ennismore-Haliburton series to be completed.

Women's Institute

A recent meeting of the Hastings North District Women's Institute was held at Ivanhoe Halk President Marion Foster welcomed members from Cooper-Remington, Harts-Riggs,

Ivanhoe, Queensborough, Rylestone, Springbrook and Wellman's Corners.

A report was given regarding Hastings County Agricultural Museum in Stirling. Much headway is being made to have the buildings all ready for the opening in May. Women's Institutes will have three rooms depicting the era from the 30s and 40s, plus information on what the Women's Institute is all about and their success in the last 100 years. Donna

Russett is the chairperson heading this committee.

The District annual meeting is being held at Rylestone on May 24, 2001. Area conventions is scheduled for October 17, 2001 at the Seahorse, Trent River, with Peterborough as the host club.

Cecilia Maines was congratulated on her new appointment as Provincial Advisory Council (PAC) person. The PAC person is a liaison between Provincial board members and branches at district level.

This year, Hastings North, West and East Districts are all celebrating their 100th anniversary. Applications were available for 4H Club scholarships for their essays on "4H Future Role in the Environment."

The book "From This Place" is now available for \$15.00, plus tax. This book is a

collection of the lives of Women's Institute members in the 20th century.

Next District meeting is scheduled for March 19, 2001 at 1:30. The location will be

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Special Meeting

The Hastings and Prince Edward District School Board will be hosting a special education community forum at

various locations over the next few weeks.

On Wednesday February 21, from 6:30 to 8:30 pm, the meeting will take place at CHSS.

A variety of topics, including identification and placement processes, individual education plan standards and a question and answer period will be addressed.



All offices of The Hastings & Prince Edward Health Unit will be CLOSED Friday, February 16, 2001.

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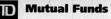
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Davies, Cork share scoring title

It's Rebels, Pirates n semi-final playoff

ith both teams looking like they were sayng their best for the layoffs, the Campbellford ebels staged an impressive omeback but dropped a 6-decision to the Picton Piates on home ice last Satrday night.

Then, the Rebs closed out ne Empire League junior C gular schedule on a wining note, dumping the Jets
-3 in Amherstview Sunday fternoon.

When the dust had settled, tebels placed second with 3 points, seven better than he third-place Pirates. It neans the teams meet in a est-of-seven semifinal howdown starting on Campbellford ice next Tueslay night (Feb. 13th) with he teams squaring off again n Picton Thursday night, eb. 15th.

Other dates are as follows: Same three, Campbellford, reb. 20th; game four, Pic-con, Feb. 22nd; game five, Campbellford, Feb. 24th (if necessary); game six, Pic-con, Feb. 26th (if necessary) and game seven, Campbell-ord, Feb. 28th (if neces-

Rebels' General Manager im Peeling expressed dissat-sfaction with the failure of eague officials to open the series Saturday, Feb. 10th on Campbellford ice.

At the league meeting, the other teams objected to the Picton/Campbellford series starting four full days ahead of the other semifinal series. Peeling, forced to settle for two Tuesday night playoff dates, apologized to the regular Tuesday night tenants for any inconvenience

caused by the scheduling.

Tailing by four goals to
Picton Saturday night,
Rebels got two goals from
Anthony Davies while Kevin
Cork added a single as those two snipers eventually tied for the league scoring title. Each finished with 57 points. Cork had 21 goals and 36 assists compared to the 24 goals and 33 assists produced by Davies.

McComb Places 3rd

Another Rebel sharpshooter, Jamie McComb, gave the Rebs a sweep of the top three positions in the scoring race with a total of 25 goals and 26 assists for 51 points.

Tied for the scoring lead going into Sunday's final game in Amherstview, Cork and Davies each added two more points as the Rebels clipped the Jets 5-3.

The league awards were

announced at the league's season-ending meeting Mon-day, Feb. 5th. Peeling was somewhat baffled by some of the winners, noting his disappointment that Rebel players (other than Cork and Davies sharing scoring honours) failed to take home any individual awards.

Most Valuable Player honours went to Jet forward Pat Dee while Picton's Mike Empey was named outstanding defenceman. Selected top goalie was Picton's Nick Vangemeren and Sean Turner of the Napanee Raiders won in the best rookie category. Rebel players nominated were Justin Pollock (rookie); Ryan Binkley (top defenceman) and Cork (MVP).

PSE Novice Hornets never stop buzzin'

Asphodel-Norwood -The P. Steel Erectors Novice "B" Hornets were on the road to the Omemee Shark tank Jan. 14 and the hometown team started off the

But the trio of Adam Terry, Britney Barnett and Kyle Anderson Carter teamed up to even the score with Adam poking the puck into the net. Then it was Steven Book, with some help from Justin McWhinnie, putting the Hornets on top.

Talk about a player being hot, Britney came out of the match with a hat trick with helpers to Adam and a pair to Dalton Charlebois in the Hornets' 5-2 win.

The great-rivalry with the

Millbrook Stars continues with Norwood buzzin' to Millbrook Jan. 21 to face a Stars squad that was bound and determined to defeat the Hornets.

But Norwood held them off again winning 3-2.

Dalton Charlebois started off the scoring with winger Adam Terry and Kyle Anderson Carter assisting. But the Stars took the lead with two goals until Britney, Adam and Dalton pushed the puck up the ice to tie the

This line is really clicking together and have be-

come a hot offensive force. Jamie Philippe notched the winner at the end of the second period with Kyle adding another assist along with Rachel (Olenoff) Bolton also

helping out. On Feb. 1 the Stars were at the Coliseum for a re-match and the two teams thrilled fans with a 2-2 draw Jamie popped in the first goal with help from James Brandon. Andrew Kingston showed the crowd what he could do when he went through the entire Stars team to the net then passed off to Steven Book to knot the

The Stars finally picked up a precious win against the Hornets edged Norwood 2-1 Feb. 3 during the final game of the regular season.

Millbrook came out very strong but it was the Hornets who scored first with Adam Terry persisting dur-ing a scramble in front of the net. Andrew Kingston assisted

Millbrook rallied to break the tie at the end of the second

The loss was just the third the year for the Hornets.
PSE Hornet notes: Players and coaches were thrilled by the help they got from tykester Casey Fleming who skated hard for the team the past few games.



Burning the net: All around the region, local minor hockey teams are treating their fan. to excellent playoff hockey. There are the OMHA playdowns and equally thrilling League round robins to keep dedicated hockey watchers excited. In the photo above, a member o round rouns to keep dedicated nockey wateries excited in the photo dove a memor to the Norwood Atom Hornets wills the puck into the net during a crucial OMHA contes against the St. Alphonsus Sharks. Norwood won the game 3-1 and went on to sweep th series. They now advance to the OMHA quarterfinals. See inside for more on the series Photo/Bill Freeman

Twp. amends fee for service fire by-law

Repeat false alarms at same location force amendments

Asphodel-Norwood - The Township hopes that amendments to the municipality's fee for service fire by-law will cause owners of alarm systems that cause repeat false alarms to have these systems repaired.

Township Council passed the amended by-law Monday night with the bulk of the changes zeroing in on the issue of repeat false alarms

from the same location.

Now all false alarms beyond the first three from the same location, and for the same reason, could cost the owner a service charge of

Billing-for these calls will be done at the discretion of the Fire Chief because the Township recognizes that "totally unrelated reasons could cause additional alarms for which a bill would

The Fire and Rescue Service will answer up to three false alarm calls a year from the same location at no

In a memo to Council,

recovery situation. 'It is more of a means to try and get the problem fir protection systems the proper service they need by making it cost effective for

Fire and Rescue Chief Pau

Bitten says "the idea of this obviously not a total cos

owners to fix the system rather than pay for th alarm," he explained.

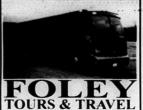
He says the rates may b adjusted in the future.

Continued on Pg. 12-



Team Hannon

Kitchen crew: The hard-skating Gramma Flo's oldtimer hockey team traded their sticks for kitchen gear last Sunda helping out the Royal Canadian Legion Branch 300 durin their monthly brunch. The Branch applauds the efforts of the kitchen crew who served up a penalty-free meal. Photo/Bill Freema



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TO THE BABIES OF 2000!





#2 EMILY (girl)

EMMA (girl)

MOLLY (girl)

CYRUS (boy)



BRITNEY (girl)

BROOK (girl)

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IN EFFECT



#11 CALVIN (boy) #14 JAYDEN (boy)

#12 TYSON (boy) #15 JOHN (boy)



Mirror, mirror on the wall, Who's the fairest babe of them all?

They're all sweet, We know that's true, But the decision will be up to you!

Fill in the Official Ballot located at the bottom of this page and send it in

. No reproductions of this ballot will be accepted.

· Ballots must be in by Friday, February 23rd, 2001 at 5:00 p.m.

The winning babies will be published in our Midweek section on March 3, 2001.

· All pictures can be picked up after March 3, 2001

Harris Santanana





#16 MATTHEW (boy)





#21 DOMINIC (boy)

Good luck and thank you for entering.

Cutest Boy	Cutest Girl	Baby Most Likely To Become Prime Minister	Most / Serious	
# -	# **	#	#	#
				:

Send or bring in your ballot to: Cembal Publications, 3 McGill Street, P.O. Box 250, Marmora, Ontario KOK 2MO, or any of our other offices

Margarithm.

·····

#22 DYLAN (boy)





#24 WHITNEY (girl)

#26 VICTORIA (girl) #25 TYLER (boy) #28 BRETT (boy) #29 KEISHA (girl)





#31 TIMOTHY (boy)

#34 EMILIE (girl)

#37 LAUREN (girl)

#40 LESLIE (boy)

#46 DALTON (boy)

#49 ERIC (boy)











#33 BRANDON (boy)

#42 MORGAN (girl)



#44 VIVA (girl)







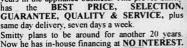


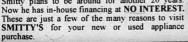
#51 MADI (girl)

#50 LIAM (boy) ...

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Leona Dombrowsky, MPP

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TO THE BABIES OF 2000!



#53 CARTER (boy)



#55 SHAYLEIGH (girl)











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#58 BRODIE (boy)

#61 SOPHIA (girl)





#63 DAWSON (boy)







#70 MEGAN (girl)



#68 GRACE (girl)



#69 KRISTEN (girl)

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#76 DAVID (boy)

#82 KAMRYN (girl)



#74 STEVEN (boy)



#75 ZACHARY (boy)



#77 NOAH (boy)





#80 MARY-CATHARINE (girl)



#81 CAMERON (boy)







#86 JARED (boy)



#87 MAXAMILLION (boy)





#90 SIERRA (girl)



#91 KATIE (girl)





#93 MORGAN (girl)

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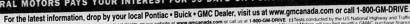
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Series sweep sweet for Atom Hornets

Archer Trucking Atom Hornets moved up another rung in the OMHA playoff ladder after knocking off a good St. Alphonsus Sharks squad in three straight games.

The series' victory puts

Norwood in the quarterfinals against either the Percy Township Bulldogs or Centre Hastings Grizzlies.

Norwood took game one MORTGAGES

O

LS & CONSTRUCT

paced and action-packed match. Norwood carried the bulk of the play but Sharks goalie Lucas Hayes was in fine form keeping his team in the game. At the other end, Norwood stopper Brian Ross came up with a number of key saves to boost his team in their offensive efforts Iordan Wrightly had one

of his best games of the year scoring twice and assisting on a third. Baron McDonald added a goal and assist with Jeb Huggins, Brad Walsh, Billy Price and James Moore also assisting.

Game two was at the Kinsmen Centre with the teams trading chances to no avail in the first period. The Sharks struck early in the second and then added a second less than a minute later. The Hornets battled hard and were rewarded when Jeremiah Olver tapped in a

Ronnie Hughes pass. Fifty seconds later, Huggins scooped up a rebound off a Ramzi Jabr blast. McDonald picked up his second assist.

Peterborough pressed on and picked up the go-ahead goal with 1:02 left in the frame. The yellow line took to the ice for the final shift of the period and knotted the game with McDonald converting a three-way passing play with team-mates Walsh and Andy Slack.

The Hornets were on fire in the third holding the Sharks in their end and it paid off in four unanswered goals. Wrightly knocked in the game winner with assists from Thomas Teasdale and Tyler McIlmoyle. Walsh burned the net with two with McDonald and Slack adding much-needed playmaking help. Huggins pulled the trigger on his second of the afternoon on a nice give-andgo with Hughes.

Brian Ross overcame the early barrage and registered another win in net.

It was "Hockey Night at the Hive" Tuesday and the Hornets did not disappoint their loyal fans coming up with a solid 4-2 win.

Kyle Bailey opened the scoring with a laser from the point with defence partner Ben Brackenridge adding the assist. Huggins then doubled the score after taking a lead



All stretched out: The Norwood Atom Hornets have an OMHA quarterfinals playoff All stretched out: The Norwood Atom Hornets have an Omita quality and the St. Alphonsus date with either Percy Township or Centre Hastings after knocking off the St. Alphonsus Photo/Bill Freeman Sharks 3-0.

pass from Slack and firing from the face-off circle.

Then, in a span of less than two minutes, the Sharks tied the game and the score held throughout the second. In the third the Hornets

iced the game with two

markers -- the game winner by McIlmoyle off the point with the set-up from McDonald. With 2:34 left McDonald topped the score up with an assist from

The Hornets fended off

the final 1:40 of the Shark's attack short-handed as the visitors opted to pull their goalie.

Ross finished out the series in net for the Hornets.

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Pee Wee Hornets send St. James packing

Asphodel-Norwood - It's off to the OMHA quarterfinals for the Century Roofing Pee Hornets after the squad dispatched St. James

entire team.

Kevin Gourley was the star of the game victimizing

8-1 Sunday night behind a the opposing goalie four solid team effort from the times while assisting on a times while assisting on a fifth goal. Ray Bradley added

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NE'S WORLD

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Continued on Pg. 14-A

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A New Beginning . . .

March 5, 2001 the governance and management of non-acute mental health services for the 9 county area served by the Kingston Psychiatric Hospital will transfer from the Ministry of Health and Long Term Care to Providence Continuing Care Centre.

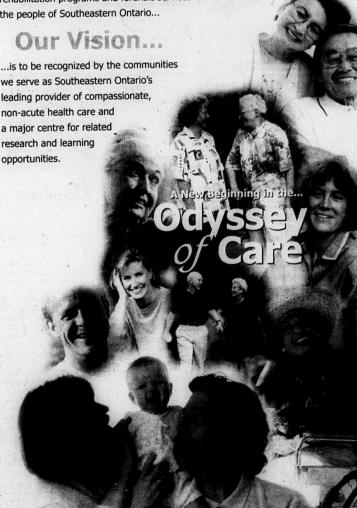
This will mark a new beginning for the delivery of these services, as for the first time a local Board will have responsibility for assuring the delivery of mental health services in our region.

Providence Continuing Care Centre, its board, management and staff look forward to welcoming the staff, patients, clients and families of KPH to our organization.

Should you have any questions or concerns regarding this change please call 1-866-286-1357 or email: barretta@pccc.kari.net

Our Mission

Providence Continuing Care Centre is committed to compassionate care and excellence in the provision of complex continuing care, longer term mental health care, long term care, palliative care, geriatric and rehabilitation programs and forensic services for the people of Southeastern Ontario...



"OPP Detachment Commander promoted to Inspector

MOIRA LAKE

CHALLENGE

SATURDAY, FEB. 17

Register @ Two Loons: 8:00 - 11:30 AM Saturday

Radar Runs 9:30 AM - 11:00 AM

Kitty Cat Races 12:00 ~ Drags start at 12:00

\$10.00 Entry ~ \$5.00 Each Additional Class

Great Prizes awarded directly following races at the Two Loons All proceeds go to Madoc & Huntingdon Fire Department & Motra Lake Challenge Association For information contact: Jim Bonter 473-0207

SNOWMOBILE

ICE

TRACKS

Gerry Salisbury has been promoted to the rank of Inspector. He expects to remain in place as Detachment Commander for both the anark County and Sharbot Lake detachments. In that capacity he continues to oversee a complement of 64 officers and civilian staff.

The promotion, long a priority of the Police Services Boards throughout rural Lanark County, will now allow Inspector Salisbury to participate in upcoming Ontario Association of Chiefs of Police gatherings The 17-year vet The 17-year veteran of the Ontario Provincial Police began his career in Downsview before serving in Kingston and Kirkland Lake. Following his promo-tion to Staff Sergeant he transferred to Lanark County Detachment in May

Inspector Salisbury and his wife and their two children have settled in the community and he remains determined to work diligently to address the policing needs of the municipalities served by the OPP on his watch.



Where did the burning cigarette go?

Cloyne - Tango the Magician mesmerized children attending his magic show at the Barrie Township Hall during the Feb. 5th Winterfest held here. Tango is really Troy Newton of Northbrook and he had both parents and children trying to figure out how he did his tricks. -BD Photo

L&A Seniors Outreach receives Trillium grant

The Lennox & Addington Seniors Outreach Services Inc., recently received a \$59,300 grant from the Ontario Trillium Foundation. The grant spread over a two year period will be used to review and evaluate the volunteer program, expand the database, institute training programs and oversee a strategic plan to maximize the contribution of volunteers within the organiza-

"Our organization has more than 250 volunteers

who have an incredible specific tasks. It will also \$100 million in annual fundrange of skills and talents to offer the community," says Executive Director Wendy McDonald in a news release. She adds, "the \$59,300 Trillium grant will enable us to develop a database that will help us match the skills of individual volunteers with

evaluate our volunteer training programs so that we may better serve the seniors in our area. The Ontario Trillium

make it possible for us to

Foundation is an agency of the Ministry of Citizenship, Culture and Recreation. With

ing from the province's charitable gaming initiative the Foundation provides grants to eligible charitable and not-for-profit organizations in the arts, culture. sports, recreation, environment and social service sec-

Letter To the Editor

Dear Editor:

Special communities are only as strong as the people who live in them are. This fact was proven once again when we here in the Land O Lakes area prepared and served a beautiful dinner on Xmas day. Once again the folks in the area were here

to help.

Jim and Pauline, Doug and Carol, Ross and Janet, Lyn, Sheila and Jen and Ron. These folks came on Saturday to set up and decorate tables and do up treat bags. on Sunday morning to prepare veggies, etc., and again on Xmas day to cook, greet people and in general to make

the day very special. The donors again, which make this day possible, you all know who you are. Each and every one of you make this community a wonderful place to live in. We enjoyed approximately 45 folks.

I have enjoyed spearhead-ing the first two Xmas dinners and now must pass this labour of Christian love on to others. I pray that the dinner will be held every year. Knowing this community as I do, I have utmost faith in the continuity of the "Yearly Community Xmas Dinner." Happy New Year to each and everyone.

Jean Taylor

By-law amended

The other change to the by-law was a section that charged property owners in the Township a user fee after a fire if they had insurance to cover the Rescue Service's charge

Chief Bitten said they have never been successful in collecting under this clause in the by-law.

Fees in the by-law include:

\$70 for each fire prevention inspection at institutional, industrial, provincial or federal occupancies; \$45 for each fire prevention inspections of commercial, assembly, gov-ernment funded childcare centres, group homes and schools and \$30 for each fire prevention inspection of single family dwellings and apartments in houses.

Other charges for requested inspections include: \$30 for special occasion permits in locations not inspected annually; a liquor licence; wood stove/chimney (new or existing); installation of new wood stove/chimney; compliance letters and fire reports.

There is no charge for fire permits.

The by-law also outlines fees associated with incidents involving hazardous materials, uncontained open fires and vehicle accidents, extrications, fires, spills etc

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Summer Career Placements is a wage subsidy program that enables employers to hire students during the summer. Private, public and not-for-profit employers are invited to submit their application by:

March 30, 2001*

As the objective of the program is to provide students with work experience related to their field of study, applications will be evaluated based on the quality of the experience offered and local priorities.

To apply or to find out more about this program, please contact your nearest Human Resources Development Canada office or call 1 800 935-5555.

Internet: www.hrdc-drhc.gc.ca

Please note that the application deadline for the Northwest Territories and Nunavut is April 6, 2001.

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HELP WANTED HELP WANTED



Requires

olic Health Nurse - 1.0 FTE (Permanent, Full Time) For the Chronic Disease & Injury Prevention Program
Current Assignment is Heart Health Co-ordinator

Under the direction of the Director, Healthy Lifestyles, the Public Health Nurse/Heart Health Coordinator will participate in the planning, implementing and evaluating of the activities and services of the Chronic Disease and Injury Prevention Program assigned. The position involves extensive community collaboration and mobilization, participation in program planning, development. coordination, implementation and evaluation and consultation to the community.

A current Certificate of Registration with the College of Nurses of Ontario. A Baccalaureate degree in Nursing which includes Public Health preparation. Knowledge of/experience in group facilitation. Excellent organizational skills (oral, written & media). Self directed, demonstrated leadership skills and excellent inter-personal skills. Valid Ontario Driver's licence and vehicle. Basic computer skills (WordPerfect 6.0) and use of Unternet.

Flexible working hours are required.

Apply in writing not later than 4:30 p.m., Monday, February 19; 2001 to:

Mr. Dale Jackson Director of Administration
Hastings & Prince Edward Counties Health Unit
179 North Park Street ville, ON

e personal information submitted on resumes and applicyment is collected under the authority of the Health Primotion Act, RSO 1990, Chapter H.7, and will be used if eligibility for employment. Questions concerning this soonal information should be directed to The Freedom of Ir acy Co-Ordinator at the above address.

We would like to take this opportunity to thank all applicants in advance and advise that only those selected for an interview will be contacted.

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Reporting to the Program Supervisor/Manager of Healthy Babies Healthy Children Program, the incum will work out of the office in Bancront to provide su to families in the HBHC Program in the North Has area. Support will include educating parents about growth and development of their children strengthening parenting skills.

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TENDERS TENDERS

Request for Tender



Tender #PUR01-005 FOR SALE 1987 Massey Ferguson Model 240 Tractor with Attachments

SEALED BIDS clearly marked as to the contents, addressed to the Kawartha Pine Ridge District School Board, will be received from interested parties at the Education Centre Reception Desk, 1994 Fisher Drive, Peterborough, Ontario, K9J 7A1, (705)742-9773 until

2:00:00 p.m. local time, Friday, 23 February 2001

for the sale of a 1987 Massey Ferguson Model 240 Tractor

Bid documents will be available for pick up at the Education Centre reception at the above noted address from 8:30 a.m. to 4 30 p.m

The Board reserves the right to reject any or all bids

R I. Willsher Chairperson of the Board R. (Dick) T. Malowney Director of Education

BINGO

STIRLING & DISTRICT LIONS CLUB Every Monday Night, 7-10 p.m. At Stirling Recreation Centre Regulars, 340, 5 pecials \$80. JACKPOT: \$2,000. in 52 numbers Village of Stirling Lic. \$M169536

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Weekly Jackpot \$1,000.

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oc Twp. Rec. Centre Eldorad ry Thurs. Evening ~ 7:30 p.m.

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Kawartha Pine Ridge District School Board

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the good year! Love you always. Your little chick-a-dee

(AKA M.T.M.) Danny - you will always be my Valentine. Love vah! Lyndy

Kirk, Jazmine and Madison too, Just a short message, to say I love you! From Gramma Wendy.

To My Love - Ian Halford Happy Valentine's Day. You will always be the apple of my eye! Pam

HAPPY Valentine's Day - Joe, Dave, Tony, Rolly, Bill, Aubrey, Brian & Bill. Lots of love, from the Cembal girls, XXOO.

Roses are red, violets are blue, Tammy and Jack, I love you! From Mommy.

NOTICE

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April to October



NOW Accepting applications for rent-geared-to-income 3 bedroom rent.geared-to-income 3 bedroom family units in the Village of Ma-doc. Landlord references required. Please call 968-3465 - Extension 4304 for an application.

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room apt. Reasonable rent. Would like heat & hydro included. Phone 705-778-7446. E-mail your Ad to us at

CARD OF THANKS

THE MacKenzie family would like to thank the community for the kind support and the tributes of kind support and the thouse su-sympathy we have received dur-ing Margaret's illness and since her death on January 31st, 2001. Our special thanks to Dr. William Shannon and the inpatient and outpatient health care team, Mr. Jeff Weaver and the staff of Weaver Funeral Home, Rev. Morrison Campbell and the congregation of St. Andrew's Presbyterian Church. Sincerely, Alex and fam-ity.

MEMORIAMS

DAYTON, Frank - Taken suddenly from us after a short illness at 2 a.m. on Feb. 6, 2000. God took you to Heaven, As I held your hand & cried, Now a year has passed, I think of you every day. I love you dad, and will never forget you. Sadly missed, your daughter, Luella.

Monday Nighters never give up on the bowling lanes

Hastings - The Monday Night Mixed Bowling League shone again and looking at the pinfall you get the feeling that some bowlers are "falling in love" with the pins. The good thing is that the super bowlers are leaving enough room for more to join while bowling up a storm.

Results from action between the gutters at Dodd's Lanes Results from action between the gatters at Doug 8 James in Hastings Feb. 5 included high single performances by John Glenn 319, 267, 252; Paul Cardwell 288, 191, 177; Terry Chapman 275, 217, 202; Doug Dodd 270, 230; Hart Gazell 253, 239, 234; Dave Harper 236, 182; Diana Bicknell 233, 189; Dale McColl 230, 202, 181; Glenda Glenn 221, 181; Ellwood Sweeting 213, 177; Art Sels 197, 152; Patricia Pridham 195, 158; Frigo Zapletal 194, 157; Marjorie Wilson 185, 157; Helen Wilford 184; Don Henry 181, 179; Fran Heffernan 175, 163; Murray Beamish 167; Helen Ward 166, 156; Bernie Heffernan 162, 147; Lyn Miller 160, 153; Fred

Sauder 159, 149; Jane Henry 159 and Isabella Sels 152.

High triples went to John 838; Doug 730; Hart 726;
Terry 694; Paul 656; Dale 613; Dave 577; Diana 568; Glenda 544; Ellwood 530; Don 500; Art 499; Patricia 481; Helen Ward 478; Helen Wilford 477; Frigo 461; Marjorie, Fran and Lyn each with 454; Bernie 440; Fred 431; Murray 424 and Isabella 409.

Pee Wee Hornets in command of Division final

Asphodel-Norwood - The Century Roofing Pee Wee "A" Hornets jumped out to a commanding two game lead in their best of five West Division OMHA final with 12-1 and 3-1 wins over St. James.

The second round opener was a solid all-round effort by the squad with the team starting strong and pressing until the final buzzer. St. James, with a shorter bench, was worn out by the onslaught.

Leading the offensive parade for Norwood was Ray Bradley with four goals and two assists while Dave Andrew, firing in a hat trick and setting up two more, also had a stellar game.

Also chipping in goals were Iain Kennelly, Chris Ridgeay and Kyle Harding with assists to Stuart Graham, Ryan Noffke (2), Harding, Josiah Olver (3), Kennelly, Kevin Gourley (2) and Greg Kavish.

The second match on the larger Evinrude Centre ice was a more difficult task for the Hornets who participated in their second penalty-free game of the 2000 playoffs. The team came up with a very strong period to ice the win. Scoring for Norwood were Kennelly, Mike Sawyer and Bradley with Noffke and Andrew earning assists.

Hornets move on

Continued from Pg. 10-A

a pair for the Hornets with Stuart Graham and Dave Andrew rounding out the scoring.

In the playmaking department, Josiah Olver had two assists with single helpers to Ryan Noffke, Bradley, Kyle Harding, Mike Sawyer and Greg Kavish.

Norwood will play the winner of the Frankford-Tweed

Protecting our natural heritage

Jean Fau is a chief park warden for Parks Canada. He and his colleagues protect the plant and animal life in our national parks. They also help Canadians explore and enjoy these special places. This is just one of the hundreds of services provided by the Government of Canada.

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Canadä



Having lived in Canada for many years now, I have come to know the month of February as Black History Month. In fact, since 1926, February has been designated as Black History month in North America.

During one of the Black History Month celebrations, I engaged in a chat with a gentleman who had come to find out what it was all about. During our conversation he kept asking me why do Black people need a month to celebrate their history? He wanted to know what is Black history? And if there is any history of African people at all to talk or read

I must say I was not surprised at his queries. I cannot remember the number of times I have heard or read somewhere that, as Africans we have not contributed anything substantial to history. In fact, to many Westerners we have no history at all. This statement by a Columbia University professor is very typical: "Over the past 5,000 years," he noted, "the history of black Africa is blank

The black African had no written language; no numerals; no calendar, or system of measurement. He did not devise a plough or wheel, nor he built nothing more complex than a mud hut or thatched stockade. The African had no external trade except in slaves of his own race, in ivory, and (on the West Coast) in palm oil and mahogany

And of course, there is the much quoted pronouncement by the eminent Oxford University historian, Professor Hugh Trevor-Roper who said that: "Perhaps in the future there will be some African history to teach. But at the present there is none; there is only the history of Europeans in Africa. The rest is darkness ... and darkness is not the subject of his-

Or what about the view expressed by the British scholar of Africa, Margery Perham, who wrote that: "Until the very recent penetration of Europe the greater part of the [African] continent was without the wheel. the plough or the transport animal; without stone houses or clothes except skins; without writing and so

without history."
In his book, Progress and Evolution of Man in Africa, Dr. L. S. B. Leakey wrote that: "In every country that one visits and where one is drawn into a conversation about Africa, the question is regularly asked by people who should know better: "But what has Africa con-

Black History Month

ributed to bende forgets?" about a Black student who pression of information, and proud+you will realize

bling though is how many of us in the Black or Africancommunities still believe some of these statements. I have encountered Blacks who are completely ignorant or have less knowledge about African history - de-spite the many fine books on African history and the rise of the Afrocentric movement in North America.

African-American historian John Hope Franklin was right when he told an interviewer that: "[Blacks] can never expect the public schools to teach us as much about our history as we want to know. We can urge them, we can press them to teach more, but I think that much of this lies with us."

As someone interested in Black education, I find it a tragedy that many Black and African children grow up today convinced of their own inferiority.

The educational process largely ignores the contribu-tions of Blacks to world civilization and is full of negative perceptions of Blacks and their culture. The school system in North America has continually perpetuated the historical myths and stereotypes about the African

I was almost moved to tears to read in a recent Cauntil enrolling in a Black-oriented remedial school never knew or read a book by a Black author. There have been reports about how studies in Black history have been an "eye-opener for [Black] students" in Canadian high schools.

One account noted that students are not taught any African or Black history in regular classes. As one stu-dent put it: "They have al-ways taken Canadian history, prime ministers, kings, queens. Maybe some US history. But they've never taken anything African". Or as an other student said at a local high school: "History, Canadian history, English or anything else, was always about white people."

In a Windsor high school

where a history course in African history has just began, teachers observed how Black students are "amazed and are absolutely intrigued about what they learn about the African past." Similarly, the introduction of Black history in a Toronto high school in 1993 +is part of an initiative to engage more black students in academics. to hook in kids who come from educational jurisdictions outside Canada.

Their vital interest in the course would be the means to develop their learning skills+researching, commu-nicating, reading. "Already, teachers in Canadian schools have noticed what one called +signs of a newly informed dissent." One teacher observed that: "A few weeks ago, one of my students, stood up in his Grade 11 English class and asked why there weren+t any black writers on the reading list." And "through the influence of the black history course, a number of "high-risk" students are taking on more academically demanding courses and faring well.'

I have always believed what African American historian John Henrik Clarke said a long time ago that, to control a people you must first control what they think about themselves and how they regard their history and culture. And when your conqueror makes you ashamed of your culture and your history, he needs no prison walls and no chains to hold

The chains on your mind are more than enough. Over time, many of us Africans have been injected with inferiority complexes, humiliation and cultural degradation as a result of the lack of knowledge of ourselves and our past.

We have become caricatures and an inferior subset of the human race in the body of Western thought. Teacher, historian and educational psychologist, Asa Hilliard has said many times that no groups other than Native Americans and African Americans, in the history of the United States have undergone more defamation of character through distortion, omission, sup-

African American historian Carter Woodson has written about how "the thought of the inferiority of the Negro is drilled into him in almost every class he enters and in almost every book he studies To handicap a student by teaching him that his black face is a curse and that his struggle to change his condition is hopeless is the worst form of lynching. It kills one's aspirations and dooms him to vagabondage and crime"

This degradation of Afrian peoples goes on till this day. Just witness the recent publication of Richard Herrnstein and Charles Murray's "The Bell Curve: Intelligence and Class Structure in American life", a book that assigns genetically inferior intelligence to African peoples everywhere.

It is enough of a tragedy for colonialists and white racists to degrade Africans in this manner, but this tragedy is compounded when as Africans we join in the mockery. Therefore, to me, there can be no freedom until there is freedom of the mind. I always remember the lyric by the late Bob Marley which says: "Emancipate yourself from mental slavery; None but ourselves can free our minds.

This brings me back to why there is a Black History Month in North America. Why is it important to know our history? Carter Woodson, who is credited with founding Black History Month was the premier Black historian to put for-ward the idea of African history as a form of Black cultural empowerment and emancipation.

In his view, the knowledge and dissemination of African history would, "besides building self-esteem among blacks, help eliminate prejudice among whites.'

He aimed both "to inculcate in the mind of the youth of African blood an appreciation of what their race has thought and felt and done and to publicize the facts of the Black among whites, so that "the Negro may enjoy a larger share of the privileges of democracy as a result of the recognition of his worth.

In a speech at Hampton Institute in 1921 Woodson addressed the issue head on: "We have a wonderful history behind us. ... If you are unable to demonstrate to the world that you have this record, the world will say to you, 'You are not worthy to enjoy the blessings of democracy or anything else' They will say to you, Who are you, anyway?

Your ancestors have never controlled empires or kingdoms and most of your race have contributed little or nothing to science and phi-

losophy and mathematics." So far as you know, they have not; but if you will read the history of Africa, the history of your ancestors' peo-ple of whom you should feel

they have a history the worth while. They traditions...of which yo boast and upon which can base a claim for a to a share in the blessin

democracy. Let us, then, study. history...with the un standing that we are no ter all, an inferior peop We are going back to beautiful history and going to inspire us to gr achievements. It is no ing to be long before w sing the story to the out world as to convince it value of our history...ar are going to be recogn

In his 1933 classic v The Miseducation o Negro, Woodson sho the fundamental prob concerning the educati the African person. He how Blacks have been cated away from their culture and traditions how as African people have attached oursely European culture often detriment of our own l

Who would believe example that, the musipartment of Fisk Unive a traditionally Black un sity, concentrated on cl cal European music to exclusion of the music expressed the Black ex ence in America, and E history and socio courses were rare and ceptional until after W

Or that French textb on African history taug African children on the rican continent, even to day, would treat French alism in Africa as a qualified blessing and jo the African?

If education is ever substantive and meaning within the context of N American and world his Woodson argued, it i first address the Africa historical experiences, in Africa and the Dias No nation, no race, served Dr. Charles Find the Morehouse School Medicine "can face the ture unless it knows wh is capable of. This is function of history." Thus, as James Wa

notes in his book, A His of Blacks in Canada: ". study of black history give blacks a sense of positive achievement their people, and pro self-confidence and s pride which are essenti any program of assert ness." Cornell Univer thor of Black Athena, acknowledged to "Eurocentric history taught in schools and unisities has had a very l

ego-boosting, if not th peutic, purpose for wh the idea that Blacks she have some confidence by

ing in their pedagogy."

There is a Swahili ac which says: "You are w you make of yourself, not what others make ye



or Tony Sinclair at 1-888-725-3503

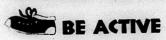


FIND OUT HOW TO

MAKE HEALTHY CHOICES



EAT WELL





WE'RE A HOT SPOT!

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Eat Smart! Restaurants

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Local Eat Smart! Restaurants include:

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For a complete list see our Web site or call 966-5513 ext. 226









EAT WELL

Do you think that the Canada's Food Guide to Healthy Eating recommendation to eat 5 to 10 servings of vegetables and fruit each day is too much food? In a national survey, 43% of people who think that nutrition is important reported eating more vegetables and fruit as one of the two top things they are doing to eat well. Join them. Check out the description of a serving size below to see how easy it really is to meet the Food Guide over the course of a day.

WHAT DOES ONE SERVING LOOK LIKE:



One medium fruit or potato the size of a tennis ball = 1 serving



A hockey puck size = 1 serving of fresh, canned or frozen vegetables or fruit



A little bigger than a deck of cards = 1 serving of fresh, canned or frozen vegetables or fruit



4 fl. oz. or 1/2 cup or 125 mL of 100% vegetable or fruit juice = 1 serving



1 cup or 250 mL of tossed salad = 1 vegetable serving

For a change of pace, this fragrant, flavourful stew combines Ontario winter vegetables with Mid-Eastern spices to give a satisfying meatless meal. Serve with pita bread or rice.

Bart Blackburn prepares a Mighty Vegetable Stew with Sarah Backus, Registered Dietitian at Gateway Community Health Centre in Tweed. Bart is a member of the Friends and Neighbours group which received recognition from Heart Health Hastings Prince Edward for their heart healthy community event. Try this tasty winter vegetable recipe to get the vitamins, minerals and fibre you need for a healthy heart.

Mighty Vegetable Stew

Ingredients

2 tbsp (25 mL) 3 doves

1 tbsp (15 mL)

11/4 tsp (7mL)

1 tsp (5mL)

1/2 tsp (2mL)

vegetable oil garlic, minced large onion, peeled and cut in

gingerroot, minced

ground cumin ground coriande black pepper or dried chili can tomotoes, diced

1 (28 oz/796mL) 5.5 fl oz (156mL) 2 cups (500mL) 2 cups (500mL) 11/2 cups (375mL)

tomato paste rutabaga, bite-size cubes carrots, thickly sliced button mushrooms whole or large mushrooms cut in half

1 (19 oz/540mL) 1 cup (250mL)

2 cups (500mL)

frazen peas can of chick peas, rinsed well and drained, or canned kidney ns, navy beans or lentils raisins (optional)

For garnish: (optional) sprinkle with

chopped Italian parsley or cilantro, and chopped peanuts.

Preparation time: 15 minutes 45-55 minutes Cooking time: makes 7-8 servings

- 1. In a large saucepan, heat oil over medium heat.
- 2. Cook garlic and onion, add ginger, cumin, coriander and pepper - stir for 2 to 3 minutes.
- 3. Add tomatoes, tomato paste, rutabaga, carrots and bring to a boil. Cook for 35 to 45 minutes or just until tender. Stir
- 4. Add mushrooms, peas, chick peas and raisins. Cook for 8 to 10 minutes or until hot.
- 5. Serve on rice or in a pita. Sprinkle with parsley or cilantro and chopped peanuts.

ed from materials produced by Foodland Ontario. one vegetable recipes visit <=www.foodland.gov.on.co > or call toll free 1-888-4BUYONT.

MAKE HEALTHY CHOICES 111 APT



BE ACTIVE

Two-thirds of all Canadians are risking their health and quality of life through dangerously inactive lifestyles.

The top three reasons adults give for not being physically active are:

"I DON'T HAVE ENOUGH TIME..."

- Make fitness a priority for you.
- Book in activity time and stick to it like it was an important meeting
 - Take a brisk walk before having your lunch.
- Have a stretch break at coffee time.
- Find blocks of at least 10 minutes throughout the day to do something active that you enjoy.

"I CAN'T SEEM TO GET STARTED..."



- List good reasons to be active and what you will gain.
- Choose activities you enjoy.

 Get the support you need do things with a buddy or
- Write out your plan and reward yourself for accomplishments.

"I'M TOO TIRED..."

- Move a little more the more you move, the better you
 - Get started once you do, your energy level will increase. Enjoy deeper sleep as a result of being more active.

 - Pick the time when you are most energetic and try it you can do it!



Students Alex DeBruin, Grade 3, and Mike Smith, Grade 6, take part in Quality Daily Physical Education (QDPE) at Harry J. Clarke School. Marg Thompson (standing), Physical Education Specialist, co-ordinates QDPE activities at the school. She and Sharon Stickle (front), Public Health Nurse, are members of the (front), Public Health Nurse, are memoers or treat Heart Health School Working Group, which supports QDPE for all elementary schools ODPE class award. The group providing materials, teacher workshops and a QDPE class award. The group provided curriculum support resources in May 2000 to address tobacco use prevention and will distribute healthy eating materials to teachers this spring.



This photo was the winner of the Favourite Places to Walk Contest. Anne Pond and her family enjoy walking through Riverside Park in Belleville. For ideas on adding physical activity to your day, contact the Healthy Life Line at 966-5513 ext. 610.





Web site provides additional tion to help you make healthy s for a healthy heart!

- Heart Health quilt or a great place to go walking an Eat Smart! restaurant

You can find us at:

www.hearthealth-hpe.org or call us at 966-5513 ext 213





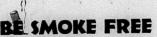


area libraries reco Heart Health resources recently. Here Joan Black (right), a member of the Heart Health Media Working Group, presents Picton's package to librarian Barbara Sweet. Find some new recipes in one of the heart healthy cookbooks in your local library.





The Heart Health quilt and accompanying display bring important message about worr heart health. Some members of North Hastings Quilt Club pose the quilt which was displayed at September show in Bancroft. To the quilt for your community event, 966-5513 ext. 301.



Smoking causes 30% of deaths due to heart disease. Smoking is not an easy habit to break. Few people are able to quit the first time they try. Many try several times before they finally succeed. It can be done.

When trying to quit smoking, a combination of methods gives you a better chance of success.

SOME SUPPORTS AVAILABLE ARE:

- Assistance from your family doctor or local pharmacist.
 Zyban a nicotine-free pill which may reduce withdrawal symptoms and the urge to smoke. Available by prescription only.
- Nicotine Replacement Therapy nicotine patches and gum partly replace nicotine from smoking and cut down cravings to. smoke. Talk to your doctor or pharmacist about this method.
- Free self-help quit smoking programs available through the Health Unit:

One Step At A Time for Adults One Step At A Time for Teens

Stopping When You're Ready for pregnant women who smoke

Program booklets contain facts, activities and tips to build self-confidence and skills to assist you in quitting. To obtain the free self-help program that's right for you, call the Health Unit's "Tobacco Talk" Line, at 966-5513 ext. 600. A few questions will determine which booklet should be mailed to you.

The One Step At A Time for Adults booklets may be viewed at the Canadian Cancer Society's Web site <www.cancer.ca/tobacco>. For information, advice and support when quitting call their Smokers' Helpline at 1-877-513-5333.

CHOOSE THE SUPPORTS THAT ARE RIGHT FOR YOU. YOU'LL BE GLAD YOU DID.

Wanda Dodds, Occupational Health Nurse at Invar Manufacturing in Quinte West, discusses the One Step At A Time smoking cessation program with employee George Haines. Wanda is a member of the Heart Health Workplace Working Group which distributes the Ticker Talk newsletter to 260 workplaces, three times a year.



HEART HEALTH HASTINGS PRINCE EDWARD IS A COMMUNITY PARTNERSHIP SUPPORTING HEART HEALTHY LIFESTYLES. WITH FUNDI FROM THE ONTARIO MINISTRY OF HEALTH AND LONG-TERM CARE, WE WORK TO PROMOTE CHANGES IN SCHOOLS, WORKPLACES AND

COMMUNITY TO MAKE IT EASIER FOR PEOPLE TO MAKE HEART HEALTHY CHOKES. STEERING COMMITTEE MEMBERS:

Algonquin & Lakeshore Catholic District School Board

Council for a Tobacco Free Hastings and Prince Edward **Gateway Community** Health Centre

Hastings & Prince Edward Counties Health Unit

Hastings & Prince Edward District School Board

Heart and Stroke Foundation of Ontario Quinte Healthcar Corporation

Madoc Review, Page 20 - Saturday, February 10, 2001 Learn about Local Health Services online

The Access Centre for Hastings & Prince Edward Counties can now be accessed through the Inter-

We are pleased to provide the public with another tool to access information about community health care", said Bob Kitcher, Chair of the Access Centre. The site offers information about the services offered at the Access Centre as well as links to other relevant health

As we are seriously unservices and resources in this region in terms of health and other community services, then Internet is becoming an increasingly vital part of the health care mix.

People can use the Internet to learn about health services available to them in Hastings and Prince Edward Counties so they can make informed choices about their health'

www.hpeccac.on.ca. Visitors can request additional information about Access Centre services by emailing the office through the web

The Access Centre for Hastings and Prince Edward Counties provides services to roughly 2,800 people daily at a cost of \$20 million an-

Demand for services is The Access Centre web expected to grow by another dress is 6% this year.

dinates community nursing, homemaking/personal support, physiotherapy, occupa-tional therapy, dietic coun-selling, speech language pathology, social work, men-tal health, provision of equipment for some health, supplies and some drugs.

In addition, the Access Centre coordinates all admissions to Long-Term Care Facilities for the residents of Hastings and Prince Edward Counties.

Farmer's Displeasure

Ontario agriculture minister echoes farmers' dis-pointment over industry crisis being ignored

Ontario's Minister of Agriculture has echoed the disappointment of the prove's farmers over the federal government's failure to address the current agriculture crisis in its throne speech. Ernie Hardeman said the plight of farmers not only in Ontario but across the country is well-known, especially among grain and oilseed producers.

However, the only men-tion of agriculture in Tuesday's throne speech focused on research and technology.

"I am disappointed that there was no mention of farm support issues, Hardeman said last week.

"Everyone involved has been making their position issues."

very clear. I think it is a problem that needs to be ad-«dressed."

In a press release from his office, Hardeman noted that three federal cabinet ministers had made campaign promises that money would be coming forward in farm relief.

'Coming from the school of thought that says a prom-ise made is a promise kept, I am concerned with this lack of action," he said.

"I think we do need to have a meeting of all provin-cial ministers on this," he said. "Hopefully, in the very near future we can have a meeting with our federal counterpart to discuss the

Canada to Disaster-**Proof Critical** Infrastructure

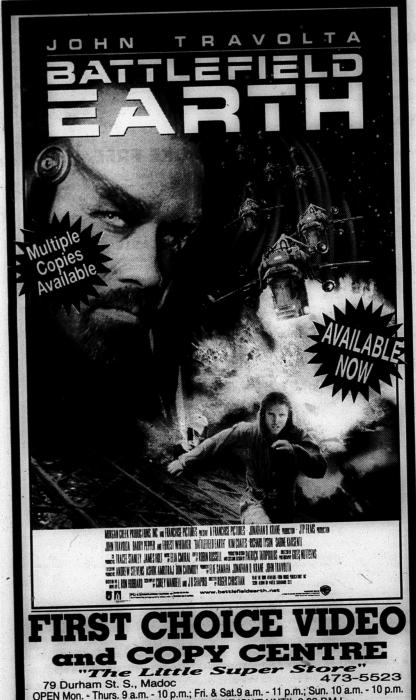
Canada created a new organization recently to protect key elements of the country's communications, transportation, safety and utilities networks from civil emergencies, natural disasters or deliberate attacks. Prime Minister Jean Chretien said the new Office of Critical Infrastructure Protection and Emergency was needed to ensure the country's crucial information technology networks could survive any kind of calamity, including cyber-crime. The new of-fice, to be headed by Margaret Purdy, the associate deputy defense minister, will also take over the work of Canada's emergency preparedness department. Chretien said the new office would focus on protecting key components of the energy, utilities, communications, services, transportation, safety and government sectors -- all of which are heavily dependent on information technology. "The protection of Canada's critical infrastructure from the risks of failure or disruption is essential to assuring the health, safety, security and economic well-being of Canadians," he said in a state-ment. "We will also be able to build strong partnerships to ensure the protection of our shared North American infrastructure." The Department of National Defense said Canada would start con-

sulting private industries, the country's provinces and ter-ritories, as well as key international partners -- in par-ticular the United States. 'Disruptions in one infrastructure could produce cascading disruptions across a number of other infrastructures, with significant economic and social consequences to Canada and Canadians," it said in a statement. "The changing nature of our critical infrastructure dependency has brought us a more complex risk environment with the possibility of failure or disruption based on accidents, natural disasters or deliberate acts."
Chretien said that while
Defense Minister Art
Eggleton would be the lead minister on the issue, he would work closely with other members of cabinet such as Solicitor-General Lawrence MacAulay, who is in charge of law enforcement. The defense ministry said the program could also help ensure the success of Internet businesses, which depend on establishing consumer trust in the security of privacy of information networks.

"Strong and safe com-munities will benefit from assured emergency and gov-ernment services and from the ability of law enforcement to deal with serious crime, including cyber-crime, it said.

Heaven has no rage like love to hatred turned.

Nor hell a fury like a woman scorned. William Congreve, The Mourning Bride



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Vol. 124

No. 7

Saturday, February 17, 2001

Canadian Publications Mail Product Agreement No. 428760 Includes GST

Beatlemania....Again

by Alma Fox

The long and winding road of the baby boomers has brought us full circle, it seems, as we see bell-bottomed pants, platform shoes and long straight hair in style once again. Who would have thought it? We "protested" our way through the Beatles, "hustled" our way through the disco 70s, almost gave up on the "non-happening" music of the 80s, and the 90s brought us so many new young groups that we just couldn't keep up. (Was it our advancing age??)

My generation remembers exactly where they were when they first heard the Beatles singing "She Loves You". It was the beginning of a metamorphosis in music, culture and society. It was the era before we had kids and mortgages and definitely before we had any serious relationships.

Undoubtedly, my mother was right. "Simply fantastic!!", she would say about the Beatles. I was writing for the old Toronto Telegram at that time, in the early 60s, and had the great fortune to interview them backstage at the concerts.

e concerts.

I had to pry my mother

from my back as she was quite furious she couldn't come with me. My daughter was trained on Beatle music right in her high chair and knew the Beatle songs long before she knew addition and subtraction.

This past Christmas night after an orgy of turkey and trimmings, and several very fattening desserts, the whole family collapsed in the living room in front of the fire. Exhausted, and finished with our day, we were to find that Ashley, our four (going on 12) year old granddaughter, was not finished with hers. Amid the heaps of exciting new Christmas toys and ex-pensive games, Ashley had "nothing to do". Her Grandpa, not to be outwitted, suggested she listen to music on his walkman. Well, he put on the Beatles 1 CD....and it was history relived! Love at first note. When I heard those first few notes of Beatle music, all those many years ago I certainly never imagined I would be playing it for my granddaughter. (How did I ever get to this age anyway???). She actually sat still, in one place, for more than a minute and after hear-

ing the songs only twice, she began to memorize the words. That makes four generations of Beatle maniacs in our family.

How does their music transcend the generations? What is the magic? How could they have the top selling CD of the year 2000, when it was only released on November 14 of that same year?

I don't have all the answers, but what I do know is that if I'm a little down and sick and tired of shovelling snow, and can't afford a vacation in a sunny place, I can put on some Beatles music and I feel a little brighter, a little better. A bit more optimistic. Beatles I is probably the best antidote right now for the winter wearies. As my mother would say, they're simply fantastic!

Oh, one last comment before I close; my daughter and son-in-law get many a chuckle when Ashley rides in the car with them, listening to a walkman, and in the midst of their perfectly quiet companionship they hear that little voice from the back seat singing "yeah, yeah, yeah".



Pictured with Jim Roulston, Manager of the Madoc Toronto Dominion Bank ar Library Board members Dave Shulz and Gayle Ketcheson. Mr. Roulston is pres cheque in the amount of \$2500.00 for the new library construction projet. F Aubrey Johnson

Community Giving Progra

Our Focus is... Contributing to our communities...

Contributing to the growth and vitality of our communities is a core value at TD. Through the TD Community Giving Program, we provide support to hundreds of charities and non-profit organizations across Canada.

Our donations are focused primarily on children's health, welfare, safety and education.

On children and youth... Children and youth are the focus of TD's giving pro-

gram and white donations are made in all areas, we allocate a major share of our overall giving to fund organizations that benefit young people. The reason is simple - we care about the future of our children. Student financial assistance is an area of particular focus.

For this reason, a substantial portion of our giving has been designated to establish the TD Bank Financial Group Bursary at universities across the country.

across the country.

We strongly believe that if we really want to make a difference over the long

term, we must loc needs of children. so, we hope to contribute for Cathe communities of operate.

Contributing to

tions that support and youth is part of that future brighter direct dc sponsorships, gift and employee vol TD supports a hos regional and national dren's programs ing health, safety

Hydroponic Marijuana

Crime Stoppers and area police services are seeking the pub-

assist-

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porting

juana i n g

mari



be-

grown indoors.

The term "hydroponics" is used for all indoor growing of marijuana and it takes specific equipment and con-

ditions to grow these plants to produce the chemical content desired.

Sodium or metal halide lighting, which produces a simulated sunlight and heat are needed as well as elec-

are required to enhance the electrical output. Walls are lined with reflective material such as aluminum foil to again produce the sunlight effect.

trical transformers, which

If you notice the high in-

tensity lights, the shiny wall coverings, the buzzing of electrical transformers and the smell of growing marijuana, then you probably have found a hydroponic growing system.

growing system.

The cultivation of marijuana is a crime. Crime stop-

Upcoming Forum

The Hastings and Prince Edward District School Board will be hosting a special education community forum at various locations

over the next few weeks.
On Wednesday February
21, from 6:30 to 8:30 pm,
the meeting will take place
at CHSS.

Avariety of topics, including identification and placement processes, individual education plan standards and a question and answer peiod will be addressed.

pers will pay up to \$1000 for information leading to the arrest of persons, the seizure of drugs or recovery of stolen property. You never have to give your name or testify in court. Crime Stoppers does not subscribe to call display nor any other form of caller identification. Call Crime Stoppers toll free at 1-800-222-8477.

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- Canadian Tire
- A&P/Ultra
- Shopper's Drug

Please notify the Marmora Herald at 1 888 725 3503 if you do not get the fivers listed

If you do not get a newspaper delivery, please call: Debbie at \$13-391-0827 (9:30 a.m. - 6:00 p.m., Monday to Friday) or April at 613-391-0823 (8:30 a.m. -



Currently at 70% of its required funding, the new library will replace this or residents have become used to seeing as they go about their business in Made residents have become used to seeing as they go about their business in Made residents with the remarkable of the new facility to be more in line we environment and community needs. As such, the vision of the new facility will an all encompassing cultural centre, housing the library's eclectic collection state-of-the-art computers and culture showcase. Photo by Aubrey Johnson

"Ability is what you're capable of doing. Motivation determines wha Attitude determines how well you do it."

ladoc The Review

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-- PAM HALFORD, Accounting
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Published every Saturday by

Cembal Publications (1981) Ltd.

Stirling Denews-Argus

De Citizen

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Madoc Township Council

The regular meeting of the Madoc Township Countries: The Sager-Burris: The Sager-Burris: cil took place on February 5. In attendance were Reeve G. Reid, Deputy Reeve R. Sager and Councillor G. Burris. Absent from the meeting were Councillors R. Robinson and M. Sniderhan.

Also attending the meeting was Road Superintendent T. Bruce. The meeting was called to order at 12:02p.m. (All motions were carried)

Burris-Sager: That the report of the Chief Building Official be accepted as presented.

Sager-Burris: That the Animal Control Officer's report be accepted as presented

Burris-Sager. That Council accept the resignation of Scott Adams and a letter be sent thanking him for his years of service.

Reid-Sager: That the min-utes of the January 2, 2001 and January 29, 2001 meetings be adopted as circu-

Reid-Sager: That Council support the Township of Cardiff WDO report.

Sager-Reid: That the correspondence items dealt with

Sager-Burris: That the minutes of the Madoc Township Recreation Committee be approved as circu-

Sager-Reid: That the mintes of the Madoc & District Recreation Centre Board be approved as circulated.

Sager-Burris: That the accounts of the municipality be approved in the total amount of \$128,674.61.

Reid-Burris: That the outstanding invoice for Charles Cassidy be added to the tax

Sager-Burris: That the Clerk write Mr. David Robinson advising that permits will be required for all future work done on the property currently being used for his residence.

Road Superintendent Tom Bruce attended Council meeting with a number of concerns.

Sager-Burris: That the Road Superintendent attend Mr. Carl Winterburn's property regarding his request for property adjacent St. Lawrence Street West to ensure that sufficient property would be available for future

construction and/or mainte-

Sager-Reid: That the Township prepare and advertise tenders for supply and delivery of approximately 20,000 tons of bank gravel for Madoc Township roads. Quarried material will not be accepted for the pur-poses of this tender.

Burris-Sager: That the Township advertise for quotations for rental equipm rates from contractors for the year 2001.

Sager-Burris: That the Township prepare and advertise tenders for supply and delivery of a new tan-dem snowplough truck. Burris-Sager. That Coun-

cil go into by-laws. 1039-2001 - set rate of remuneration for Council 1040-2001 - set rate of remuneration for Custodian/

Steward Amend 998-98 Schedule 'A" to include a \$100.00 fee for new Kennel License ap-

1041-2001 - 2 readings of to rezone Pt. Of Lot 5, Concession 9 from PA to RR

Sager-Burris: That Coun-

Burris-Sager: That Con-sent applications B5/01 and B6/01 be approved by Coun-

Th

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cil providing they pay the Development Charges.

Reid-Burris: That the
Township of Madoc pay to
the Madoc Public Library \$863.41 per month based on last year's budget until such time as a new budget is ap-

Reid-Burris: That the Madoc Township Fire Depart-ment work with the Ministry of Natural Resources and permit them to erect a sign on municipal property adja-cent Highway 62 for public information purposes

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Prayer Gathering

TUES. & FRI. 10 a.m

Minutes of Council for February 6, 2001. The meeting was chaired by the Reeve. Stead Covert was absent.

All motions were carried.

Wanda Donaldson-Dennis Foster. To adopt the minutes of the previous meeting as circulated.

Raymond Henley-Dennis Foster. To receive correspondence arising form the previ-

Raymond Henley-Dennis Foster. To employ Douglas Ramsey of RR#1 Eldorado to fill the position of Dump Site Super to commence April 1, 2001.

Dennis Foster-Wanda Donaldson: To approve payment of Vouchers #1 for roads and

Wanda Donaldson-Dennis Foster: To reappoint the Clerk to represent Council on the

Centre Hastings Medical Centre Board for term of Council.

Raymond Henley-Dennis Foster: To forgive the penalty on Roll#01521325 due to extenuating circumstances beyond owner control.

Raymond Henley-Wanda Donaldson: To set new rates for equipment and operator as follows: Loader \$57.00p/h; Grader \$72p/h; Steamer 55p/h; Tandem truck \$47.50p/h (\$80p/h with plow and sander). Time to be charged from leaving shop to return to shop.

Raymond Henley-Dennis Foster. To adjourn to meet on Tuesday March 6, 2001 at 7:00pm or at the call of the Reeve.

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great."

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11:00 a.m. Worship Servic
WEDNESDAY: 3:30 p.m. Club House
(oges 4-12)
7:00 p.m. Youth [14-18]
THURSDAY: 9:30-11:00 Lodies Bible

a.m. Study

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Kids Club
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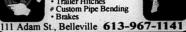
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CAROL JARVIS, ADMINISTRATOR



E-Books Barely a Blip on Publishing Radar

ou do not want to drop the bath, making elec books a tough sell after several heavynt technology compa-have jumped into the ted market.

eading an e-book is just eading a book ... but it's ess fun, more expensive heavier," Robert berg, an analyst with ther Research, said. t's not much of a mar-

far few readers have weaned from traditional and-paper books. Es barely show up \$96 billion U.S. coner electronics or pubng markets.

onsumers are turned off rt by the price, since the cost as much as reguooks; the gadgets start ore than \$100 retail and weigh as much as a cover volume.

ther complaints include ortage of books in the -to-read. There is also roblem of incompatible vare formats It's kind of like the

er of Babel out there. e are a lot of different ats," said Greg Winsky, utive vice president at klin Electronic Publish-Inc., maker of the

ey are hefty and pricey, *eBookMan reading device.

Electronic books are basically gadgets aimed at replacing printed pages with digital versions. Instead of taking books off a shelf, bibliophiles can download volume after volume into their electronic readers and erase them when they finish.

But downloading can be cumbersome. For example, digital books in Microsoft's Reader format have to be shunted to a personal computer or laptop before they can be switched to a handheld device.

Experts predict e-books are more likely for now to be used for textbooks or reference works, rather than for entertainment, because they can be searched by keywords and it is easy to up-

In a significant textbook deal, startup software company Rovia Inc. last week inked a deal with textbooks publisher Houghton Mifflin Co. to deliver material online.

E-BOOK USE SEEN JUMPING BY 2005

Current e-book usage is tiny, considering the poten-tial market. A survey by Jupiter Research put the number in use in the United States at only 100,000, but Jupiter forecast 1.9 million users by 2005 as prices drop and quality improves.

Electronic books "cost crystal display screen. It

too much, and they don't look good enough at the moment," said Malcolm Maclachlan, an analyst with IDC, a research firm.

"The prices are way too high, so we think there will be a relatively slow customer adoption," said Jupiter's Hertzberg.

A report from Forrester Research estimated revenues from digitized book publish ing at \$7.8 billion in 2005, up from \$838 million this year. The high-speed printing of books from computon demand makes up about half the market.

Sales of books designed to be downloaded and read on special devices are ex-pected to rise to \$251 mil-lion from just \$12 million this

year, according to Forrester. Richard Doherty, director of research at technology assessment company Envisioneering Group in Seaford, New York, said copyright restrictions and accords limiting distribution of material would limit wider use of e-books. But he said a sleeker display screen from Japan's Sony Corp. could attract readers

Sony unveiled an organic electroluminescent display screen last week that is just a little thicker than a credit card and is aimed at replacing the ubiquitous liquid

hopes to start mass-producing them by 2003.

"These devices are still being adopted faster than CD players and VCRs (video cassette recorders) were when they came out, Doherty said.

Devices now on the mar-ket include Franklin's handheld eBookMan, which can also store appointments and play digitized music, and the REB 1100 and 1200 eBooks from RCA.

These gadgets have com-petition. Readers also can download material to read on

personal computers or on pocket computers, such as the Palm series.

At the start of 2000, the technology side of the business was wide open. Upstarts like Glassbook and Softbook Press were elbow-

ing for leadership.

But by the start of this year, Microsoft, publishing software maker Adobe Systems and media and software company Gemstar-TV Guide International controlled the most popular software and hardware for read-

They have staked out big chunks of the market by buying up competitors or marketing new technology. For example, Microsoft, the world's biggest software company, has come out with both handheld and personal computer versions of its Reader software.

According to Microsoft, more than 750,000 copies of Microsoft Reader software have been sold since it was launched last August. Microsoft rival Adobe launched its Acrobat eBook Reader program on Jan 29.

School Uniforms

Where They Are and Why They Work

A safe and disciplined learning environment is the first requirement of a good school. Young people who are safe and secure, who learn basic values and the essentials of good citizenship, are better students. In response to growing levels of violence in our schools, many parents, teachers, and school officials have come to see school uniforms as one

Desitive and creative way to reduce discipline problems and increase school safety.

They observed that the adoption of school uniform policies can promote school safety, improve discipline, and enhance the learning environment. The potential benefits of school uniforms include:

decreasing violence and theft -- even life-threatening situations -- among students

over designer clothing or expensive sneakers; helping prevent gang members from wearing gang colors and insignia at school; instilling students with discipline;

helping parents and students resist peer pressure;

helping students concentrate on their school work; and

helping school officials recognize intruders who come to the school.

Many private and parochial schools have required uniforms for a number of years. Still other schools have implemented dress codes to encourage a safe environment by, for example, prohibiting clothes with certain language or gang colors.



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McComb, Broek shine as Rebels grab playoff lead

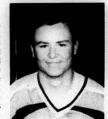
By Rolly Ethier

Campbellford--With Jamie McComb providing much of the offensive thrust, the Campbellfod Rebels stormed from behind a 4-1 deficit to take over the driver's seat in the Empire League junior C semi-finals.

Rebels emerged 7-5 winners over the Picton Pirates in the opener of the best-ofseven series. The teams meet again Thursday night in Picton and then return to Campbellford Tuesday night for game three in a 7:30 p.m.

Trailing by a three-goal margin after the Pirates popped in two goals, both by Wayne Brown in the early minutes of the second period, Rebels launched their comeback after a goaltending switch. Coaches Tom Tanner and Ed Stapley gave Ed Stevens the hook in favour of Jordan Ashley.

Then McComb worked



Ryan Broek

with Ryan Broek, on the scoring play that appeared to get the Rebels' juices flowing. Then, in rapid succession, Kevin Cork, Adam Hagerman and Cork again all connected and suddenly the Rebs were in front 5-4. Broek was a playmaking dynamo as he assisted on three of the goals. Overall, his productive performance included being involved in five of the seven Campbellford

Picton took a 2-1 first ing.

period lead as Darren Raycroft and/Tim Pope connected to offset an opening goal by defenceman Ryan Binkley on a pass from McComb.

Pirates Outshot

Although Rebels outshot the visitors 30-17, goalie Nick Vangemeren kept the Pirates in the game with some outstanding stops. But the Rebels didn't ease off and kept coming at the Pirates in the final period.

Broek, working with McComb, scored a key goal at the 16:38 mark, only to have the Bucs come battling back about 90 seconds later when Mark Allen scored to cut the Campbellford margin to 6-5.

It stayed that way until McComb put the verdict beyond doubt on a three-cornered play with Binkley and Broek with only four minutes and 36 seconds remain-

"It is similar to the Moth-

ribbon

a m -paign,"

Ritchie

of the

Health

The

Com-

mittee

will

pro-duce

ers Against Drunk Driving

Agricorp will process registration of farms

Port Hope--Northumberland Federation of Agriculture is working with the Ontario Federation of Agriculture and Agricorp to ensure the successful transfer of Farm Business Registration from OMAFRA to Agricorp.

Agricorp has agreed to a contract with OFA and OMAFRA to process Farm Business Registrations in the next three years. Registra-tion of all farmers grossing over \$7,000 in Ontario began Jan. 1, 2001 and continues until March.

Registration forms will arrive according to the fifth digit of the farm postal code. As an example, A-J will arrive in January and so on through the rest of the names

in order. Farms pay \$150 to OFA through the registration process to fund OFA's work on behalf of farmers in On-

"The Farm Tax Assessment Rate and Retail Sales Tax exemptions on farm inputs, including building materials are just a couple of examples of OFA working for farmers," says John Boughen, NFA President.

It's also important to remember that \$25 of the member fee for each farm comes back to fund county activities in Northumberland The NFA newsletter keeps local farm news circulating. NFA sponsors workshops and provides information on farm vehicles -- Rules of the Road, Farm Safety Nets,

Hydro restructuring and Rural Water Quality issues.

In addition, NFA provides assistance for the "Field to Food" Agricultural Awareness Event to educate school children about food production and helps sponsor the Rural Ramble Farm Tours. It also supports other farm groups in the county.

Northumberland Federation of Agriculture is also part of a major study presently under way on the economic impact of agriculture in Hastings, Prince Edward and Northumberland coun-

ties.
"This study will emphasize to local and provincial officials the economic im-

continued on page 6-A

Local group offers refurbished computers for charities, non profits This is a great initiative

They are also looking for donations of useable equipment

Peterborough Cty. - A new local group that offers refurbished computer hardware and technical support to charities and non-profit organizations has been launched in Peterborough.

reBOOT north, a joint enture between reBOOT Canada and the Community Opportunity and Innovation Network (COIN), is dedicated to making affordable computer technology available to organizations throughout eastern and northern Ontario servicing communities in the entire 705 and 613 area code re-

A release announcing the organization's start-up was tabled at Asphodel-Norwood Council Monday night and received a strong endorsement from Deputy-Reeve Cathy Turner.

for people constantly up-grading their computer equipment," Mrs. Turner

And while it can serve as an important conduit for charitable organizations looking for affordable computer technology, it is also a unique way of diverting this sort of hardware from the waste stream, something Susan Sauve, Waste Management Co-ordinator for

Peterborough City, applauds. Indeed, the organizations goals are to get technology out into the community and away from the waste stream, says Terry Rees, reBOOT north marketing

reBOOT north accepts operating 486DX PC's and Pentium computers as well as working parts and peripherals for these systems. They say that 14 inch SVGA monitors and inkjet, bubblejet or laser printers are always in demand as are surplus laptop computers.

Anyone interested in donating equipment is invited to

call the organization at 705-749-5815. The will receive a tax receipt for the market value of computer equipment donated that is considered saleable -- market value is determined by edeal.com, an on-line evaluation system. Donations of five or more systems can be picked up by reBOOT north.

Charities or not for profit organizations (they must have a registration number) interested in purchasing a system can contact the office for details. The packages include a CPU, a colour monitor, keyboard and mouse. Customers are responsible for the pick up or shipping arrangements as well as setting them up. The packages come with a 30-

reBOOT north also says it will offer service on the systems it sells and can upgrade systems to customer pecifications. Inventory

changes daily.
Staff and volunteers provide service and support to

Continued on Pg. 11-A

Yellow ribbon campaign targets aggressive drivers

ing the

about

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driving

late win-

ter and

By Bill Freeman

Asphodel-Norwood -Area residents will be encouraged to attach a yellow ribbon to their vehicle as part of a new campaign led by the Safe on Seven (SOS) Committee that kicks off Feb. 22 and targets aggressive driv-

With special funding provided by the Auto Insurers Bureau of Ontario, the SOS Committee and a number of key partners, including the Kawartha OPP, the Ministry of Transportation, the City-County Health Unit, Peterborough County and the Road Safety Values Program (RSVP), will officially launch the campaign during a special launch at the Asphodel-Norwood Council as it was last year.

Chamber Thursday (11 am).

The Yellow Ribbon camwill focus on educat-

"Help us remind everyone to drive safely by tying this ribbon to your vehicle. Together we can stop aggressive driving. it takes everyone." Yellow Ribbon Campaign flyer

usher ing in another concentrated sive Driving Kills" flyers enforcement initiative during the peak summer traffic periods if funding is secured.

5,000 "Agoreswhich will have yellow ribbons attached to them.

Continued on Pg. 6-A

Fime to review catalogues for seeding

By Madeline Simpson On Monday night, Feb. th, the Campbellford and istrict Horticultural Society eld their first meeting of the lew Year at Jenkin's Hall ith a good attendance.

Before the meeting, memers lined up to renew their nembership--a busy time for Dorothy Thomson, memership convenor.

Glenn Bennett, president, velcomed members and newcomers, amed the new executive and irectors for the Year 2001. le explained that the year ook would be ready for the March 5th meeting. He and Mary Weilandt have arranged or speakers for future programmes.

Marina Botsford explained how to borrow books from our library and showed a new book to be added entitled "Growing

Plants and baskets on the Sale Table quickly disappeared before the meeting began. Glenn listed some of the garden shows as follows: March 15-18--International Home and Garden Show at the International Centre, Toronto; March 14-18--Canada Blooms at the Metro Convention Centre, Toronto; March 30, 31, April 1--Spring Time in Quinte, Belleville; April 13-14,-Garden Show, Peterborough at the Evinrude Centre.

Blooms Show

Mary Weilandt announced ans to have a bus leave from Warkworth to Canada Blooms Show is in progress. A group of 45 at a cost of \$30 per person is needed. Lois Bennett judged and

reported on the mini-show which featured evergreen designs, Valentine swags, a pencil sketch of something new for the 2001 garden, a container of a variety of house plants and show-offs. Robert Lisle showed bird-

feeders made from large plastic juice bottles with panels cut out, and a wider tray (an aluminum pie plate or cut-off bottom of plastic pail). It is fastened by a screw nail to the base of the bottle and a hanging hook or wire attached to the top.

Glenn Bennett conducted the usual February pro-gramme. Stokes Seed Catalogues were handed out, members went into small groups and looked up information on specified flowers or vegetables that would grow best in Zone 5B. These are some of the choices:

Asters--Mostly fall blooming (120 days from seeding) such as Dwarf Pot Asters, Mini Lady; Spider Asters, Massagno Mix; Ti-ger Paws; P:om-pom Mix; Matsumoto Blooms 90 days after seeding, an early variety, if interested in showing at the fair.

Geraniums--If grown from seed they need to be

planted now. A good bloomer with large flower heads is the Maverick series-

-Star is particularly beautiful.

Marigolds--Janie series (deep organge); Bonanza, and African Hybrid, Dia-

mond Jubilee (large).

Petunias--Celebrity or Storm series stand up to wet weather. Fantasy--early blooming; Daddy Mix--dark veined; Grandiflora (double); Purple Wave--try starting

new plants form cutting.

Snapdragons--La Belle Mix--azalea flowers, basebranching which is impor-tant; Rocket Blend--tall and may need staking. Plant in clumps for support.

Zinnias--Try to choose a series that is resistant to red colour.

powdery mildew, such as Giant Dahlia Flowered-early blooming; Dwarf Button Mix, Lilliput or pom-pom-all small and double, spray growing plants for mildew.

Cosmos--Ladybird mix, small, double yellow, orange, red. Large flowered tall-Picotee and Sonata Mix selfseeding.

Peas--Sugar; Lincoln; Green Arrow, Wondo--seed in mid-summer for a fall

Cucumber--For slicing: Straight 8; for dill--Pioneer; for pickling--Bush Baby, pro-

Tomatoes--Heinz; small fruited--Sweet Million; Capri--for sauces, has a deep



Magical goaltending: Curtis King of the Legion Branch 300 juvies has been sensational in net for the Hornets during their excellent OMHA playoff tussle with the Percy Bulldogs. Despite King's heroics, the smooth-skating Bulldogs have jumped to a 2-0 series lead after winning two, 2-1 games in overtime. Photo/Bill Freeman



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Mirror, mirror on the wall, Who's the fairest babe of them all? They're all sweet, We know that's true, But the decision will be up to you!

All ballots for the Baby Contest MUST be at the Head Office NO LATER THAN 5:00 p.m. on Friday, February 23rd

The winning babies will be published in the Midweek section on March 3rd, 2001

Thank you.



TRIP PLANNING

To ensure everyone has fun, answer these questions when planning a day trip:

- · How long is the ride?
- Is this intended as a family trip or a more aggressive ride?
- Is everyone suitably equipped and fuelled?
- · Where will gas be available?
- · When/where are rest and lunch stops?
- · How long between stops?
- · What kind of riding should we expect (eg. lake crossings, abandoned rail lines, open fields, forest, etc.)?
- Does everyone have a map of the proposed route?
- Does anyone have to be back by a specific time?

FAST FACT OF THE WEEK 85% of riders enjoy Ontario snowmobiling very much.

For snowmobiling information, contact the Ontario Federation of Snowmobile Clubs www.ofsc.on.ca or (705) 739-7669





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Senior Hornets, Wolves tangle in exciting match

Asphodel-Norwood - The Norwood Senior Tyke Hornets faced off against the Otonabee Wolves Sunday in a fast-paced and exciting match with the Hornets earning a hard-fought 7-4





#94 JOSEPH (boy)

OOPS! We missed one babu in last week's contest.





Everyone had their stick on the puck at one point or another during the contest. The Tykesters have developed into a great little "team" and showed off their shotblocking, passing and rush-ing skills during the game against Otonabee.

Zack Aker made some great saves keeping the score where it was

Adding their name to the score sheet with goals/assists were Angela Crowley, Blake Anderson, Joshua Bucholtz, Brandon Kingston, Dylan Brightman, Casey Fleming and McDougall.

The defence of Chase Baptie, Nicole Terry, Mitch-ell Klompmaker, Blake Redden, Clinton Coppaway and Evan Calder had a terrific game holding the Wolves out of the Hornets' end for most of the game and pushing the puck forward for all those scoring opportunities





Young Conservationists: members of the Asphodel-Norwood Young Conservation Club were hard at work Saturday building bluebird houses. Twenty-two young people turned outlaing outcome nouses. Iwenty-two young people turned out for the Town Hall "workshop" where they were helped along by members of the Norwood Lions Club. The material for the birdhouses were pre-cut by Lions members Ron Scott Photos/Bill Freeman and Earl Oliver.

Havelock humanoids hurl headers...twice

By Eileen Young

Hastings - On Jan. 29, the Havelock Monday After-noon Ladies League did the best they could in spite of the

noon Ladies League did the best they could in spite of the head-pins and cursed corner pins that refused to go down.

Marg Greenly did well with her games of 185 and 217 and triple of 572; Wanda Greacen, one of our dedicated spares, did extremely well bowling 169 and 180 and a triple of 459; Joan West came on strong with her great games of 144, 154 and 130 for a triple of 428; Camille Edwards bowled a game of 161; Marie Kirby had a good game of 133; Eileen Young came out of her slump long enough to bowl 222 and a triple of 582 (she was in last year's AIL, American Income Life Canada, Association Executives Championship) and Blanch Gordon had two games of

Julie Norbury came through with a game of 203; "Twinkle Toes" Judy Ellidge had a good day with her 189 and 200 and triple of 540; Donna Finney had a game of 167; Peggy Smith bowled a 172 and triple of 463, Margo Masson reached the tip of the gang with her great games of 239 and 222 and a triple of 611; Gerri Greenwood had a game of 190 and Heather Pflanzer, who was in last year's On-tario 5 Pin Bowlers Association Team Tournament, Bowl-ing Proprietors Association National Classic and Score Gold Points Holiday Classic, bowled a good game of 233.

And on Feb. 5 we had Wanda Greacen with a game of 133; Joan West with a 134 and 133; Sandy Toms with 184: Glenda Glenn had a 185 and 172; Marie Kirby with 184; Glenda Glenn had a 13 and 17 and 184 and 185; Alma Hennigar with games of 135 and 138 and a triple of 393; Ann Hutton with 213; Judy Ellidge with 174; Peggy Smith with 173; Carole Trumble with a great game of 174; Margo Masson was our heroine with her 210 and 220 and a triple of 596; JoAnne McParlan with a super 240 and 204 and triple of 625; Sheila Lyon had a great game of 171 and Cathy McMillan is on the comeback trail with her game of

Aggressive driving target of vellow ribbon campaign pinfall sound

Continued from Pg. 4-A

These flyers will be distributed to residents living in the highway 7 corridor through local post offices. Posters will also used to get the message across.

The flyer, borrowing ideas suggested by the Na-tional Highway Safety Network, addresses "aggressive driving behaviour or habits that endangers other road users.

"There are no accidents. Driver error is the number one cause of injury," the flyer states.

'Help us remind everyone to drive safely by tying this ribbon to your vehicle. Together we can stop aggressive driving. It takes everyone

Information sign boardswill also play an important

Senior OPP Constable Deb spring. Belisle

Senior Const. Belisle says she hopes to be able to secure between five and seven boards that would be introduced in the area during the month of March.

"Real asset"

"They can be a real as-set," Senior Const. Belisle said during an SOS meeting last week at the Asphodel-Norwood Community Policing office. Representatives from both the Asphodel-Nor-wood and Havelock-Belmont-Methuen Police Committees and the Health Unit were also at the meet-

Senior Const. Belisle says the information boards will be especially important during the construction along the highway which officials hope will start sometime this

"I think the boards really work," she says. "If you put something on it people start thinking about it."

Build on successes

That has certainly been the case with the sign now located at the Kawartha De-

tachment, she noted.
"It does make the average citizen think. It does give it (the campaign) a certain level of credibility," says Mary Anne Storey, Chair of the HBM Police Committee and co-chair of the SOS Committee.

"We want to build on what previous committees have started," says Dieter Widauer, a member of the Asphodel-Norwood Police Committee

Senior Constable Belisle, who helped acquire grant money for last summer's RSVP initiative along highway 7, says she will be applying for funding again this summer but it will be for the entire county.

"All the money will not be spent here," she says. But if they are successful there will certainly be an en-

forcement component along

Highway 7. For this winter educaional initiative the Asphodel-Norwood and Havelock-Belmont-Methuen Police Committees have received \$3750 and \$3900 respectively. The money must be spent on educational activi-

Oh, that sweet

By Art Sels

Hastings - The Monday Night Mixed Bowling League had another evening where some bowlers shone and hit it big. It looks like the Valentine's bowlers were right on tar-

Just to let you know, Isabella and I are going to Varadero, Cuba for the next two weeks. With the winter we're having I'm counting the days until we are in a place where it is only between 32 and 35 degrees Celsius. I'll think about you when I'm wearing shorts. After we come back there will be a four-for-one report in the paper.

Remember, have fun and relax.

Results from action between the gutters at Dodd's Lanes in Hastings Feb. 12 included high single performances by Murray Beamish 284; John Glenn 281, 201, 198; Marjorie Wilson 278; Dale McColl 237, 197, 175; Dave Harper 228, 201, 197; Lori Zapletal 224; Fran Heffernan 216, 184; Glenda Glenn 212, 209; Malcolm Pacey 212, Art Sels 208, 207; Paul Cardwell 208, 193; Hart Gazell 199, 194, 174; Frigo Zapletal 193, 172; John Gilmour 180; Don Henry 179, 163; Bernie Heffernan and Ellwood Sweeting tied with 171; Helen Ward 169, 154; Fred Sauder 166; Katie Wilson 158,

154 and Isabella Sels with 157.

High triples went to John with 680; Dave with 662;
Dale with 609; Murray with 599; Glenda with 587, Arra with 5581; Marjorie with 578; Hart with 567; Fran with 552; Paul with 551; Malcolm with 548; Lori with 501; Don Henry with 478; Frigo with 462; Helen Ward with 460; Ellwood with 456; Katie with 452; John with 448; Fred with 434; Bernie with 418 and Isabella with 416.

Agricorps will process forms

Continued from page 4

pact of farms and agribusiness in our area. We need the

pact or rarms and agrousiness in our area. We need the continued support of farmers and the FBR process to make projects like this possible," Boughen commented.

Any farmer who has questions about the FBR process of would like to register for the first time can contact the office at 1-888-327-3678 or fbr@agricorp.com. You may also contact OFA member service representative lim Hair also contact OFA member service representative Jim Hair at (613) 962-9270.



Asphodel-Norwood...

On the police beat

Asphodel-Norwood - Kawartha OPP officers attended 60 calls for service in the Township during January -- 47 in Norwood Ward and 13 in Asphodel.

Incidents reported include:
Police assistance - 5, Norwood; 3, Asphodel

Police information - 2, Norwood Breach of peace - 1, Norwood False alarms - 2, Norwood

Snowmobile theft - 1, Norwood Motor vehicle accidents - 5, Norwood; 3, Asphodel

Mischief under - 5, Norwood; 1, Asphodel
Mischief under - 5, Norwood; 1, Asphodel
Disturbing the peace - 1, Norwood
Traffic complaints - 6, Norwood; 1 Asphodel

That Commond Assault - 4, Norwood Threatening - 1, Norwood Theft under - 3, Norwood; 1, Asphodel

Liquor Licence Act violation - 1, Asphodel Missing person - 1, Norwood Break and enter - 1, Norwood Auto theft - 1, Norwood

Unwanted persons - 2, Norwood Property found - 2, Norwood Suspicious person - 1, Norwood

Kawartha OPP Constable Chris Foster told Community Policing Committee members that he is impressed with the relatively low number of motor vehicle accidents in this area compared to other parts of the County.

"People (seem) to drive better on this side of the County," Const. Foster de-

Those OPP officers who signed the sign-in book at the Community Police office posted 24.5 hours during the

'Officers are becoming more aware of signing in, Const. Foster said.

Dieter Widauer, who chaired Monday's meeting, was hopeful that more officers would use the sign-in sheet to help make an accurate accounting of the number of hours the office was used by police.

Mr. Widauer was also

hopeful that they would take advantage of the second phone line which makes it easier for officers to conduct police business from the Norwood office.

I still have the hope that the office means something to the community," Widauer said, adding that having a visible police presence via the office is something the community should

support. Committee member Terry Low also pointed out that he has seen a dramatic and positive improvement in driving habits along Highway 7 at-tributing this to the aggres-sive traffic blitzes that have targeted the Peterborough-Havelock corridor.

"The guys on the high-way are doing a good job," Mr. Low said of the traffic units. "I have noticed the difference in traffic."

Const. Foster said that when he has been involved in radar use along the highway he has also seen an overall drop in vehicle speeds.

Domestic Assault
Adomestic argument Jan.
27th in Hope Township culminated in an assault. Police
said the assault involved a
20-year-old woman and her
38-year-old stepfather. A
charge of assault is pending
sensite the female against the female.



A Snowy Media Day-One of the worst snowstorms of the year greeted those attending the Media Day preceding the annual Warkworth Maple Syrup Festival at the Sandy Flats Sugar Bush. But the slippery roads and poor visibility failed to keep away two members of the new Campbellford Seymour, Percy and Hastings' municipal council. Mayor George McCleary gets help from Councillor Carol Hamilton in this race through the thick snow.

Percy B's are in fine playoff form

Warkworth - The Percy Bulldogs Novice B's continutheir stunning play-off performance with a solid 7-1 wover Colborne in front of a cheering hometown crowd Chad Sadler opened the scoring for the Bulldogs with assist to Philip McLaren. Other goals on the night went Lochlin Bicknell, Heather Orr and Jake Thompson. Assi were awarded to Brandon West, Jennifer Greenly, St Allen and Thomas Zapletal. Strong on defence were Jord Roddy, Brendan McDonald and Holly Doidge.

Brandon Brett stood tall in net for the Bulldogs when the travelled to Colborne for the rematch backstopping the test of a 3-0 win.

to a 3-0 win

Brandon West opened the scoring with Tom Zapletal a Heather Orr rounding out the scoring. Dana Dohe chipped in with an assist. Pushing hard on offence w Leno (Oscar) Mercieca, Philip McLaren and Chad Sad Continuing their winning ways the team was in Newcas and came home with another 3-0 win behind goals fr Jake Thompson and Lochlin Bicknell.

Jake I hompson and Localin Bickhell.

Bulldog notes: Special thanks to Kevin Doherty, Je
Thompson, Scott Sadler, Shawn Dale and timekeepers Fr
Zapletal and Ty Zapletal...With a play-off record so far
5-1-0, this team is certainly a success story...Well de

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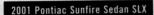


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Showing they care: The St. Paul's School community, led by a energetic group of grade one students in Jodi Rigley's class with lots of help from school secretary Ann Manley, have collected some much-needed items for the Asphodel-Norwood Foodbank Students at the school encourage others in the community to make a contribution to the foodbank.

PhotoBill Freeman

Quit Smoking 2001...

Provincial contest one more reason to quit smoking

Caribbean cruise for two one of the prizes

Port Hope - If you're thinking of quitting smoking, the benefits of kicking the habit have just increased.

Not only will smokers gain

better health by quitting, but now they have the opportunity to win a variety of prizes through the "Quit Smoking 2001" contest being offered throughout the province.

The contest, which was launched during National Non-Smoking Week (Jan. 14-20), provides encouragement and support to smokers to help them kick the habit for one month. Smokers interested in participating must register by the end of February and remain smokefree for the month of March to qualify for contest prizes.

The prizes include a Caribbean cruise for two, DVD players and a set of his and her watches.

"The idea is that if people can stay smoke-free for an entire month, they will feel encouraged to

smoke-free," says Cheryl Baker, a public health nurse with the Haliburton, Kawartha, Pine Ridge District Health Unit.

This contest provides a supportive and encouraging way in which people can make the change to a healthier, smoke-free lifestyle," Ms. Baker adds.

"It may take people more than one try before they suc-ceed at quitting smoking," she notes, "but each time they try they are one step closer to success.

"Everyone who enters this contest and quits -- even if it is just for that one month -will come out a winner whether or not their name is selected in the draw.

Quit Smoking 2001 is funded in part by the Ontario Ministry of Health and Long-Term Care and is supported by 57 local councils on smoking and health and public health units across the province

The Industrial Accident Prevention Association and the Ontario Tobacco-Free Network are also working in partnership on the contest.

This year's sponsors also

include CTV Television and GlaxoSmithKline.

Smokers participating in the contest are not expected to quit alone. As part of the contest, they must register with a "buddy" who can offer support throughout this month. As well, many of the organizations involved with the contest offer numerous educational materials and support resources designed to assist people to try to quit smoking

Smoking is the most significant cause of preventable illnesses, disability and premature death in Canada. Tomature death in Canada bacco-related disease kills 33 people a day in Ontario --12,000 a year in the prov-ince and 48,000 across Canada.

Cigarette smoking is the leading cause of cancer for both men and women and women who smoke during pregnancy have an increased risk of delivering a low birthweight baby. As well, more than one-third of all deaths from Sudden Infant Death Syndrome is due to maternal tobacco use.

Golden Age Bowling at Trent Valley Land

Thursday Golden Age (Feb. 8th)

Team Standings--As We Are, 96; Screwballs, 82; Pick-Me-Ups, 79; Tigers, 76; Bonkers, 70; Spoilers, 66; Scramblers, 57; Golden Oldies, 54.

High Averages—Thelma Lockhart, 196; Bonnie Kennedy, 195; Jeanitta Campbell, 179; John Koprla, 219; Harold Goodlet, 191; Ray Scarborough, 186.

High Singles Flat-Bonnie Kennedy, 263; Thelma Lockhart, 244; Bonnie Kennedy, 241; John Koprla, 324, 240; Don Cassan, Tom Smith, 226. High Singles With

High Singles Handicap—Bonnie Kennedy, 289; Thelma Lockhart, 268; Bonnie Kennedy, 267; John Koprla, 330; Tom Smith, Charlie Beamish, 269.

High Triples Flat-Bonnie Kennedy, 708; Thelma Lockhart, 682; Jean Leahy, 538; John Koprla, 764; Don Cassan, 641; Charlie Beamish, 561.

High Triples With

Handicap-Bonnie Kennedy, 786; Laura Scarborough, 720; Thelma Lockhart, 704; John Koprla, 785; Armin Hartwig, 757; Don Cassan,

(Feb. 1st) High Singles Flat-Tressa Glenn, 234; Leona Baker, 222; Doreen Holmden, 212; John Koprla. 297, 276; Len Kennedy, 240. High Singles With

High Singles With Handicap--Tressa Glenn, 296; Leona Baker, 281; Marg Cubitt, 215; John Koprla, 305, 284; Len nedy, 277. ligh Triples Flat-

High Tressa Glenn, 520; Lil Piercy, 515; Doreen Holmden, 513; John Koprla, 788; Tom Smith, 559; Charlie Banks, 554.

High Triples High Iriples With Handicap--Tressa Glenn, 706; Lil Piercy, 689; Marg Cubitt, 684; John Koprla, 812; Tom Smith, 706; Charlie Parks 650 Charlie Banks, 659.

Tuesday Golden Age (Feb. 6th)

Series Three Continued on page 13 Standings--Silly Willys, 33;

Carl Dorge, 193; Duncan Ulley, 185; Don Cassan, 181; Ladies: Marlene Harris, 190; Marie Bullen, 168; Shirley Brown, Shirley MacEwan,

High Singles Flat--Men: Carl Dorge, 245; Jack Gummer, 226; Don Cassan, 225; Ladies: Marlene Harris, 321; Joan Turner, 265; Jean Collard, 207

High Singles With Handicap--Men: Jack Gummer, 277; Carl Dorge,

C-Us-Go, 26; Canes and Crutches, 26.

High Averages--Men: John Turner, Joan Turner, Collard, 266.

> **High Triples** Carl Dorge, Cassan, 583; H 581; Ladies: Mai 676; Joan Tu

Shirley MacEwi High Trip Handicap--M Gummer, 721; I Gord Gardiner, Marlene Harris Herbacko, 66 MacEwan, 657

Crime Stoppers need

Peterborough Northumberland Crime Stopp public's assistance in solving three residential g

public's assistance in solving three residential g and-enters in Brighton.

During the overnight hours of Dec. 14th/1 on Iroquois and Ontario Street in Brighton v In all three cases, thieves first unscrewed light sensor lights and then forced open the garage. No items were stolen from the two garage Street. A 10-horsepower 28-inch snow blow compressor were stolen from the Iroquois St

If you have any information on these inci-other serious crimes, call Crime Stoppers.

reBOOT North offers refurbisl computers

Continued from Pg. 4-A

all clients. reBOOT north says it is always loc unteers with experience with computers wh to share some of their time and expertise. "Volunteers who contribute sufficient hou

"Volunteers who contribute sufficient noun north will receive a letter of reference notin on' experience that was gained by the exp says. "It is a great opportunity for students. reBOOT north has received financial support

man Resources Development Canada for its "As a partnership of COIN and reBO reBOOT north is going to bring affordable te

technical support to charities and non profit g north central Ontario," says Devon MacDo ecutive Director of reBOOT Canada.

Peterborough MP Peter Adams says the will be "an important vehicle for supportin economic development in our region." "Bridging the digital divide is an importa

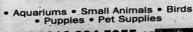
north is helping make that happen," Mr. Add
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tact office co-ordinator Linda Burfield at 705 by e-mail at reboot@on.aibn.com
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A most sincere thank you to so many kind people who sent cards, flowers, foot, telephone. The sent special heartfelt thanks to the superb girls from V.O.N. and Red Cross Homemakers who allowed Jim to be at home for a better quality of life this past year. We could not have named without you! We thank Dr. Harvey Williams and the hospital for their care, the Access Centre for co-ordinating all our home help, the Weaver funeral home, Rev. Jim Cullen for Jim's memorial service, St. John's U.C.W. for refreshments and our St. John's Choir family for they may so they were sent for the programment of the pr

CARD OF THANKS

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sat quietly in a chair.
Perhaps you sent a lovely card, or
sat quietly in a chair.
Perhaps you sent a funeral spray,
if so we saw it there.
Perhaps you spoke the kindest
words, as any friend could say.
Perhaps you were not there at all,
just thought of us today.
Whatever you did to console our
hearts, we thank you so much
whatever the part.
We also wisht to express special
thanks and appreciation to Aunt
Pina, Uncle Tony, Aunt Rosa and
all who helped for the beautiful
reception, the celebration of life.
Sincerely with love, Walter's children - Carole, Maureen & Ron.

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PERSONALS

S.W.M., 35 years, blond hair, blue eyes, D&D free, new to area and not into partying or bar scene which limits avenue's to meet which limits avenue's to meet S.W.F., 18-34, so I'm trying this (seeking companion for possible romance, marriage and family). If interested, nothing ventured, nothing ventured, and the signed Call Frank 613-474-1097.

SMOKING Cessation, pain and stress management with acu-puncture. Herbal Weight Loss Clinic. 613-473-4272.

MORTGAGES

FREE EXPERT Advice for borrow-ers. Consolidating or purchasing? Call Chase Financial 613-384-1301. Mortgages or loans. Private funds for problem circum-stances. Equity mortgages available without proven income.



Galloping gourmets: Executive members of the Royal Cultude Begins as swapped their suits for chef's garb last week when they hosted a special apprecia sight for members of the Ladies Auxiliary of Branch 300. With a salsa chicken restealing the show, and Erin Webb adding some after dinner music; the event was considered the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show and Erin Webb adding some after dinner music; the event was considered to the show adding the show and Erin Webb adding some after dinner music the show adding the show and Erin Webb adding some after dinner music the show and the show adding the sho a tremendous success.

Provincial contest reason to quit smoking

Continued from page 11

A National Population Health Survey (1996-97) in-dicates that 25 per cent of Ontario residents 12 years or older were smokers

Also, second-hand smoke contains more than 40 chemicals known to cause cancer and is one of the leading causes of preventable death in Ontario which spends more than \$1 billion ach year treating diseases related to tobacco.

There is good news, as well. Half of all smokers

questioned in a Canada-wide 1998 survey indicated they want to quit smoking and nearly 40 per cent of smokers in the survey said they have tried to quit in the past

One year after becoming a non-smoker a person's risk of heart disease will have decreased by 50 per cent.

Tobacco use prevention, cessation, education and enforcement programs reduce tobacco-related deaths and could help to save \$1.1 billion a year in health care unit.org

costs and \$2.6 billion in productivity.

- Saturday, February 17, 2001 - Page 13

The contest is open Ontario residents who daily smokers. They mu 19 years of age or olde is illegal to sell or giv bacco to anyone unde age if 19.

Participants must su their entry form by mid Feb. 28 to qualify. I forms are available the local health units. Reg tion can also be done or www.simoceh at

Library's first movie night a star-studded success

Asphodel-Norwood - The Asphodel-Norwood Public Library would like to than children and volunteers who came out to the first of its many movie nights. Organizers were extremely pleased with the turnout and they look forward to

good turnouts at future events.

For those who missed the notice of the first free movie night, the event is op children eight to 15 years of age. Popcorn and a pop are \$2. This week's movie w

Staff at the library would also like to extend a big thank you to Ed and Doreen for their generous donation of the microwave and popcorn and to the Library for r night. They are greatly appreciated and will be enjoyed by all.

To parents of pre-schoolers, please remember craft and story hour are held We

days from 2 pm until 3 pm at the Westwood Branch and Thursdays from 2 pm u pm at the Norwood branch.

Don't forget that the Library is on-line to use the internet for free. There is a ongoing book sale at both Branches -- for a mere \$1 you can fill a bag of books.

You can rediscover your library in Norwood Tuesdays from 2 pm until 5 pm; I days from 2 pm until 5 pm and 6 pm until 8 pm; Friday and Saturdays from 10 an noon and in Westwood Monday and Wednesdays from 3 pm until 6 pm; Thu from 6 pm until 9 pm and Saturdays from 10 am until 1 pm.

Protecting our natural heritage

Jean Fau is a chief park warden for Parks Canada. He and his colleagues protect the plant and animal life in our national parks. They also help Canadians explore and enjoy these special places. This is just one of the hundreds of services provided by the Government of Canada.

For more information on government services:

- Visit the Service Canada Access Centre nearest you
- Visit www.canada.gc.ca
- •Call 1 800 O-Canada (1 800 622-6232) TTY/TDD: 1 800 465-7735

Canadä



Turbulent midlife transition can lead to new path in life

When Doug Schmidt was in his mid-40s, he began to hear a call deep within him-self, an irresistible siren song luring him to an unglimpsed destination.

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on a voyage of self-discovand led to a richness of life he had never imagined. Schmidt had embarked on the midlife journey, an often emotionally stormy period of the 40s and 50s when one is confronted by an aging body. past regrets, unrealized as-pirations and the knowledge that the once-boundless future of youth now has a definite horizon

For many, midlife angst is sparked by a loss - a parent's death, the onset of menopause or a child leaving home to marry. For Schmidt, it began with the nagging realization that he gone down the wrong path in life.

It wasn't that he hadn't been successful. After going straight from his Kitchener, Ont., high school to a major

It was a call that sent him corporation, he rose through the accounting ranks to become vice-president of finance. But after 19 years, he was laid off when his company merged with another

He returned to accounting at another company, but the sense of another "person" inside clamouring for expression continued to grow.

"I always thought that there was a part of me that remained undeveloped. The general feeling I had was 'I'm not in the right spot,' says Schmidt, 56. "I realized that I didn't want to be doing financial statements for the next 20 years.

The turning point came when he took an adult education course called Recreating Your Life Journey, which revealed patterns of thought and behaviours that were keeping him stuck in an eddy of self-doubt and

made the big change, that I would have a doctoral degree, I would have told you you were nuts.

He also realized - even at midlife, perhaps especially at midlife - "that it's possible to turn your life around."

While many men enter this stage concerned about unrealized dreams, for women it is often linked to the physical effects of aging, especially menopause, experts say.

Lorraine O'Brien, 52, says she felt the first stirrings of the midlife reckoning in her early 40s and she is still dealing with its many changes

While she isn't in menopause yet, the single mother of a 17-year-old son admits to feeling emotionally topsyturvy at times. "I feel a bit weepy sometimes. And sometimes I feel, 'Wow, I have so much responsibility.' All of a sudden my son

I want to get on with my own life while I'm still young enough to enjoy these things and healthy enough

Far from fighting the midlife transition, O'Brien is embracing it because it has forced her to focus on what's important.

"I want to learn how to live my best life every day. Because every day presents me with choices, opportuni-ties, challenges. And the more graceful I can become, the better quality of life I can

have.
"I'm happy with my achievements, but I'm not finished yet.'

Schmidt has plied this difficult passage and reached the far shore of contentment.

Last March, he opened his own company, CareersPlus Inc. in Mississauga, Ont., and now counsels others dealing with a wide range of issues - from career change and personal

pists in redefining your life

The midlife passage can be especially hard on those who set their sights on a certain career goal, such as be-coming a CEO, but have failed to reach the top job.

"It can be devastating if you don't come up with al-ternative goals," says Gary Latham, an industrial psy chologist at the University of Toronto. One way to over-come the sense of loss is to become a mentor to others.

The question that lots of people ask themselves is 'What would I like to have as my legacy? What do I want to be remembered for?" Latham says. "At 50, there's plenty of time to say I am going to make a significant, lasting, enduring change

"Mentoring is a fantastic way to be remembered. You become a statesperson and you become highly, highly revered in the organization.

The self-esteem is phenomenal because everybody says that because of her or him, I am where I am today.'

Why Worry

"He treats us like men. He lets us wear ear-rings." (1991) Torrin Polk, University of Houston receiver, about his coach, John Jenkins

Everything that can be invented has been invented Charles H Duell, US Commissioner of pat-ents 1897

"There is no reason for any individual to have a computer in their home" Ken Olsen, President of Digital Equipment Corporation (DEC) 1977

Some of our friends are for it. Some of our friends are against it. And we're standing with our friends. 1998 Mike McCurry, the White House Press Secretary, discussing whether or not President Clinton would veto a bill curbing securities lawsuits.

This 'telephone' has too many shortcomings to be seriously considered as a means of communication. The device is inherently of no value to us. Western Union Internal Memo, 1876

Computers in the future may weight no more than 1.5 Tons Popular Mechanics 1949

"I was under medication when I made the decision not to burn the tapes." President Richard acknowledging your feelings, Nixon

"Ears pierced while you wait." In a New Hampshire jewellery store

The microwave was invented after a researcher of your life and how you walked by a radar tube and a chocolate bar melted in his pocket.
"SMOKING KILLS.

AND IF YOU'RE KILLED, YOU'VELOST A VERY IM-PORTANT PART YOUR LIFE." - B - Brooke Shields



Meeting Community Health Care Needs

You are cordially invited to participate in a town hall meeting with representatives from the Access Centre for Hastings & Prince Edward Counties to discuss what health services you would like in your community

Tuesday, February 20 from 2 to 4 p.m. at the Marmora Town Hall

Tuesday, February 27 from 6 to 8 p.m. at the Picton Town Hall

Wednesday, February 28 from 6 to 8 p.m. at the Batawa Community Centre

Access Centre for Hastings & Prince Edward Counties 470 Dundas St East Belleville (613) 966-3530

Visit us on-line at www.hpeccac.on.ca

ALGONQUIN AND LAKESHORE CATHOLIC DISTRICT SCHOOL BOARD

YOUR CHILD'S EDUCATIONAL ADVENTURE BEGINS! KINDERGARTEN REGISTRATION **FOR SEPTEMBER 2001**

The Algonquin and Lakeshore Catholic District School Board offers Junior and Senior Kindergarten programs in Frontenac, Lennox and Addington, Hastings and Prince Edward Counties based on a full day / alternate

A French Immersion Kindergarten program is offered at A French Immersion Kindergarten program is offered at Ecole catholique Cathédrale (Kingston), Our Lady of Mount Carmel Catholic School (Amherstview), St. Mary Catholic School (Trenton), St. Peter Catholic School (Trenton) and St. Michael Catholic School (Belleville), For information regarding the French Immersion Kindergarten program, please contact these schools directly.

Children of Separate School Ratepayers qualify for Junior Kindergarten if they will be <u>4 years of ade</u> by December 31, 2001. Children qualify for Senior Kindergarten if they will be <u>5 years of age</u> by December 31, 2001.

For registration, please provide copies of your child's Baptismal Certificate and Immunization Record.

Registrations for September, 2001 are being welcomed Registrations for September, 2001 are being welcomed now. To arrange for registration, please call the principal of your neighbourhood school. If you need to confirm your neighbourhood school, call the Tri-Board Transportation Authority, 544-6925, Extension 279 (for Frontenac or Lennox and Addington Counties) or the Bi-Board Transportation Authority, 966-1170, Extension 2415 (for Hastings or Prince Edward Counties).

We look forward to the privilege of partnering with you in the education of your children.

Chair of the Bo

Gregory Cosgrove, Director of Education

Telephone: (613) 354-2255 Automated Attendant: (613) 354-6257 Toll Free Telephone: 1-800-581-1116 General Fax: (613) 354-4772

discontent

'It showed a lot of areas of stress in my life. It showed me in some ways how unhappy I was." Schmidt began working

with personal counsellors, trying to discover his "true calling." He eventually un-derstood that what gave him the greatest happiness was helping others to help themselves.

He recalled an assessment from an aptitude test he had taken as part of a careerplacement service after his layoff. At the time, he ought it must be a mistake: "If this person wants to, they can move mountains.

In a leap of faith, and with the support of his wife and young son, Schmidt decided to go to university with the idea of becoming a career counsellor. It was a frightening prospect for this unassuming man who "grew up thinking I was not as intelligent as others.

He earned his BA in ps chology, quickly followed it with a master's in education and went on to take his doctorate.

"I broke all kinds of myths," he says grinning. "I ended up being an A-plus student. "If you had asked me

seven years ago, before I

is going off to university and I'm thinking, 'OK what's next?

'For women especially, I think the separation from your children is hard because you spend so many years being a mom.

What may be O'Brien's saving grace is that she confronted "middlescence" head-on, looking inward and deciding how she wanted to spend the rest of her life.

'I started reading books. I tried to understand myself and my interactions with the world around me. I changed my relationships with people. The people who came into my life were different because I changed my per-

She is proud of her accomplishments. She has her own home just west of Toronto and is in good financial shape after a varied 30year career at a company from which she took a buyout in 1997.

Although O'Brien is jobhunting - she figures she has a good five to 10 years in the workplace - she is looking forward to satisfying other dreams. She wants to travel to Europe, buy a cottage and study classical literature and rechannel your creativity.
- Seek help from family,
friends, counsellors or theramusic - just for the sheer joy of learning.

growth to stress and the challenges of - what else? midlife

"At times, it feels almost overwhelming, but there is a real sense of joy and satis-faction and fulfilment that I am now using the gifts I've been given and it's helping a lot of people.

"It's discovering and feeling at home with who you he says with passion and a touch of wonder. "I went on this journey - and it's to a wonderful place."

Here are some tips for using "middlescence" to redefine and reinvigorate your

Take stock. Ask yourself what has changed as a result of aging and the pas sage of time. How does it make you feel? - Mourn your losses. By

you can move on. Talk to family and friends about how you are feeling. - Give yourself time to reflect on what you have experienced in the first part

want the next part to be Consider how the difficulties and regrets you have can be a catalyst for growth. Learn how to rediscover or

Lifestyle Quiz

1. If you could live where, where would you really like to live? a split level or colonial in the suburbs b. cottage on an acre of land with a pond and white picket with a pond and white picket fence c. penthouse in the city of your choice 2. If you had to rescue a dog from the dog pound, which one would you rescue? a. Heinz 57 mut b. Cocker spaniel c. Afghan bound 3. Eva day in the city hound 3. For a day in the city with a friend, would you go to... a. sporting event b. museum c. shopping centre 4. What kind of books might ve find on your coffee table? a. leather bound classics b. romantic novels c. the latest best sellers 5. If you were to go on a vacation, which would you choose? a. Ha-waii with a tour group b. A romantic island on a sailboat for two c. An African safari 6. If you were to take a friend to dinner, where would you take them? a. your favourite ol' stand-by restaurant b. an outdoor café or tearoom c. a new hot spot you read about in the newspaper 7. If you won the lot-tery, would you... a. invest in stocks and bonds and real estate b. give 1/3 of it to your favourite charity c. go shopping and book a trip to a spa 8. What type of car would you buy today? a. mini van b. sedan c.sport utility vehicle 9. What shapes are you attracted to? a. Geometric b. Floral c. Abstract 10. How many children would you really like to have? a. 2 to 3 b. 4 or more c. 0 to 1 How did you score? Tally up your A, B and C answers, then check your style below. People who select mostly A for answers are traditional or transitional. The key factor that motivates them when

buying is investment. They are value shoppers who always ask themselves: 'What do I have to go with

Will I still like it next sea son?" A-people tend to build their wardrobes with black, gray, blue and tan and add variety with splashes of colour in scarves, shirts, blouses, jewelry or ties. Their search for value also applies to home furnishings. Their furniture is built to last.

colours for home product accessories, which allows them to rearrange and reaccessorize at any time, so they can live with their basic purchases for years. If you are an A-person you will probably appreciate a prod-uct like Hunter Douglas wood blinds. Did you know that they are not only beautiful, but will last a long time too? Wood blinds will blend with any décor from contemporary to traditional or even country. They also can span the bridge between casual and dressy. You can dress them up or down – it's all up to you. You might even consider the Hunter Douglas Silhouette shading. As I speak to consumers who have Silhouette shadings in their home, they tell me how soft they look and that they love the versatility of the gorgeous product!

Imagine being able to change the complexion of the room simply by tilting the soft fabric vanes. Either way, they speak volumes about your taste. People who select mostly B answers are romantic and creative. The factor that motivates them when buying is simply that they like the object. They never buy a product solely because it's the latest fad. These people like to sur-round themselves with soft colours and natural fabrics.

The romantic inclinations of the B-person easily can be seen in the home. Picture the bedroom: a petticoat and coverlet on the bed, with a collage of pillows across the headboard. A little table next to the bed with a long skirt and granny clothe. The window treatments will be layered, soft and romantic maybe ruffles, a balloon shade, a valence, or lace sheers over a pastel pleated shade. B-people don't care about fashion, status or what the neighbours have.

They buy because they like it - whatever it is. B-peo ple, like an A-person, will appreciate both wood blinds and Silhouette shadings. The B-person will take it a step further; they will layer a dra-They buy draperies that will pery or valence to complete

TENDER FOR HIRED EQUIPMENT

FOR WINTER MAINTENANCE

Sealed Tenders, on the forms supplied and clearly marked as to contents, will be received by the Public Works Supervisor until 2:00 p.m. local time on Friday, March 2, 2001 for the following equipment:

Contract 2001-01: Two (2) Tandem axle trucks with plow,

Tender forms and specifications may be obtained from the Municipal Office at 255 Metcalf Street, Tweed, ON. Any inquiries concerning the tenders should be directed to the Public Works Supervisor.

the look. Another striking product is Vignette shadings. B's love the soft folds of the decorator fabric and appre-ciate the fact that the fabric can also be purchased to have the drapery and top

tment coordin It's that total decorator It's that total decountries look from Hunter Douglas made easy for you. won't go wrong, but think in terms of layers at your window. People who select mostly C answers are chic and up-to-date. The factor that motivates them when buying is whether or not it's the latest thing. Impulsive buyers, they thrive on the unusual. When they walk into a room, they want to be no-ticed. The C's home looks like one from Architectural Digest.

It would probably have a stark appearance; the child-less home look, with white walls and a white sofa. Or it's quite possible that every room in the house will have it's own look.

One room may have an African tribal design, another room may be French Country while the kitchen is sleek and modern. Their homes are an indication of the C's impulsive and daring personality. C-people for me are the most fun to deal with. Why? Because they want to know the latest, the newest and the hottest.

For them a Hunter Douglas Luminette sheer is a must have. Imagine the beauty the sheer fabric and add the versatility of a stacking vane and together you have Luminette. Use it alone as a less is more look or add a top treatment made of Luminette fabric for a more is more look.

Sally Morse is known throughout the home fashion industry for her unique, high energy, humourous approach to seminars.

She has a vast knowledge of the interior design industry in sales, service, design, marketing and education. Monthly you can read new articles by Sally in the "Ask Sally" section of the Hunter Douglas website (www.hunterdouglas.ca).

DEATH NOTICE Municipality MUTTON, MISS MARION FRANCES of Tweed

MARION FRANCES
At Peterborough on Tuesday
February 13, 2001. Marion
Mutton (retired R.I.O.,
I.C.W.) in her 93rd year.
Belowed sister of Muriel
McCrae, Hazel C. Mutton, of
Peterborough, Helen Mutton
of Kingston and the late
Fredrick and Phyllis Mutton.
Dear aunt of Shirley Tobin,
Harry and Barbara Mutton and
step niece Joyce (Norman)
Ducette. Marion is also survived
by many grand nieces and
nephewa and predeceased by
her parents Joseph J. Mutton
and Edith (Dunnett) Mutton
ard Eriends were invited to cal
the Kaye Funenal Home
Memorial Chapel, 350 George Friends were invited to the Kaye Funeral Home Memorial Chapel, 539 George Peterborough Memorial Chapel, 559 George St. N., Peterborough (705-745-7889) from 24 p.m. and 7-9 p.m. Friday, Service will be held from George St. United Church Saturday February 17, 2001 at 1 p.m. Rev. Gai Burns officiating. Interment Shiloh Cemetery. Those wishing to commemorate Marion through memorial donations please consider George St. United Church, Enithaven Home, or ider George St. rch, Fairhaven Ho

A Tail is a Tale

Does your dog want to lick your hand or bite it? Is she hungry or just being play-ful? Is your dog trying to tell you that he's sick, or is he

Many dog owners often feel their pets are trying to tell them something, and your pet, providing him with

times we just figure out what it is. According to Dr. a n Carey, a veterinarian with

Iams Company, there are several signals that make up a dog's basic grammar and body language, and getting to know them will benefit both the pet owner and the pet. Dr. Carey says that dogs use sounds and every part of their head and parts of their body to convey both emotion and motivation.

He notes that the key areas to observe are the sound of your dog's barks, the look in his eyes and the position of his muzzle and ears.

A change in any of these areas is a probable indication of change in the dog's mood and intentions. Some gen-

eral examples of communi-cating via barking: I'm hun-gry: A high-pitched, screechy type of bark. This can occur at various times

throughout the day.

Dr. Carey notes that while it is not wise to overfeed

Alert: ears pricked wide and sparklin open and relaxed, to allow sniffing; t Relaxed: ears half-and slightly outw open and calm; me and relaxed; tail str head up Aggress



a premium quality dog biscuit can ease his hunger healthfully. Get away or I'll bite you: a loud, repeated bark, accompanied at times by a growl or snarl Come out and play: a light, high-pitched bark Who's out there?: a low, moaning-type bark Hi, I'm so happy to see you: short, high-pitched yips Where are you?: a long, sustained howl I'm scared: a long whine, rising in pitch Stop! It hurts!: a loud, screaming whine I've got the ball, see if you can get

it: Soft, low growling.
And some possible signs to your dog's state of being:

fluffed up.

Anxious: ears la back; eyes slig rowed; mouth c tense; a low, mor wagging) Submi back; eyes avert pulled back; tail tween legs Play ders low, rump in cited panting, tail

Next time you pet, take the time he/she is really tr you something. It could come

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Saturday, February 24, 2001 Vol. 124

Canadian Publications Mail Product Agreement No. 428760 Includes G



Darci McCulloch poses with Mom Tracey and siblings Andrea and Ryan. Darci displays the reply she received from the office of the Premier of Ontario. Photo by Aubrey Johnson

A Schoolgirl Voices Her Concerns

by Aubrey Johnson

Recent suggestions have come forth hinting that yearround schooling may be the answer to some educational

Do year-round schools enhance student learning, or are they a costly, hectic, and largely ineffective cure for the nation's educational ills?

At a time when the public is actually demanding greater retention of information and higher levels of achievement from the nation's students, should educators and parents change business as usual and challenge the wisdom of maintaining that long summer of forgetting?

Darci McCulloch, a 12 year old Grade 7 student at Madoc Public School, recently voiced her concerns to Premier Mike Harris. Backed by her convictions that year-round schooling would simply be a detriment to the current status quo. Darci received a reply from the Premier's office. In true political form, the letter ac-knowledged the fact that Darci had taken the time to write, but did little to address the issue.

There is strong evidence to suggest that year-round schedules can have a positive impact on student achievement. Data on other outcomes, such as attitudes,

attendance, professional development, and the impact on families, remains, for the most part, inconclusive.

However, research demonstrates that the amount of learning is a function of capacity, effort, time and quality of resources.

The needs of students like Darci must be given the high-est priority. Changes to the school calendar should not have adverse effects on stu-



dents, teachers or educational programs. While the concept of year-round schooling may be feasible and workable in some areas, the motivation for change must be to improve the educational program for students.

Darci McCulloch fears

that year-round schooling may cause students to rebel and drop out of school at an earlier age. This can't be

In another development, a majority of parents at any continued on page 15

school in Ontario will be able to set an appropriate student dress code under new school board policies that must be in place by this June, Education Minister Janet Ecker announced re-

"Many parents have told us they believe a dress code or school uniform is a good way to encourage respect, responsibility and safety in our schools," Ecker said. "This is why our government, when re-elected in 1999, promised that a majority of parents at any school would be able to introduce a dress code"

'We are taking another step forward in ensuring our schools are safe; respectful places for learning and teaching," Ecker said. Un-der new regulations, school boards and principals must consult with their school councils and report back to them when developing and implementing appropriate dress policies for students.

Ecker said all school board student dress policies are to include: a process that enables a majority of parents, through their school councils, to decide on what an appropriate dress policy should be for their own schools; school councils are

Local Pathfinders Honou

United Church, the 1st. Madoc Pathfinders assisted in celebrating the accom-plishments of Darelle Budd, Emily Pringle and Jennifer Robinson. These girls completed their Canada Cords (Girl Guides of Canada) and the Bronze Award of The

Canadian Challenge Awards.

The Pathfinders are a branch of the Girl Guides and are of interest to girls aged 12 to 15. The Madoc Pathfinders come from the area around Madoc, Tweed and Marmora, The Canada Cord is the highest award a Path-

Challenge to you into three stage stage is the Br and it requires pants to comp variety of tasks ther aimed at s

ment or commu



Chris Green. Me Pictured (1 to r) are Centre Hastings Reeve Tom Deline; Commissioner; DaHonNeh Area Commissioner, Maggie Van Dusen; Jennif Emily Pringle; Darelle Budd; Sue Christiansen, Hastings District Comm Madoc Township Councillor Mike Sniderhan. Photo by Aubrey Johnson

Madoc Public School Par Meeting

By Jennifer Lucas

I want to thank you for publishing my letter for the first Madoc Parent meeting.

It was well attended and some very good ideas were put forward by parents for School Council to consider. It was clear that we have some areas to improve at Madoc Public School. Discipline was one area raised by the bus drivers and some parents. I have also received many calls on this subject since the meeting. In fact so many calls have been received that Council decided to have another PARENT MEETING on February 27 at 7:00p.m. This meeting will be primarily to discuss discipline issues on the bus, in the class and on the playground. There will be a segment at the end of the meeting for parents to raise other

At our first meeting in January, we covered the is-sue of uniforms. Not one person spoke in favour of

to consider that issue closed. There was some concern expressed about some clothing worn by students and Council will address that issue at a regular Council meeting. The Grade 7&8 rotary was discussed and concerns were raised about implementation and impact. This will likely surface again on Feb-ruary 27. The Library was discussed along with the computer lab in the open area. Allergies were dis-cussed briefly with Council making a recommendation to the principal at the regular meeting held February 7. Basically, Council recom-mended that Board Policy form the foundation for our school policy on allergies. Council also recommended that each parent develop a care and emergency procedure plan with their teacher and that future discussion take place on the Health and Safety Committee with information shared with Coun-

cil. Issues around homework

uniforms so I think it is safe

surfaced as did

the school bud I have been i the school is c deposit on textb be seeking inp well. Hope to s

Last week's M erroneously r the Madoc Lil at 70%. That been 30%. W

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It's Been A Long, Long Winter

by Alma Fox

I think we have had more than our fill of snow this winter. Everyone, everywhere, in shops and stores, banks and supermarkets, have all hit their limits and are quite vocal about it. We gaze longingly at travel posters of deserted, white sand beaches and swaying palm trees. In newspapers we spot last minute "deals" to sunny Mexico and the Dominican Republic and Cuba, but most of us do not have the financial means to just "take off". An unescorted expedition through the holiday travel brochures is as close as I'm going to get this year.

Out of sheer desperation, to give Spring a helping hand, I did clean my kitchen windows last week and purchased some pots of purple crocus and pink and yellow kalanchoe. They were inexpensive and it beats the 'blahs" to sit down and have a cup of tea amid some col-our. I tell myself daily that there are some advantages to not going away to the sun. Have you tried to get into your bathing suit yet? Now where did "that" come from????? Well, it came from

numerous Christmas feasts, plus leftovers, all those Valentine chocolates, no exercise worth mentioning, and guess what? Chocolate Easter bunnies are knocking on our very door as we speak! No, not quite the bodies we tucked away last September. I don't know about you, but every year I seem to be ... enlarging. Is this normal? Is it just me?

I vow, once again, how-ever difficult it may be, to get back into some sort of shape. It is much harder at 52 than it was at 32, that's for certain.

The Dominion Seed Catalogue arrived a couple of weeks ago, and already I have earmarked numerous pages. Pictures of brilliantly scarlet beefsteak tomatoes, succulent seedless cucumbers, sweet vedalia onions, and bunches of crisp, fresh basil. I can see myself cooking with them already. The flower section displays to me glorious blooms of bright African daisies, pure white irises, and heavenly blue morning glories that I can imagine climbing on my arbor. I've already looked up our big gardening textbook

for the soil conditions and temperature variations for my dream plants. Since we are new to Madoc, we have yet to experience the majesty of Spring and Summer.

My husband Ray is the "real" gardener in the fam "real" gardener in the fam-ily. In Montreal, we left behind great beds of lovingly tended perennials, beautiful restful fern gardens, and rock gardens filled with spring primula, fragrant hyacinths and well established creeping phlox.

Now he begins again. I, on the other hand, do love to put on my gardening gloves and "putter". I am good at purchasing plants and pointing at just where I want them. He is the green thumb extrordinaire. He is the digger, the lifter and the hauler.

He has already found a "secret friend" here in Madoc, who kindly supplies him with rocks, and he took all those perfectly homely rocks and stones and created such beautiful, artful projects in his garden last fall. But remember, as I said, I do purchase and point very well and he is very patient.

It's been thirty-two years and he has no immediate plans to trade me in. So, as the sun stays with us for longer each day and you watch the dirty, gray snow melt, think ahead to the soft, tranquil greens to appear and the promises to come.

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In the meantime, think of me slugging it out on my treadmill and exercise bike. All the chocolate and goodies are hidden away in the cold room, and I have growing willpower.

Bathing suit time is really coming. And it really is harder to "tuck it all in" with each passing year!

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Bancroft Sled Dog Races

and cool, with a biting wind chill factor.

But, it didn't slow down the dogs as so blistering times were recorded at the 19th annual Bancroft Sled Dog Races, featuring the Timber Specialties Challenge" Mid Distance Race.

This year's winner was Boyd Wilson of Marmora with a time of 4 hours and 1 minute and 35 seconds.

Second place went to ancis Belanger of Francis Farellton, Quebec, at 4 hours, 36 minutes and 36 seconds.

Third place went to Shawn Akins Summerstown, Ontario at 4 hours, 36 minutes and 45 Northfield, Ont.

Local Bancroft area musher Ken Golton ran 9th. Timber Specialties Chal-

lenge Mid Distance Race I. Boyd Wilson, Marmora, Ont. 4.01.36 2. Francis Belanger, Farellton, Qc. 4:36:36

Shawn Akins Summerstown, Ont.4:36:45 4. Scott Shaw, Stirling, 4:38:04 Ont.

5. Steve Johnson, Hastings, Ont. 4-41-07 4 Mile - 4 Dog Open

1. Robert Sabourin, 10:43 Cantley,Qc Pam Richards. Oshawa, Ont. 12:20 3. Charlie Piper, Barrie,

Ont. Marc Bastien 12:25 Roger

Northfield, Ont. 4 Mile -4 Dog Purebred

1. Jordan Richter, Stirling, 12:49 Ont. 2. Glenna Smith, Mar-13:09 mora, Ont. 3. Peter Smith, Marmora,

13:19 Ont. 4. Julie Cunningham, Grafton, Ont. 14:21 5. Marcell Garneau,

Oshawa, Ont. 14:52 6 Mile - 6 Dog Open 1. Ron Richard, Oshawa, 19:57

2. Steve Finch, Utopia, Ont. 20:10 3. Charles Charbonneau,

Bell River 20:48 4. Thomas Prude, Moon-21:28 stone. Ont:

5. Clement Boudreau, Bell River, Ont. 21:39

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CAROL JARVIS, ADMINISTRATOR

Iouse studies point toward cure for arkinson's disease

scientists may be on the ase using transplanted oryonic stem cells, but ere and when that new tment is tested in huas depends on unresolved itical decisions, researchsuggest. Dr. Ole Isacson Harvard Medical School Dr. Ronald McKay of the ional Institutes of Health l last week they have both red" Parkinson's in mice I rats, using stem cells noved from embryos of oratory animals. In a ret at the national meeting he American Association the Advancement of Scie. Isacson said mouse I rat embryonic cells, afcareful processing, can grafted into the animal ins where they transform o replacements for cells led by Parkinson's. "In use models (laboratory ts) these cells have rered function," cson. Using a slightly difent technique, McKay d his NIH lab has also ompted mouse embryonic m cells to convert into lls that are lacking in Parnson's. McKay and icson said researchers are nost ready to test the techque in humans, but social d political issues must be

solved before that step can

be taken in the United States. At the same time, McKay said it may happen soon in Britain, France or the Netherlands, as those countries are adopting policies to advance embryonic stem cell research. "It's going to hap-pen, but just where may depend on social and political issues," McKay said. "There is a great sense of optimism shared by many people in the field right now." Some field right now. groups oppose the use of embryonic stem cells in research because gathering the cells requires the death of a human embryo. New NIH guidelines permit federal funding of such stem cell research, but only if the cells are extracted from embryos in labs not receiving federal funding. Parkinson's is caused by the death of brain cells that produce dopamine, a key nerve chemical. When patients lose about 80 per cent of these cells, they de-velop the classic Parkinson's symptoms: tremors and rigidity. Parkinson's can be treated with L-dopa, a drug that makes dopamine in the brain. But L-dopa is effective for only a short time and after that the disease progresses. Limited experiments using brain cells from aborted fetuses have stabilized patients for up to 12

transplanted cells convert to dopamine-producing cells, replacing those lacking in patients with Parkinson's. But using tissue from aborted fetuses in research also is opposed by many groups. And because of limited availability and for technical reasons, fetal tissue is not considered ideal for treating Parkinson's. The best hope, said the researchers, are the embryonic stem cells. These are master cells that can be coaxed to transform into virtually any type of tissue in the body. Embryonic stem cells can be grown in great numbers, making them readily available for treating thousands of patients, the researchers said. "You can generate em-

years, Isacson said. The bryonic stem cells with huge efficiencies," said McKay. McKay said his lab has found ways to cause mouse embryonic stem cells to change into the dopamine-producing cells lacking in Parkinson's. We can take the embryonic stem cells through a series of transitions until they be-come the dopamine cells," said McKay. Isacson said his lab injects into the brain specific cells extracted from the embryo and that a natural process in the brain then transforms them into dopamine producers. "The cells organize themselves to become very functional," he "We see the cells behav-

in the mouse and rat.

ing in a way to reverse the symptoms (of Parkinson's)

77777777777

rest and restoration. As important to the human as the food he eats, and the air he breathes. However, sleep is taken for granted more so than any other necessary element in man's life. There is segment of our sleep of which many may be una-ware: THE DREAM cycle, without which it is said by some scientists, a deprived human would become insane. So necessary,this dream cycle.

More importantly, this dream state is the cycle in which we are given many messages or visions and rev elations for our health and well being and many times our safety while in our earthly life. It is said we work out grief, pain, hostilities, and anxieties in the dream state. So important to wake refreshed for another day of life on earth.

Many of us have heard others state they do not have dreams; however, scientists have proven everyone has dreams. It is a necessity to life. A person may not remember the dream, but it was a part of that good nights

rest and restoration.
Joel 2:28-30 "And afterward, I will pour out my Spirit on all people.

Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both

SLEEP, the forerunner of men and women, I will pour out my Spirit in those days, I will show wonders in the heavens and on the earth. blood and fire and billows of smoke.

Some dreams may be of more importance than others, for instance:

Have you ever had a dream that you just couldn't

A dream that touched you in such a way that you knew in our heart that it was meant to be a message to you from God?

Perhaps a warning, a message of impending danger or even a message that you were supposed to do something in your life that had been left undone.

Perhaps/you have had a dream of a loved one who has passed to the other side and you felt the dream seemed so real you believe you truly had a visit from them or spent time with them.

Dreams are personal messages to be interpreted ac-cording to God, by the dreamer, who instinctively, whether publicly acknowledging or not, knew they had received a message as to her or his life's direction.

God spoke to many people in the Bible through dreams

Daniel is a prime example as is Joseph's dream, which caused his brothers to hate

A Valentine's Day **Love Story**

Marmora - Rev. James Armstrong officiated at a Valentine's Day wedding in his home, joining in marriage Margaret Gray of Stirling and John McGregor of

The couple is now residing at Sama Park.



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Planet Earth on the move

Moving 5.972 sextillion tonnes is relatively "simple"

Mankind will soon have the ability to move the Earth into a new orbit, say a team of astronomers. The plan-etary manoeuvre may more than double the time life can survive on our planet, they believe Our initial analysis shows that the general problem of long-term planetary engineering is almost alarmingly feasible.

Our Sun will increase its brightness in the next billion years or so, and if the Earth stays in its present orbit it will be fried and all life eliminated. Using the wellunderstood "gravitational sling shot" technique that has been employed to send space probes to the outer planets, the researchers now think a large asteroid could be used to reposition the Earth to maintain a benign global cli-mate. It is an "alarmingly simple" technique, the astronomers say. It could ensure humanity's survival and even allow our descendants to alter our Solar System to move moons and planets to

make new Earths. The astonishing idea has been put forward by Korycansky, of the University of California, along with Gregory Laughlin, of the US space Agency NASA, and Fred Adams, of the University of Michigan.

End of life

Astronomers believe that in a billion years from now our Sun will be over 10% brighter than it is today. Global climate models indicate that the Earth will react to this increase by at first be-coming a "moist green-house". Looking even further ahead, the Sun will increase its luminosity by about 40% in three billion years. This will force the Earth into a "runaway greenhouse" state, such as exists currently on the planet Venus. According to the authors of a new study, this will "spell a definite end to life on our planet". But there is a way to counter the increasing brightness of the Sun, the scientists believe - just in-crease the radius of the Earth's orbit! "Our initial

analysis shows that the general problem of long-term planetary engineering is almost alarmingly feasible," they say. All that is required is for a large asteroid, about 100 km (62 miles) across, to fly past the Earth transferring some of its orbital energy to our planet. The asteroid would then move out to encounter Jupiter where it would acquire more energy that it could impart to the Earth on a subsequent encounter. Humans would have many thousands of years to select the appropriate asteroid and develop the necessary technology to deflect the giant rock in the direction of Earth.

Favourable position

To expand the Earth's orbit around the Sun at a rate that compensates for the increasing brightness of the star would require an asteroid encounter every 6,000 years, or about every 240 generations. Earth's gradual outward migration may require adjustments to be made to the orbits of other planets as well. Recent calculations

of the Solar System's stability indicate that if the Earth s removed then Venus and Mercury would become destabilised in a relatively short time. Perhaps, the authors suggest, many moons and planets could be moved into more favourable positions in the Solar System where their climates might support life. In the past, some astronomers have suggested that Mars could be terraformed to make it more like the Earth.

The Earth-orbital-migration technique, say the researchers, is a far easier way to provide living space for humans in a changing Solar System. But it would be a procedure that required some

If the 100 km asteroid was to collide with the Earth then it would wipe out all life on our planet. "This danger cannot be overemphasised. the researchers stress.

However, "as a way of preserving the entire biosphere of the Earth, this method is promising and efficient," they say.

Breakfast With the Bulls

The Lung Association and The Belleville Bulls Major Junior "A" Hockey Club are presenting the 10th annual Breakfast with the Bulls on Saturday, March 3, from 9:00-11:00a.m. at Sir James Whitney School. Benton Fry Ford

Participants will enjoy a great breakfast served to them by none other than their favourite gang of local hockey

They will also be treated to a live and silent auction of hockey related and other items donated by local businesses. Photographer Cyril Sharp will be on hand to offer attendees the opportunity to get their picture taken with their favour-

This is our 10th anniversary of partnering with the Bulls to bring this event to the community," said Jody Foran, Executive Director of The Lung Association, Hastings-Prince Edward.

"It is a win-win for everyone with the Bulls getting out to meet their fans and show their support in the community and the proceeds of the event going to fund the many programs and services offered by The Lung Association."

Breakfast with the Bulls tickets are \$12 for adults and \$8 for children 12 and under and can now be purchased at four convenient locations throughout the City of Belleville.

Locations include; The Lung Association office, Suite 107 Century Place; Burger King; the customer service counter at Dewe's Your Independent Grocer and throughout the Booster Club at Belleville Bulls home games.

For more information or questions concerning method of payment, please contact The Lung Association at (613)

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Faults and Failures

Did you know that Michael Jordan was cut from his high school basketball team?

Can you imagine Marilyn Monroe failing to get a modeling job?... It happened!
And Walter Cronkite. he failed a radio announcer's

Charles Schultz (" Peanuts" comic strip) couldn't get published in his own school paper.

Elvis Presley wasn't "talented enough" to appear in the first Grand Ol' Opry.

And a talent scout once remarked that Fred Astaire couldn't act, couldn't sing; but could dance a little.

Albert Einstein didn't speak until he was four years old. The school elders labeled him "slow-witted".... Later in his life, when he was working in the Swiss Patent Office, hiding his theory of relativity, he couldn't land a teaching job. Thomas Edison tried over 140 times to find the right material to create light in a bulb. He knew the more he failed, the closer he was getting to success. Each failure was a stepping stone on his

KEITH STEIN

path to greatness. Many inventors and visionaries Just Don't Take "No" for an answer. Oprah Winfrey had a lot of difficulty when she was a news reporter in Baltimore. She felt pressure to remain detached from the stories she was covering, while her whole being wanted to empathize. (And weep once in a while.) She was told she was being demoted from a reporter to a talk show host. She took the defeat (a perceived failure) and turned it into her greatest opportunity.

Failing at an endeavor is part of our growth and is a

source for learning. Bill Gates, billionaire founder of Microsoft likes to hire people who have made mistakes because "it shows they take risks." We must teach our children to do their best. But when their best is not good enough for someone, we can urge them to find the lesson that's theirs to learn and be assured that their character is being forged for greater things ... You are only a failure in life if you stop trying.

These examples show the importance of see ing others generously, so we can "get" the genius that's really

Final Days To Give

Please open your heart and give generously when we come to your door

February is a month of cold hands and warm hearts, as volunteer canvassers from the Heart and Stroke Founda-tion call on homes across Canada. Volunteers will be visiting their neighbours in support of the lifesaving work of the Heart and Stroke Foundation.

How can you be sure that a canvasser at your door represents the Heart and Stroke Foundation?

Every Heart and Stroke Foundation canvasser will be wearing a Foundation identification badge and carrying an official canvasser information kit with the Foundation's logo. Should you make a donation, look for the logo and charitable registration number printed on the receipt.

Please be generous. If you're not home, you'll find in-

formation on heart disease and stroke and an attached donation envelope in your mailbox. Mail in your donation to help hearts beat longer.

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Club holds commanding lead...

Rebels' play has Pirates walking the playoff plank

Campbellford - Stepping up their level of play in convincing fashion, the Camp-bellford Rebels are on the verge of making short shrift of the Picton Pirates and moving on to the Empire League junior C championship series. Following up an inspiring

7-5 comeback victory in game one of the best-ofseven round, the Rebels made the Pirates walk the plank twice by identical 5-1 counts, first in Picton Thursday, Feb. 15th and again on Campbellford ice Tuesday, Feb. 20th.

While every member of

the Rebels has elevated their



like MVP.

game in the playoffs, a number of performers are demonstrating their leadership qualities.

Goaltending always plays a critical role in the playoffs and Jordan Ashley is doing just that. In game three, for instance, he turned aside 26 shots, many of the difficult variety, as the Pirates outshot the Rebs 28-22.

Captain Kevin Cork has been an offensive powerhouse, looking very much like the league's MVP, an award he should have won but didn't for his play dur-ing the regular season. High-scoring threat Jamie McComb has also been giving rival goalie Nick Vangemeren fits as well.

Great Netminding In game two, Ashley was particularly sharp in the sec-ond period with the Rebels shorthanded two players for 1:37. He came up with four tough stops to preserve a 2-1 Rebel lead fashioned on a

Continued on page 5



OMHA playoff intensi

On the door step: There was plenty of intense juvenile hockey act Norwood and Warkworth as the Hornets and Bulldogs tangled in Ol The Hornets downed the Bulldogs 6-3 on home ice climbing back suffering two tough overtime losses. But Warkworth was the better te series victory with a 3-0 home win Sunday afternoon.

Dog licence fees stay the same

Recovering **Humane** Society charges remains a concern

By Bill Freeman

Asphodel-Norwood -There will be no change in the licensing fee for spayed and neutered dogs this year but the Township remains wary of the Catch 22-like situation surrounding Peter-borough Humane Society

The Peterborough Hu-mane Society bills the Township for dogs taken into their shelter from As-phodel-Norwood rather than the owner of the dog. The Society fears that the owners would simply refuse to pay the \$105 charge, and the additional pound fee, leaving the dog

at the shelter. Last year 24 dogs from the Township were taken to the Peterborough Humane Society Shelter.

In a memo to Council,

Provincial Offences Officer, Bob Meyers, says he has dis-cussed the issue with the Humane Society asking if they would be prepared to bill the dog owner. He was told they would not.

Noting that the owner could be taken to court for having a "dog at large," as well as being cited for abandoning the animal at the shelter (and facing an even steeper fine), Mr. Meyers said the Humane Society still refused to bill the owner -even with the added threat of an abandoning charge.

Mr. Meyers said the Humane Society was still worried about the added boarding expense for the dog while it was placed for adoption.

This, Mr. Meyers ex-plained, placed the Township of trying to claim back the \$105 from the dog owner. They could attempt to do this through small claims court but the additional expense would place undue pressure on the Animal Control budget.

As the provincial legisla tion stands, the only way to recover the pound costs would be through small claims court and that re-

"We do not want to create the scenario where the honest persons who pay their bills are the only ones paying."

Carol Trainor
CAO, Asphodel-Norwood

mains a low-percentage prospect for the municipal-

"There is no question that the owner of the dog taken to the pound should be the person paying the costs,'

Mr. Meyers says.
At the 2000 Peterborough Humane Society rate last year's 24 dogs would cost the Township \$2520.

Last year the Township sold 705 dog tags generating \$11,020 in revenue. Including the \$1,000 user fee, Asphodel-Norwood paid the Peterborough Humane Society \$2,237.14. The Animal Control account ended the with a balance of \$1789.29.

The licence fee for a neu-

Continued on Pg. 4-A

Blazing shed fire threatens nearby buildings

\$70,000 worth of damage to building

By Bill Freeman

Asphodel-Norwood - A fire in a drive shed on the 5th Line Feb. 15 caused \$70,000 worth of damage and threatened nearby buildings as firefighters fought to control the blaze.

Asphodel-Norwood Fire and Rescue crews were on the scene at 10:04 am and discovered that the 120 sq. ft. shed was well-involved by fire. Fire Chief Paul Bitten says there were "several exposures to this building in immediate danger" with the farm house 75 ft. to the east and the main barn 100 ft.

There was also a large 50-tonne mobile crane parked almost against the north wall of the drive shed which the owner had been working on.

As well, Chief Bitten says there were a number of 100 lb. propane cylinders and a et of oxy acetylene torches 25 ft. north of the building.

'All of these gas cylinders had either been in or beside the building when the fire started and quick actions by the owner were responsible from them being moved from immediate danger before the fire grew too intense," he says.

Chief Bitten says the

owner had been working in

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Woman c youthful t stole her b

Havelock - A 54-year-old Havele that three youths knocked her down

she had purchased from the Beer St The Kawartha OPP says the won her way home from the Beer Store s by three teenage boys and then pus The boys, she claims, ran off with I The OPP continues their investiga

Dog licence fees will stay the same

Continued from Pg. 3-A tered or spayed dog bought before Mar. 31 is \$10; after Mar. 31 it is \$15. Tags for male or, female dogs bought before Mar. 31 are \$15 and \$20 afterwards

A kennel licence purchase before Mar. 31 is \$75 and \$100 after that date.

"If the number of dogs being impounded in the fu-MORTGAGES

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O

Peterborough Humane Society again raise their impound fee, then Mr. Meyers suggests Council could think about raising the dog tag fee in the future in order to meet these rising external costs. "It would only be the dog

owners who would be pay ing for the increase and this expense would not be subsidized by all taxpayers," Mr. Meyers says.

Township CAO Carol Trainor says the municipality wants to have enough income from dog licences to cover costs-associated with dogs, and that includes Humane Society charges.

"We do not want to create the scenario where the honest persons who pay their bills are the only ones paying," Ms. Trainor says.

Sport to report? Call us!

RC

12 NOON - 10 P.M.

WEDNESDAY



Athletic boost: Student athletes at St. Paul's School in Norwood will soon have some pretty nice looking uniforms thanks to the Norwood Lions Club which has given the School Council a donation of \$200 for the uniform fund. Making the presentation to School Council member Lucinda

Heron was Lion Rick Orton. Photo/Bill Freeman Heron was Lion Rick Orton.



Silver Stick action: Arenas around the area were bustling with high octane Silver Stick International hockey action. Girls teams from novice to bantam thrilled fans with their Photo/Bill Freeman

Minor Softball holds enthusiastic executive meeting

They're looking for coaches and someone to run booth

Asphodel-Norwood - The Norwood Minor Softball is looking forward to the 2001 season with a great deal of enthusiasm following last week's executive meeting.

Eleven of the 12 executive members were at the meeting and began the business of mapping out this summer's softball season. Plans for a mid-April house league and travelling team registration day will be finalized during their Mar. 13

meeting.
The association is looking for people who would like to volunteer their time as coaches. They are also inviting those who are inter-ested in renting the conces-sion to contact the NDMSA.

Those interested in applying for the both should contact President Todd Murray at 639-1354. Prospective coaches should contact either Mr. Murray or Larry Wrightly (639-2470). The Atom and Lassie girls

teams also really need par-ents interested in seeing their daughters play ball this summer to step forward and take an interest in the program.

At that age level it is particularly crucial that parents take an interest helping make the teams work.

Other goals and objectives the NDMSA hopes to focus on in 2001 include generating more revenue during the ORSA play-offs, increasing houseleague numbers, increasing the number of girls teams, particularly at the younger age levels and hosting skills' clinics with houseleague players.

The age requirements for the various teams are: Atom boys and girls, 1991 and up; Squirt boys and Lassie girls, 1989-90; Pee Wee, 1987-88; Bantam 1985-86; Midget, 1982-84 and Junior, 1978-81.

2001 Executive

The NDMSA executive includes: Past President Larry Bell; President Todd Larry Bell; President Iodd Murray; Vice President Larry Wrightly; Secretary Julie Selby; Treasurer Dale Wrightly; Equipment man-ager Brian Gerow; ORSA contact Evan Loucks; Houseleague convenor Michelle Gerow; Liaison Officer Reg Nelson and Directors Barry Walsh, Shelley Vandenberg and Neil

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Huskies take it to ee wee Hornets

Asphodel-Norwood - The Frankford Huskies were the ore aggressive team when it came to skating for the puck of a gardesive teal in when it can be to sharing for the pack of it paid off in a solid 5-1 Valentine's Day win over the orwood Pee Wee "A" Hornets in the opening match of eir OMHA quarter-final series.

Norwood started the game off well with Ryan Noffke bening the scoring at the 10:24 mark but the Huskies re-lied with two of their own off the sticks of Nick Girard

nd Brett Hughes.

Hughes and Chris Tiarton added two more in the secnd and Troy Loader rounded out the scoring on a

owerplay five minutes into the third frame.

The Huskies had the upper hand when it came to battles or the puck and when the Hornets did have scoring hances they could not capitalize. The third period was etter for Norwood but by that time they were already own 4-1.

Game two was played Feb. 16 in Frankford with game Game two was piayed refer to in Irlankote win game reserve ter for Norwood Feb. 21. If a fourth game was necessary it will be played in Frankford Feb. 24 (6:30 pm) vith game five the following night in Norwood (7:30 pm). Jame six is slated for Frankford Feb. 28 (7 pm).

Hornets play better, still lose to Huskies

Frankford - The Norwood Pee Wee Hornets turned in far better game against the Frankford Huskies Feb. 16 out still fell just short coming out on the losing end of a 4-

2 score.

The win gave the Huskies a commanding 2-0 lead in heir OMHA quarter-final series with game three set for Norwood Feb. 21.

The teams skated through a scoreless first period but opened things up in the second with David Andrew and Kevin Gourley scoring for Norwood and Brett Hughes. Bob Pate, Josh Mallory and Justin Ferguson replying for Frankford.

Norwood turned in an excellent effort throughout the match controlling much of the plays and generating scor-ing chances. They just weren't quick enough to finish off

around the net.

Picking up a pair of assists for the Hornets was Chris Ridgeway with Ryan Noffke adding a single helper.

Junior Tykes show midas scoring touch

Asphodel-Norwood - The Woodling Apartment Jun-ior Tykes visited the Douro Dukes Feb. 18 and played hard throughout the game taking care of business at both ends of the ice.

The team continues with "the puck is mine" attitude and it brought them a stinging 9-2 win.

Scoring or earning assists were Joey Giacalone, Meagan Barr, Matthew George, Joey Walsh, Samuel Gerow, Tyler Carr and Luc Robitaille. The three game stars were Daniel Bennett, Tyler Carr and Jessie Stinson. All players had great games.

On Feb. 24, the Juniors will be off to Percy to participate in the Bulldogs' Tourney with games in Hastings. The squad faces the home side at 9 am then takes the ice against the Campbellford Colts at 12:30 pm and finishes the day against the Tweed Hawks at 4 pm.

Come on out and support these young hockey stars during this full day of exciting Jr. Tyke hockey.

Drive shed fire

Continued from Pg. 4-A

crane were saved.

crane were saved.

The cause of the fire, Chief Bitten says, has been "narrowed down" to either a stray spark from welding operations, which were going on just before the owner went into the house, or an electrical panel which was located in the creat where the fire strated. the area where the fire started.

In either case, he says the fire was accidental and the

contents were fully insured.

Chief Bitten says operations at the scene were "some-what complicated" by the fact that the farm is located about halfway between the 4th and 5th Lines and there was not place to turn tankers around at the scene. It was necessary for crew to back the tankers all the way in the lane from the 5th Line, a distance of almost one kilometre

The fire was under control by 10:30 am and crews had completed their overhaul at the scene by 12:30 pm.

Rebels have Pirates walking playoff plank

Continued from page 3 power play goal by Ryan Broek and a shorthanded beauty by Cork. Other Rebel marksmen were Todd Kerr and Jamie McConnell, both on point slapshots. Kerr's goal, in particular, was a blazer past Vangemeren's left catching glove

Cork added his second of the night on a wicked slider from 40 feet on another successful Rebels' power play

Back in Campbellford, both teams served up an ex-cellent brand of hockey with both goalies in top form.

After a scoreless first period, Rebel winger Jamie McComb opened the scor-ing at 1:35 off the second with a brilliant solo effort. On the play Cork lifted the puck down the ice to relieve pressure and McComb outduelled a defender to twist in front to deposit an eight-footer with a superb deke on Vangemeren.

At 12:21, Cork showed his scoring prowess with a short side rocket over the goaltender's shoulder.

The teams retired at the second intermission only one goal apart as Martin



Jordan Ashley has had a strong series in net.

Charbonneau tallied a wrap round at 18:33 to put the Pirates on the board.

In the final period, Rebels took charge with three unanswered goals to send the Pirates home trailing 3-0 and within one more defeat of elimination.

One-Two Punch

First McComb connected with his second from behind the net, sliding the puck under Vangemeren. Then it was

Kevin Cork's turn as he scored with spectacular flair. Pressure forced a turnover which centre Bryce Ellis pounced on. His corner

passout to Cork was re-directed unbelievably in one motion. Ice Chips: The 50/50 draw was won by Rita Stevens while the Square Boy Chuck-a-Puck Contest

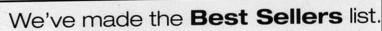
won by Vangemeren. Rebels' management has expressed being extremely pleased with the strong spectator turnout for both weekday games. . .Another victory Thursday night (Feb. 22nd) in Picton would send the hard-nosed Campbellford squad against either the Napanee Raiders or North Frontenac Flyers to represent the league in fur-



Ryan Brock fired in a goal.

ther OHA playoffs. Afte first three games of round, Napanee has series lead. If the Re can't get the job done T day night, the fifth gar day night, the man gas schieduled back in Camp schieduled back in Camp ford Saturday, Feb. starting at 7:30 p.m.

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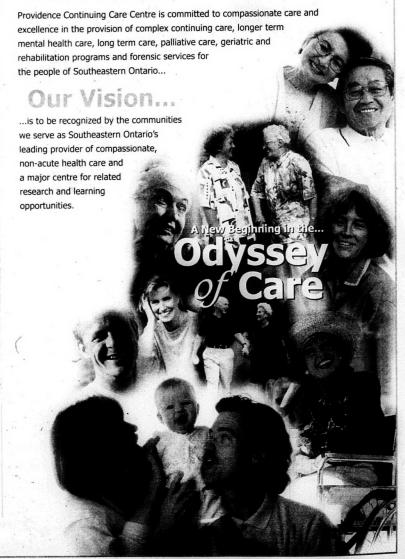
On March 5th, 2001, other services will be added to that mix: non-acute mental health services currently at Kingston Psychiatric Hospital.

On this historic date the management and governance of these programs will transfer from the Ministry of Health and Long Term Care to Providence Continuing Care Centre.

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World Day of Prayer in Norwood

Asphodel-Norwood -Christians around the world will be focusing on the country of Samoa during the annual World Day of Prayer service that will be held in many local churches Mar. 2, including St. Andrew's Presbyterian in Norwood starting at 1:30 pm.

This year's World Day of Prayer service, written by the women of Samoa, reflects on the them of "Informed Prayer, Prayerful The Samoan woman greet all those participating in this service by saying. "Talofa," which saying, "Talota, means "welcome and greet-

They emphasize the spirit of unity and community by inviting us to join them in a Kava Ceremony -- an expression of friendship and love that is central to Samoan culture and an essential part of legendary Samoan hospi-

Samoa, part of a group of South Pacific Islands located in an area that forms a triangle with points at Hawaii, Easter Island and New Zealand, is a country in a time of transition. Although it is listed as one of the United Nation's least-developed Continued on Pg. 10-A



All tangled up: The Percy Bulldogs and Norwood Hornets have been entertaining fans during a highly competitive OMHA quarter-final playoff series. Photo/Bill Freeman

Stars catch Senior Tykesters napping

Asphodel-Norwood - The Norwood Senior Tyke Hornets were caught napping during the first and second periods of their match against the Millbrook Stars # 1 squad trailing 6-2, Millbrook got to the Hornets' net numerous times but

Zack Aker put a stop to those then all of a sudden, with two minutes gone in the third period, Norwood woke up and added four goals in nine minutes.

There was two minutes left in the game but the curfew whistle sounded and the Hornets were left to wonder what they might have been able to do.

Chalking up goals and assists in the match were Kevan McDougall, Casey Fleming, Dylan Brightman, Mitchell Klompmaker, Jacob Stinson, Joshua Bucholtz and Evan

The grrrrl power on the team was not represented in the match with both Angela Crowley and Nicole Terry absent from the line-up.

Tyke notes: Just a reminder and hint as to how to stay out of the penalty box -- when the fans yell go get 'em, they mean the puck. There will be lots of time for bodychecking later in your hockey careers...Come and see the mighty tykes play in Douro Feb. 24 at 11 am, 3 pm and 7 pm and at home Feb. 25 at 2 pm...Keep up the good

On the lanes in Campbellford

(Feb. 8th)

Team Standings--As We Are, 96; Screwballs, 82; Pick-Me-Ups, 78; Tigers, 76; Bonkers, 70; Spoilers, 66; Scramblers, 57; Golden

High Averages--Thelma Lockhart, 196; Bonnie Kennedy, 195; Jeanitta Campbell, 179; John Koprla, 219; Harold Goodlet, 191;

Ray Scarborough, 186.

High Singles FlatBonnie Kennedy, 263;
Thelma Lockhart, 244; Bonnie Kennedy, 241; John Koprla, 324, 242; Don Cassan, Tom Smith, 224. High Singles With

Handicaps -- Bonnie Kennedy, 289; Thelma Lockhart, 268; Bonnie Kennedy, 267; John Koprla, 330; Tom Smith, 272; Charlie Beamish, 263

High Triples Flat--Bonnie Kennedy, 708; Thelma Lockhart, 632; Jean Leahy, 538; John Kooprla, Don Cassan, 641; Charlie Beamish, 561.

High Triples With

Handicap-Bonnie Kennedy, 786; Laura Scarborough, 720; Thelma Lockhart, 704; John Koprla, 782; Armin Hartwig, 752; Don Cassan,

Tuesday Golden Age (Feb. 13th)

Series 3 Winner--Silly Willys: Marg Howard, Barb Noble, Don Cassan, Gord Gardiner, Shirley MacEwan, Cam Meiklejon.

High Averages -- Men: Carl Dorge, 192; Duncan Ulley, 185; Don Cassan, 181;

Ladies: Marlene Harris, 189; Marie Bullen, 169; Shirley Brown, 164.

High Singles Flat--Men: Don Cassan, 236; Gord Gardiner, 232; Duncan Ulley, 227, Ladies: Helen Stephens, 233; Marie Bullen, 223;

Marlene Harris, 201. High Singles With Handicap--Men: Gord Gardiner, 280; Don Cassan, 271; Norm MacEwan, 266; Ladies: Helen Stephens, 299; Marie Bullen, 269; Doris Thomson, 248.

High Triples Flat--Men: Gord Gardiner, 635; Duncan Ulley, 590; Gord Mead, 572; Ladies: Marie Bullen, 581; Betty Dorge, 545; Marlene Marris, 532.

High Triples With Handicap--Men: Gord Gardiner, 779; Gord Mead, 692: Lloyd Bullen, 688; Ladies: Marie Bullen, 719; Helen Stephens, 713; Betty Dorge, 710.

Friday Golden Age (Feb. 16th)

Team Standings--Blacksheep, 7; Dynamos, 5; Jokers, 5; C-Us-Go, 4; Corner Pins, 3; Survivors, 3; Pin-Ups, 2; Gamblers, 0. High Singles Flat--Earle

Nelson, 284; Charlie Banks, 258; Bruce Dunnett, 241; Lorna Crockett, 236; Marie Bullen, 228; Carl Dorge, 209; Ron Loucks, 205; Robert Sutherland, 205

High Singles With Handicap--Earle Nelson, 296; Lorna Crockett, 291; Charlie Banks, 287; Bruce Dunnett, 273; Marie Bullen, 268: Bey Dunnett, 263; Jack Gummer, 256.

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Asphodel-Norwood - The

PSE Novice Hornets hosted

their first playoff game against the Millbrook Stars

Feb. 16 with the visitors

coming out strong with three goals. The Hornets

made an awesome come-

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PSE Novices taste top playoff action He skated down the ice to get the first Norwood goal starting the rally but the hometown crew didn't have enough time left in the game managing only one more goal by Steven Book off a

fabulous shot from Zenner and James Brandon. The Stars skated off with a 3-2 win to take a 1-0 series lead.

At home, the Stars scored first and than added another in the second. But the Hornet were not going to let them win without a fight.

Dalton Charlebois was on the move taking a pass from Adam Terry to score their first goal. The energy was rising on the ice and in the

not finished yet ending the period with another marker assisted by Chad Buchanan.

Talk about thrilling the crowd, Matthew (Joseph) Nelson made spectacular saves in net as the buzzer rang to end the frame. The crowd chanted "Joseph,

The Stars came back with their third goal early in the period but Book was getting wound up as he and winger Chris Bryett teamed up to tie the game. Book's smile was a mile wide as his teammates went out to congratulate the two forwards.

The game ended with a 3-

were exhausted and the Hornets wondered how much sting they had left.

They were down two players for both games ag ast Millbrook and they were feeling the loss. The crowd was vibrating with excitement when Book, with help from Buchanan and Brandon, fired in the winning goal at the 5:20 mark.

The game was a challenge for the team trying to recover from being shortstaffed but they were all over the place and adjusted well. The wingers and centres covered their positions with





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Public Health Dietitian for a Contract Maternity Leave posi March 5, 2001 to July 16, 2001 in the Bancroft Office

Reporting to the Director, Healthy Lifestyles, the incumbent will plan, coordinate, implement and evaluate the CPRV known as Food for You-Food for Two (FFY-FFT) at all sites in Hastings County (Bancroft/Madoc). This includes providing nutrition education counseling and skill development to low income pregnant women and postparpum women, up to 6 months.

OUALIFICATIONS: A baccalaureate degree in foods and nutri QUALIFICATIONS: A baccanaticate degree in looss and income and a dietetic internship which meets the requirements of the College of Dietitians of Ontario. Certificate of registration in the College of Dietitians of Ontario, a valid driver's licence and a car. Demonstrated ability to function independently. Flexible hours required

Apply in writing not later than 4:30 pm Wednesday, February 28, 2001

Mr. Dale Jackson Director of Administration Hastings & Prince Edward Counties Health Unit 179 North Park Street elleville, ON

collected under the authority of the Health Protection and Promotion Act, BSO 1990, chapter IT, and will be used to determine their eligibility for employment. Questions concerning this collection of personal information thould be directed to the Freedom of Information & Privacy Co-Ordinator at the above address.

We second 1.1.

We would like to take this opportunity to thank all applicants in advance and advise that only those selected for an interview will be contacted.

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fast-paced business environment, we have an opportunity for you. Mac's will provide a comprehens training program, advertising and promotional suppo and 24hr. field assistance.

For a minimum investment we offer a competitive income that increases with your ability to increase sal If you are eager to put your full effort towards building successful career, please forward your resume to

> Mac's Convenience Stores Inc. 203 Colonnade Rd. South Suite #202, Nepean, Ont. K2E 7K3 Fax: (613) 727-8258

Attn: Training and Recruitment Manager

NOTICE NOTICE

Stewart, Mitchell & Macklin are proud to congratulate l Macklin on his election as our Member of Parliament Northumberland. As a result, Paul will be on a leave absence during his term in office

Stewart, Mitchell & Macklin are also proud to announce arrival of Sarah Jacob to the firm. Ms. Jacob was called to bar in 1985 and has practised law in Thunder Bay and Toro She is experienced in residential and commercial real es corporate and commercial law, estate administration planning, and wills. She has been active in various ser organizations and is looking forward to becoming involve our community. Ms. Jacob welcomes new clients and exis clients of Stewart, Mitchell & Macklin.

Stewart, Mitchell & Macklin is a law firm dedicated providing you with the personal attention and quality ser ou deserve. We have served Cobourg and area for ove years and our team of lawyers continues to provide qu representation for wills and power of attorney, real estate mortgages, land development, lawsuits and dispute resolution family law and divorce, corporations and partnersh business transactions, constructions liens and e

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STIRLING &-DISTRICT LIONS CLUB Every Monday Night, 7:10 p.m. At Stirling Recreation Centre Regulans 340; Specials \$30 JACKPOT: \$2,000, in 52 numbers Village of Stirling Lic. #M169536

OPEN Euchre - R.C.L. Branch 228, Stirling, Saturday, March 1st. Play

OPEN EUCRIFE - R.C.L. Branch 228, Stirling, Saturday, March 1st. Play starts at 1:30 p.m. Admission \$3.00 p.p. Cash prizes, lunch available, everyone welcome.

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WINTER DELIVERY OF OUR NEWSPAPERS



from our delivery & drivers to everyone & drivers to everyone
by the time to remove
w from stairways &
walks in town, and
sund mailboxes &
ways in our rural route

CARD OF THANKS

Thankyou The family of the late rgaret McQuillan wish to nk relatives, friends and hours for flowers, plants

nd your visit. Bev Jackson for our memories at the service; leaver Family Funeral Home especially Jeff & Chris. special thank-you to John & Martene, Lorne & Marina for verything you have done. All of you are truly good friends, nd it shows when you need it he most. Thank-you from the bottom of our hearts. Sincerely, John, Merg, Mett & Jeff Wilkes.

MANY Thanks to the friends who remembered me w/cards while it was a surgery patient at Mt. Sinai and West Park Rehabilitation spitals in Toronto, Ruby McCoy.

ELLIS I wish to thank relatives, friends and neighbours for their sympathy, flowers, cards and food during the loss of my mother, and donations made in her name. Thanks to Dr. Derry, nurses & staff of Mamora Caressant Care Nursing Home: Dr. Paul Williams, nurses and staff of Campbellford hospital; Brett Funeral Home of Havelock. Your kindness will always be remembered. Reg. & Betty Ellis and family. ELLIS - I wish to thank relatives,

LOST

MALE - Lab retriever, black, 3 years old, family pet, Cloyne area, 613-3 CANCEL

MALE - Gray & white long-hair cat. Lost 1 mile north of Campbellford around Feb. 11. Reward offered. 705-653-2967.

World Day of Praver

Continued from Pg. 8-A countries, some parts of its ociety are modernizing rap-

Many Samoans leave to find jobs in other countries, resulting in a strain on traditional family structures and support systems. About 150,000 people have emi-grated to New Zealand, American Samoa or North America, and more than 40 per cent of the remaining population (estimated at be-tween 162,000 and 225,000 in 1998) are under 14 years

When you attend the World Day of Prayer at St. Andrew's, not only will you learn more about this beautiful country and its unique culture and heritage, you will also be joining Christians in 200 countries around the world and 2,000 communities across Canada who will gather together to pray and take action in solidarity with

the people of Samoa.
The World Day of Prayer has its roots in an ecumenical day of prayer organized by woman in Canada and the United States in 1920. This event became the international World Day of Prayer in 1922 and Christians around the world began celebrating this event on the first Friday of March.

In Canada, the service is co-ordinated by the Women's Inter-Church Council of Canada. In Asphodel-Norwood, the co-ordinating group has representation from all the churches of the Township.

For more information on the event you can contact Pat Ross at 639-2062.

It's on to the **OMHA** semis for Novice A's

Hornets shutout Peterborough three straight to take series

Asphodel-Norwood - The Begg Fuel Novice A Hornets dusted off St. Alphonsus with three straight shutouts and have moved on the semi-finals of the OMHA's Red Lob-

The Hornets were at their stinging best winning by scores

of 7-0, 3-0 and 13-0 to earn the series victory.

Once again, netminder Mark Bitten presided over a goalfree zone bringing his season shutout total to an incredible 17. Making it all that much easier for the netminder was the defensive unit of Shane Carthew, Pearce McIlmoyle, Clayton Leeming, Spencer Anderson, Philip Heron and Chris Klompmaker who were on top of their game and did what they had to do to keep the puck out of the Hornets end of the rink.

The dog-eat-dog line of Steven Gerow, Eric Gallagher and Eric Crowley did a nice job by going to the boards and moving the puck to centre ice. The powerful line of Alex Christopoulos, Steven Walsh and David Lobb connected with some amazing scoring opportunities, including eight goals scored in the series-clinching win.

Showing some flare with their impressive passing abilities, as well as their playmaking strategies, was the line of Seamus McDougall, Michael Loucks and Nicholas Orton who dazzled the opposition.

The Hornets await the winner of the Frankford Huskies-Pearcy Bulldogs series. Stay tuned for more OMHA

Havelock ladies have a hey-day

Hastings - Feb. 12 was a red-letter day for some of our ladies but others had a few unkind words to mutter under their breath.

We start off with Kathy Pettey who bowled a great 211 we start off with Kathy Petrey who bowled a great 211 and 221 and triple of 605; Sandy Toms had games of 175 and 181; Glenda Glenn is doing all right in all her leagues this week bowling 211 and 197 and a triple of 578. She was in this year's AIL, American Income Life, Canada Association Executives Championship. Debra Jacobs spared her way into our hearts with her games of 270, 231 and 205 for a triple of 706.

Kim Messacar, who was in last year's "Open" spon-sored by Sidney L. Morris and The Ministry of Citizenship, Culture and Recreation, came on strong with her game of 186; Edie Bushie did well with her new bowling balls and her game of 121; Alma Hennigar also spared for us and came up with a game of 136; Ann Hutton bowled a super game of 260 and triple of 609; Judy Ellidge had one an game of 233.

Carole Trumble had a great game of 155; Margo Masson came up with a 210; Sheila Lyon had an awesome game of 162; Heather Pflanzer bowled a game of 205. She was in last year's Ontario 5 Pin Bowlers' Association Team Tournament, Bowling Proprietors Association National Classified and Score Gold Points Holiday Classic -- WOW!!

As well, Cathy McMillan must have toned up pitching arm, having a super game of 259 and triple of 604.

Cupid strikes at Pine Ctr.

Asphodel-Norwood - Bruce Davidson welcomed members of the Asphodel-Norwood Seniors Friendship Club, guests and musicians to a special Valentine's Party

Musical entertainment on this Cupid's Day was provided by Elly Kelly and her son Terry of Campbelford. They sang together, alternating between guitar and accordion offering up a number of old favourites including Cheating Heart and Country Road. Readings were given by President Eva Weir, "Born Prior to 1945;" Betty Coupland, "Eating" and Bruce Davidson, "Waiting for Spring." Social Convenor, Alberta Holmes, gave out invitations to a pot-luck on Mar. 1 starting at noon. There will also be card parties on Mar. 8 and Mar. 22. Musical entertainment on this Cupid's Day was provided by Elly Kelly and her son

Protecting your health.

Barbara Beattie works with her detector dog Rookie and her colleagues at the Canadian Food Inspection Agency. They help stop forbidden items from entering Canada that could damage our plants and animals or contaminate our food supply. This is just one of many services aimed at protecting the health of all Canadians.

To learn more about the hundreds of services available from the Government of Canada:

- Visit the Service Canada Access Centre nearest you
- Visit www.canada.gc.ca
- · Call 1800 O-Canada (1800 622-6232), TTY/TDD: 1 800 465-7735





Merger Update #5

Building a better bank for you.

An Important Message To Our Customers

Today, I want to outline the changes you can expect as we integrate the retail operations of TD Bank and Canada Trust and what these changes mean for you.

Our Integration Continues

We have already integrated our discount brokerage operations and mutual fund arms, and the process of simplifying our chequing and savings account packages will be complete in March.

Also in March, the Estates & Trusts Services operations of our two organizations will become one, and in May, our Private Investment Counsel and Private Investment Management businesses will also be integrated.

But now, our integration is moving into high gear as we begin to merge all our products and services, our telephone and web banking services, and our branch network into the new TD Canada Trust. Some of these changes are already apparent. For example, our integrated phone banking centre will be renamed EasyLine™ and our web banking renamed EasyWeb™ TD Bank customers will soon see TD Canada Trust on their statements. Meanwhile, Canada Trust customers will experience changes as their branches are integrated on a region by region basis across Canada.

Nationwide Integration Begins In March In Atlantic Canada

The first wave of this integration process will take place in Atlantic Canada on the weekend of March 24th when TD Bank and Canada Trust tranches will begin to carry the new TD Canada Trust name.

Integration will continue on the weekend of May 19th in Alberta, British Columbia, Yukon, Northwest Territories and Nunavut; and June 23rd in Manitoba, Saskatchewan and Quebec. Northwestern Ontario, including Thunder Bay, will also be completed on the weekend of June 23rd, and the remainder of Ontario on the weekend of August 4th.

New Name, New Look, Same Commitment To Service

By the Fall, we will have completed the integration to TD Canada Trust across the country. Following each regional integration, all our branches in that region will operate as TD Canada Trust. There will be a new look to the branches, both inside and out. Our ABMs will offer services under the name Green Machine*. And a single line of retail banking products will be available for all our customers -

What will not change is our service inside the branches and our commitment to building a better bank for you.

If you are travelling within Canada to other regions that are already converted, rest assured that you will be able to bank at any of the new TD Canada Trust branches.

Some Branches Will Be Consolidated

Many people have asked if we will be consolidating our branches or re-locating them. Yes, this will begin as early as the month after integration in each region, and retail bank customers who are affected will be given at least 120 days notification. We are working hard to minimize the impact on our customers and our employees. Far from shrinking our retail network, we remain committed to opening new locations. This year, we will open 14 new stand-alone branches plus 40 new branches in other retail outlets across the country.

Our Most Important Job Is To Communicate With You

For now, it is business as usual. We will notify you personally, in writing, and well in advance of changes to your accounts or your branch. If you are travelling outside Canada during the next few months, it will be important to have your mail forwarded so you can receive any notices from us and ensure your service is uninterrupted. We will also keep you informed about our progress with regular reports on the web, in our branches, and through updates such as this in Canada's newspapers.

An Encouraging Start

Since our integration was announced over a year ago, our employee morale has remained high and our customer satisfaction has increased. This speaks to our promise of building a better bank.

Ours is a merger of businesses. But more important, we are merging groups of people – thousands of us, and millions of you. Our branch and telephone banking employees are receiving up to 60 hours of special training in order to make the transition as worry-free as possible for you. They will do their utmost to assist you as our integration progresses over the next several months.

Bringing together our organizations is anything but simple. We will make mistakes. But we will move to correct any errors, quickly, completely – and cheerfully. If you have any questions, or if you feel we are not meeting your expectations, I urge you to call our TD Canada Trust Customer Information Line at 1-888-572-8924.

Let me close by saying how much we appreciate that you've chosen to do business with TD Bank and Canada Trust – and how hard the new TD Canada Trust will be working to deserve your ongoing loyalty by offering you the most comfortable banking experience in Canada.

Thank you.

El Clas

TD Canada Trust

TD BANK

Secretarios State Man Same Commence Com

Canada Trust

Wouldn't You Really Rather Be...?

Jack is CFO of a sizzling dot.com company that's about to go public -- the word is that he and seven of his colleagues will probably be instant millionaires. But, Jack is sitting in his office staring out the window wondering what's wrong. His heart is someplace else. He's thinking about the short story he was writing all weekend

Meanwhile, Ellie is trying to figure out just how long she'll need to stay in her current position as Marketing for a chain of HMOs. She's working incredibly hard and having real successes -- her group has increased membership by 20% this year. She has been able to sock away quite a bit in savings and investments. But, she wonders if she'll have the energy to do what she really wants to do -- interior design -- by the time she gets herself financially secure enough to try it.

Jack and Ellie are not unu-

sual at all. In fact, they're part of a groundswell of highly talented professionals who in their heart-of-hearts. would really rather be doing something else. More than 2 million Canadians are already doing their work dif-ferently as "free agents" in one way or another. Some have left successful corporate slots to start their own businesses, others are getting the freedom they want by telecommuting or flexing part of each week. Others are taking sabbaticals or going to school on the side. And, many are creating 'sidecar' ventures for themselves -- small businesses. making art, or part-time professional practices of their

Sidecars are keeping lots of people sane. Perhaps you're in a position where your financial and personal obligations just don't allow you to give up your successful career and follow your bliss directly to a rented apartment by yourself. But, you know that your soul is shriveling a bit for lack of doing what you really want to do. If so, then developing your own sidecar and tuning it up slowly can go a long way toward taking care of business for today, but paying attention to the thing you know is going to sustain you eventually

In coaching sessions with busy, stressed execs, I usually draw a diagram on paper and say, "Here are the four quadrants of your life. Right now let's say that three of them are completely filled with stuff you have to do to keep your post. But, there's one empty quadrant. What would you love to have in

Perhaps the most interesting thing about executive life is how, when you're running on empty in pursuit of achievement and money, it's almost impossible to let yourself think about what you'd rather be doing. In

fact, when asked, most will at first pooh-pooh the question and say something dumb like, "If people can't take the heat they should get out of the kitchen." The things we most need to hear are the ones we dismiss first. But, even so, I push hard and eventually get responses even from the toughest, most stress-addicted folks at the

thousands of others that I'm privileged to listen to each ear, don't have to wait until their owners are put out to pasture. They can be done now as sidecar ventures in that empty fourth quadrant. When I say this to clients,

how do they usually respond? "You've got to be kidding! I already don't have enough time. How would I



top.

The answers vary tremendously. After folks say "sleep" or "a year off" they usually start smiling and come up with possibilities like these:

"I want to sculpt."

2. "I really would love to work with disadvantaged

3. "I want to do woodworking.

4. "I'd like to get involved with welfare-to-work pro-

grams."
5. "I have an idea for some games I'd really like to develop."

And here's the great part

do that?" Does this sound familiar to you?

And I respond -- you steal it from the parts of your job you don't really enjoy doing. Those parts you can either deep-six because they just don't make a real difference in your effectiveness, or you delegate them elsewhere. What if your whole job is made up of stuff you don't

want to do? Then that's a different problem, and you need to change jobs now (or you'll make yourself sick) and plan to add on your sidecar idea

Another strategy is to all of these ideas, and the start keeping some of your

best ideas for yourself. Did you know that more than three fourths of entrepreneurs' successful business ideas were first offered to their previous employers but turned down? If what you'd like to be doing on your own is related to what you're currently doing for somebody else, why not start experimenting on the side -- stashing away some cash and good connections -- so that eventually you'll be ready to do your own thing? Despite all the talk about

companies trying to retain good employees by taking better care of them, the unavoidable fact is that the only person who's really got your best interests at heart is you. Additionally, the only real job security you'll ever have is your ability to walk away to something else. Maybe you'll walk away to a new ob to give you what you're looking for next.

Or maybe you'll stay put and develop your sidecar so that some day it will be ready for you to drive off on your own. But keeping a little corner of your brain reserved for your own "someday" dreams will do two things for you:

(1) make it easier to survive the stress and press of corporate life, and

(2) let you prepare gradually for doing what you'll undoubtedly be drawn to do in the middle and final scenes of your life drama.

So be on the lookout when you feel yourself daydreaming, feel that the big project at hand just doesn't thrill you anymore, or envy somebody else's life.

Let it be a sign to you that there is a sidecar trying to make its way into your life.

Family Finances

by the end of the 1990s fi-nally caught up to late '80s levels, says a report released February 6 by the Vanier In-stitute of the Family. Average family incomes in 1998
- after deducting income taxes - rose for the third straight year, pushing in-comes 1.7 per cent higher than the previous peak in

Using Statistics Canada data, the report found 1998 average family incomes to be \$49,626, up \$819 in in-flation-adjusted dollars from 1989 and almost \$4,000 higher than the 1993 low point of \$45,728.

That's the good news. The improvement, however, has been paid for in hours

Real wage gains were vir-tually non-existent through much of the decade and continuing into 2000, said the institute, an independent Ottawa-based think-tank on social policy issues.

The recent improvement in family income stems totally from the fact that workers are putting in longer hours and more family members are working," says the report.

Alan Mirabelli of the Vanier Institute called longer working hours a type of inflation that impacts negatively on family life.

Families in the 1950s and '60s thrived on a single income-earner working 40 to 45 hours a week.

Now the average family is working 65 to 80 hours a week to maintain the same standard of living," Mirabelli said in an interview.

"If you have more people working longer hours, the availability isn't there to do the very things that society expects families to do in order to raise the next genera-tion of citizens and workers.

The report also points out some other danger signals for family finances, most notably nose-diving annual savings, surging debt loads and multiplying bankrupt-

Average annual household savings, including payments to government pension plans, were \$1,664 in 1999 -down from \$6,250 in 1989.

Total outstanding debt went from 90 per cent of average household income at the end of the '80s to 113 per cent by 1999.

And consumer bankruptcies have more than doubled. Some 73,000 consumers declared bankruptcy in 1999, up from 29,200 in 1989 although down from the 1997 high of 85,000.

'Not only are more peo ple working longer, but they're also slipping behind when you look at annual savings and debt numbers," said Mirabelli.

Even the bottom-line increase in average family in-comes must be taken with a grain of salt.

The bottom 60 per cent of families - almost five million families - saw their incomes fall during the 1990s. This was offset by income increases among the top 40 per cent, or 3.3 million fami-

"And the poorer you were, the worse it got," says the report.

The poorest 20 per cent saw incomes shrink 5.2 per cent, while the top 20 per cent saw family income climb 6.5 per cent.

"And this is after the redistributive effects of transfer payments and in-come taxes," the study

Canada's poorest families had after-tax income of \$17,662 in 1998.

The wealthiest 20 per cent of families averaged

Canada adopts new smog measures

Published reports state the federal government is gearing up to announce a \$120 million smog-fighting initiative that will include tougher standards designed to drastically cut emissions from vehicles and industrial

In what some officials have been called the most comprehensive plan that Canada has ever adopted in regards to emissions, the new proposal lays out a strategy that would see nitrogen-oxide emissions cut from vehicles by 90 per cent and force Ontario to halve its pollution-causing emissions from electrical generators.

We are making this investment to protect the health of Canadians today and for generations to come," vironment Minister David Anderson said in a statement, adding that air quality is his top priority.

The announcement will outline a 10-year plan that will help Canada carry

through on commitments in a smog deal that was signed, in conjunction with the US, last year.

According to reports, about \$50 million of the new funding will be spent on measures related to transportation, including new regulations to reduce sulphur in diesel fuels and similar regulations covering many facets from snow-blowers to lawnmowers.

Some steps in the plan include: Automakers making reductions in vehicle emissions by introducing new technologies for the 2004 model year.

Negotiating with the provinces to reduce nitrogen oxide emissions from industrial plants.

Reducing volatile organic ompounds from paint and solvent products.

Investments of almost \$30 million to improve airquality monitoring across

The Canada-US agree-

ment was created to reduce trans-border smog from Ontario, Quebec and 18 US states.

Under the deal, Ontario has until 2007 to reduce emissions of nitrogen oxide at a level equivalent to half the amount now released by its electrical generators.

The newer vehicle emission standards would bring Canada in line with those already incorporated by the US Environmental Protection Agency.

According to a recent reort, vehicular transportation is the largest source of air pollution in Canada, and studies show air pollution is prematurely killing more than 5,000 Canadians every year.

Vewsto

New Faces

Graeme Burris of Madoc was chosen as the new chairman of Quinte Conservation's Moira River watershed board at its inaugural meeting on Thursday, February 15, 2001. Retiring chairman, Ron Hamilton of Quinte West thanked the members and staff for their support during his three years as chairman. Brenda Perrault of Stirling/Rawdon will remain as vice chair.

Five members of the 11 member board are new as a result of the November 2000 municipal elections. Replacing Ron Hamilton as representative from Quinte West is Terry Cassidy. The new member for the Municipality is Terry Cassidy. The new memoer for the Municipality of Tweed is Mary Cassidy replacing Paul Healey. Succeeding Bonnie Danes of Marmora and Lake Township is Roger Watson and Ibra Cuddy will serve for Addington Highlands Township in place of Clair Benn. The City of Belleville's Gerry Masterson's place on the board will likely be filled by councillor Paul Carr.

likely be filled by councillor Paul Carr.
Other members remaining on the Moira River watershed board are Stu Meeks and Kay Manderville for the City of Belleville; Larry Mitz of Centre Hastings Township; and Stead Covert of Tudor and Cashel Township. Ten staff members were on hand at the meeting to provide brief staff reports. The 2001 budget will be approved at the Quinte Conservation Executive meeting on March 6. The Quinte Conservation Executive Committee has members from each of three local conservation boards that work together as Quinte Conservation. They are the Moira River, Napanee Region and Prince Edward Region watershed boards.

Motorized Snow Vehicle Safety Ontario children's aid

by PC Kathy Whyte

The Centre Hastings OPP detachment would like to remind the public of the im-portance of safety while

anowmobiling. Please remember tant factors: know your abilities and know your machine's capabilities: dress appropriately and wear proper safety-certified helmet;

plan ahead, leave an itinerary of your route and the expected duration of the trip; use proper hand signals; be sure when crossing roadways; carry an emergency kit (tools, parts, first aid kit); don't overdrive your headlights, slow down at

Due to recent weather, conditions have become

Some people might imag-ine "community service" to

be a drudgery, or a require-

ment, or a distasteful task.

You may feel there is only

time for

the pas-

sions in

your life-

like being

in your garden,

your boat,

or with

your ani-

children.

Well, it's

to

a gift for others.

nursing home.

think of service as something

uniquely suited to you.

Transform your passion into

If you love your flower

If you love your animals,

garden, cut, arrange and de-

liver vasefuls to a nearby

start a 'lending hour' at the

time

on or

Giving Back

very icy. Be aware that your snowmobile will have far less traction on ice than snow, affecting turning and

stopping.
Alcohol



snowmobiling do not mix. Alcohol will increase fatigue and slow down reaction times. Alcohol does not increase body heat - it actually increases the risk of hypothermia.

Trail riding: A person must be minimum 12 years of age and hold a motorized snow vehicle operator's licence (or be 16 years of age

nursing home...studies have

shown that elderly folks with

puppies on their laps pro-

duce a chemistry of

healing...(can you imagine

our own bring-an-inner-

city-kid-sailing-or-golfing

when you love what you do for yourself. But there will

be spiritual rewards that

quicken your heart when you do what you love For Others

Aesthetic rewards come

program.

t h e

pup-

a juve-

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deten-

tion

center).

I f

o u

love

sailing

golf.

start

or older and hold a valid driver's licence). The speed limit on trails is 50km/h.

Please remember - the owner of a motorized snow vehicle may be charged with

and convicted of an offence for which the driver of the motorized snow vehi-cle is subject to be charged, under the Motorized Snow Vehicles Act.

The OPP are actively patrol-ling trails in their area, conducting radar, running RIDE pro-

grams, and checking cottages. During the month of January, 2001 the Centre detachment checked approximately 500 snowmobiles while on pa-

There were 3 motor vehicle collisions reported which involved motorized snow vehicles, 2 of which included injuries.

School

continued from page 1

and implementing this process: a review process that affordability; consistency with the Human Rights Code towards safer and more re ing environments.

The new requirement for

appropriate dress policies is one in a series of measures under the province-wide Code of Conduct and Safe Schools Act, 2000, which fulfil a key government com-mitment to create safer, more respectful school environments.

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to be involved in developing involves consultation with the school communities; a process to address issues of and the Charter of Rights and Freedoms; a statement of principles, such as working spectful learning and teach-

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agencies get \$123 million combat escalating caseloa

By LOUISE ELLIOTT

Ontario's children's aid societies will get an extra \$123 million this year to help combat a caseload that has escalated 50 per cent since the Tories' 1995 election, Social Services Minister John Baird said recently.

The number of children in the care of the province's 54 agencies has reached nearly 15,000 this year, up from 10,000 in 1995, Baird said. The increase is a one-time pay out.

But if the numbers remain high, the funding will be matched in coming years, Baird said.

"We don't forecast a decrease in the number of child welfare next year. The budg-

et's gone up every year. So this is an in-year in-crease for 2000-2001, and I expect we'll need to keep it for next year," he said.

Baird attributed the rising need for childrens' services to an increase in public awareness of the issues facing them and to a change in the laws to allow easier intervention.
"There's a higher public

whole host of tragedies . . . (and) all three political par-ties came together to support the amendments to the Child and Family Services Act, which gave the children's aid societies and the front-line workers more authority to step in and protect vulnerable children

Children's aid officials said the money is welcome as they try to grapple with overloaded case workers and high turnover rates among front-line staff.

"We applaud the government's decision to provide extra funding for children's aid societies," said Bruce Rivers, executive director of the Children's Aid Society of Toronto.

"Over the last couple of years, there has been a tremendous growth in referrals to the children's aid societies and this funding will assist us in responding to that need and responding to chil-dren at risk."

Rivers agreed with Baird that numbers are on the rise because of better public awareness and the amendments to the act, which took effect in March 2000.

But Rivers als an alarming in homelessness, par Toronto, is nov more children int poverty continue role in 70 per cer

and children are i he said.

Rivers said a turnover rate an line workers is ca stresses of the include deal caseloads signific than the province mark of 17.

rk of 17. "Our caseloa are above that," McConville, exector of the Catholic Aid Society of T

"We try to co between 17 and McConville

agency is havin finding, let alon qualified staff. Baird said he

number of cases rise to 15,500 b An extra \$114

provided for the last year's budg The total bud

dren's aid is mor million.

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Municipality of Tweed

TENDER FOR HIRED EQUIPMENT FOR WINTER MAINTENANCE

Sealed Tenders, on the forms supplied and clearly marked as to contents, will be received by the Public Works Supervisor until 2:00 p.m. local time on Friday, March 2, 2001 for the following equipment:

Contract 2001-01: Two (2) Tandem axle trucks with plow, wing and 8 yard sander unit.

Tender forms and specifications may be obtained from the Municipal Office at 255 Metcalf Street, Tweed, ON. Any inquiries concerning the tenders should be directed to the Public Works Supervisor.

Lowest or any tender not necessarily accepted.

Dave Gordon, Public Works Supervisor Municipality of Tweed 255 Metcalf Street, Postal Bag 729 eed, ON KOK 3JO (613) 478-2535

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